

Hui-Tzu Grace Chou, Ph.D.

Curriculum Vitae

Office

Department of Behavioral Science, Utah Valley University,
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Education

- June 2000. Ph.D., Sociology. University of California, Riverside.
Dissertation: *The Impact of Congregational Structure on the Adoption of the New Worship Form.*
- June 1996. M.A., Sociology, University of California, Riverside.
- June 1993. B.A., Sociology, National Taiwan University.

Academic Employment

- 2016-present. Assistant Chair. Department of Behavioral Science. Utah Valley University
- 2014-present. Professor of Sociology. Utah Valley University
- 2008-2014. Associate Professor of Sociology. Utah Valley University.
- 2002-2008. Assistant Professor of Sociology Utah Valley State College.
- 2000-2002. Assistant Professor of Sociology. Shaw University.
- 1998-1999. Adjunct Instructor of Sociology. University of California, Riverside.

Grants and Awards

- Dean's Recognition Award for Scholarship. College of Humanity and Social Science. Utah Valley University. 2009.
- Faculty Center for Teaching Excellence Travel Award, Utah Valley University, 2011, 2013.
- International Student Scholarship Award, Phi Beta Kappa Alumni, 1998.
- Departmental Research Grant, University of California, Riverside, 1998.
- Departmental Block Grant, University of California, Riverside, 1994-2000.

Peer-Reviewed Journal Publications

- Hui-Tzu Grace Chou & Kasi Good*. 2018. "Impacts of Perception of Parents on Individuals' Reactions to Unanswered Prayers." *Journal of Spirituality in Mental Health*. <https://doi.org/10.1080/19349637.2018.1510752>

- Hui-Tzu Grace Chou & Ron Hammond. 2016. "Feeling Anxious without It: Characteristics of People Prone to Facebook Addiction." *The Psychology of Social Networking: Personal Experience in Online Communities*.
<http://www.degruyter.com/view/product/469928>
- Ron Hammond & Hui-Tzu Grace Chou. 2016. "Using Facebook: Good for Friendship But Not So Good for Intimate Relationships." *The Psychology of Social Networking: Personal Experience in Online Communities*.
<http://www.degruyter.com/view/product/469928>
- Hui-Tzu Grace Chou & Sanni Elison*. 2014. "Impact of Birth Order on Religious Behaviors among College Students Raised by Highly Religious Mormon Parents." *Archive for the Psychology of Religion*. DOI: 10.1163/15736121-12341275.
- Hui-Tzu Grace Chou & Jeremy Hofer*. 2014. "Characteristics of Congregations that Might Increase Their Participants' Risk of Depression." *Mental Health, Religion & Culture* (17). DOI: 10.1080/13674676.20013.816940.
- Hui-Tzu Grace Chou, & Scott Johansen*. 2013. "Impact of Childhood Attachment with Parents on the Change of Relationship with God Following Life Events." *Archive for the Psychology of Religion* (35) 153-168.
- Hui-Tzu Grace Chou, & Britani Liska*. 2013. "Effect of Birth Order on Individuals' Image of God." *Journal of Individual Psychology* (69) 143-155.
- Hui-Tzu Grace Chou, Janell Esplin*, & Shelby Ranquist*. 2013. "Childhood Attachment to Parents and Frequency of Prayer during the College Years." *Mental Health, Religion & Culture* (16) 863-875.
- Hui-Tzu Grace Chou, Ron Hammand & Roberta Johnson. 2013. "How Facebook Might Reveal Users' Attitudes toward Work and Relationships with Coworkers." *Cyberpsychology, Behavior, & Social Networking* (16) 136-139.
- Hui-Tzu Grace Chou. 2013. "Mormon Missionary Experiences and Subsequent Religiosity among Returned Missionaries in Utah." *Social Sciences & Missions* (26) 1-27.
- Hui-Tzu Grace Chou & Dominique Uata*. 2012. "The Impact of Parental Discipline on the Image of God." *Mental Health, Religion, & Culture* (15) 677-688.
- Hui-Tzu Grace Chou & Nicholas Edge*. 2012. "They Are Happier and Having Better Lives than I Am: The Impact of Using Facebook on Perception toward Others' Lives." *Cyberpsychology, Behavior, and Social Networking* (15) 117-121.
- Hui-Tzu Grace Chou. 2010. "The Perceived Relationship between Life Events and Religiosity among Individuals Raised in a Mormon Community." *Mental Health, Religion and Culture* (13) 437-451.

* my student at UVU.

- Hui-Tzu Grace Chou. 2008. "The Impact of Congregational Characteristics on Conflict-Related Exit." *Sociology of Religion* (69) 93-108.
- Hui-Tzu Grace Chou. 2007. "The Religious Life and Happiness of Protestants Involved with the Charismatic Movement." *Mental Health, Religion and Culture* (11) 359-367.
- Hui-Tzu Grace Chou and Raymond Russell. 2006. "The Effect of Congregational Structure and Network on the Adoption of Contemporary Worship Style among Taiwanese Congregations." *Review of Religious Research* (48) 33-49.

Conference Presentations

- Hui-Tzu Grace Chou & Ron Hammond. 2016. "Finding Meaning in Serving Others: Factors Predicting College Students' Self-Perceptions of Being an Adult." Paper presented at the Annual Meeting of the Utah Academy of Science, Arts, and Letters.
- Hui-Tzu Grace Chou & Jeremy Hofer*. 2013. "Characteristics of Congregations that Might Increase Their Participants' Risk of Depression." Paper presented at the Annual Meeting of the Society of Scientific Study of Religion. Boston, Massachusetts.
- Hui-Tzu Grace Chou & Britani Liska*. 2012. "Effect of Birth Order on Individuals' Image of God." Paper presented at the Annual Meeting of the Society of Scientific Study of Religion. Phoenix, Arizona.
- Hui-Tzu Grace Chou, Janell Esplin*, & Shelby Ranquist*. 2012. "The Impact of Childhood Relationship with Parents on the Frequency of Prayer among People Raised in Mormon Families: A Gender Difference." paper presented at the Annual Meeting of the Western Social Science Association. Houston, Texas.
- Hui-Tzu Grace Chou & Dominique Uata*. 2011. "The Impact of Parental Discipline on the Image of God." paper presented at the Annual Meeting of the Western Social Science Association. Salt Lake City, Utah.
- Hui-Tzu Grace Chou, Nicholas Edge*, & Brittnee Bird*. 2011. "They Are Happier and Having a Better Life Than I Am: The Impact of Using Facebook on Perception toward Others' Lives." paper presented at the Annual Meeting of the Western Social Science Association. Salt Lake City, Utah.
- Hui-Tzu Grace Chou. 2010. "Social Network through Faith-Based Institutions." paper presented at the Annual English Language Learner Symposium, Provo, Brigham Young University.
- Hui-Tzu Grace Chou. 2009. "Mormon Missionary Experiences." paper presented at the Annual Meeting of the Pacific Sociological Association, San Diego, California.

* my student at UVU.

- Hui-Tzu Grace Chou and Elizabeth Dean*. 2007. "The Impact of Culture on Spiritual Experiences within the Church of Jesus Christ of Latter-day Saints." paper presented at the Annual Meeting of the Association for the Sociology of Religion. New York, New York.
- Hui-Tzu Grace Chou. 2007. "Leaders, Social Composition of Members, and Intra-Congregational Conflicts and the Implications for LDS congregations." paper presented at the LDS research Division. Salt Lake City, Utah.
- Hui-Tzu Grace Chou. 2006. "Identifying Congregations with a Higher Risk of Intra-Congregational Conflicts," paper presented at the Annual Meeting of the American Sociological Association, Montreal, Quebec, Canada.
- Hui-Tzu Grace Chou. 2006. "The Charismatic Movement and the Contemporary Worship Style: How Their Impacts on Church Growth Differ between Mainline and Conservative Congregations," paper presented at the Annual Meeting of the Association for the Sociology of Religion, Montreal, Quebec, Canada.
- Hui-Tzu Grace Chou. 2005. "The Impact of Charismatic Movement on its Participants: Do Charismatic Experiences Make People More Religious and Happier?" paper presented at the Annual Meeting of the Association for the Sociology of Religion, Philadelphia, Pennsylvania.
- Hui-Tzu Grace Chou. 2004. "Factors Affecting People's Attitude toward Some Moral Issues," paper presented at the Annual Meeting of the Association for the Sociology of Religion, San Francisco, California.
- Hui-Tzu Grace Chou. 2000. "The Transformation of Christian Worship Style: The Impact of Denomination on the Adoption of the New Worship Form," paper presented at a session on Traditional Religion and Personal Spirituality, at the Annual Meeting of the American Sociological Association, Washington D.C.
- Edgar Butler, Glenn Tsunokai, Yoko Katsuyama, and Grace Chou. 2000 "Social Profile of Extensive Users of Mental Health Services and Associated Costs," paper presented at the Annual Meeting of the Pacific Sociological Association, San Diego, California.
- Hui-Tzu Grace Chou. 1999. "The Impact of Pastors' Background on the Change of Congregations," paper presented at the Annual Meeting of the Pacific Sociological Association, Portland, Oregon.
- Hui-Tzu Grace Chou. 1997. "Explaining the Spread of the Creationist Movement," paper presented at the Annual Meeting of the Pacific Sociological Association, San Diego, California.

Areas of Specialization

Sociology of Religion
 Social Psychology
 Organization

Research Methods
 Survey Research Design
 Statistics

Courses Taught

Introduction to Sociology.

Utah Valley University (Utah Valley State College), 2002-present.
Shaw University, 2000-2002.

Sociology of Religion.

Utah Valley University (Utah Valley State College), Fall 2003; Spring 2011,
Spring 2014-present.

Sociology of Family.

Utah Valley University. 2014-present.

Race and Minority Relations.

Utah Valley University. 2016-present

Social Psychology.

Utah Valley University, Fall 2009-present.
Shaw University, Spring 2002

Elementary Statistics.

Utah Valley University (Utah Valley State College), 2002-2013.
Shaw University, 2000-2002.

Research Methods.

Utah Valley University (Utah Valley State College), 2002-2009.
Shaw University, 2000-2002.

Survey Research Design.

Utah Valley State College, Spring 2004; Spring 2005.

Modern Social Problem.

Utah Valley State College, Spring 2003.

Marriage and Family.

Shaw University, Fall 2001; Utah Valley University Fall 2014.

Social Change.

Shaw University, Spring 2001.

Introduction to Social Science.

Shaw University, 2000-2002.

Sociology of Economic Organizations.

University of California, Riverside, 1998-1999.

Academic and Community Service

Assistant Chair. Department of Behavioral Science. Utah Valley University. 2016-present.

Committee Member. Distance Education Committee. Department of Behavioral Science. Utah Valley University. 2015-present.

Committee Member. Retention, Tenure, & Promotion Committee. Department of Behavioral Science. Utah Valley University. 2008-present.

Committee Member. Faculty Senate Personnel Committee. Utah Valley University. 2013-present.

Faculty Coordinator. Bradley Center. Utah Valley University. 2014-present.

Judge. Chinese Speech Competition. Brigham Young University. 2014, 2015.

Judge. Institute for Cultural Communicators Tournament. 2015.

Committee Member. Curriculum Committee. College of Humanity and Social Science. Utah Valley University. 2008-2015.

Committee Member. Search Committee for Coordinator of Quantitative Reasoning. Department of Mathematics. Utah Valley University. 2015.

Committee Member, Search Committee for Family Studies. Department of Behavioral Science. Utah Valley University. 2014-2015.

Committee Member. Search Committee for Administrative Assistant. Department of Behavioral Science. Utah Valley University. 2013.

Committee Chair, Search Committee for Sociology. Department of Behavioral Science. Utah Valley University. 2011.

Committee Member, Search Committee for Associate Dean. College of Humanity and Social Science. Utah Valley University. 2010.

Committee Member, Faculty Excellence Award Committee, Utah Valley University, 2002-2010.

Committee Member. Search Committee for Psychology. Department of Behavioral Science. Utah Valley University. 2010.

Mentor. Faculty Research Seminar. Faculty Development Center. Utah Valley State College. 2007.

Participant/Representative. Utah System of Higher Education, Majors Meeting for Sociology. 2007-2012.

Committee Member. Search Committee for Social Work. Department of Behavioral Science. Utah Valley State College. 2007.

Committee Member. Search Committee for Clinical Psychologist. Department of Behavioral Science. Utah Valley State College. 2007.

Co-Chair. Search Committee for Sociology Lectureship. Department of Behavioral Science. Utah Valley State College. 2007.

Committee Member. Search Committee for Administrative Assistant. Department of Behavioral Science. Utah Valley State College. 2007.

Committee Member. Math Task Force Committee. Utah Valley State College. 2006.

Committee Member, Math Success Committee, Utah Valley State College, 2005.

Reviewer. *Chinese Journal of Communication*, 2015.
Reviewer. *Asian Journal of Social Psychology*, 2015.
Reviewer. *Journal of Adolescent Health*, 2012, 2015.
Reviewer. *Cyberpsychology, Behavior, and Social Networking*, 2011, 2012.
Reviewer, *Mental Health, Religion & Culture*, 2010.
Reviewer. *Sociology of Religion*, 2008, 2009, 2011.
Reviewer. *Review of Religious Research*, 2005, 2006, 2007.
Reviewer. *Journal for the Scientific Study of Religion*, 2004.

Media Exposures (selected)

ABC. 08/16/2013. Facebook may be making you sad.
ABC. 01/20/2012. Facebook may be making you sad.
CNN. 08/15/2013. Study: Using Facebook can make you sad.
CNN. 05/18/2012. The anti-social network: Life without Facebook.
New York Times. 02/12/2012. Don't tell me. I don't want to know.
abc4. 01/23/2012. Is Facebook making you depressed?
abc4. 08/26/2013. Facebook Envy: When social networking only brings you down.
abc3 KEYT. 08/15/2013. Study: Using Facebook can make you sad.
Voice of America. 02/06/2012. Study: Heavy Facebook users less happy.
Yahoo! News. 01/20/2012. Facebook: Friends' happy pictures make you sad?
Yahoo! News. 02/21/2012. A sad tale of Facebook envy.
KSL-TV. 11/21/2013. Does looking at Facebook make you sad?
Seattle's Q13 Fox News. 01/23/2012. Happiness hazard? Study says all those smiling mugs on Facebook could be bumming you out.
Mail Online. 01/18/2012. Why Facebook 'makes you sad': Pictures posted on site can make people jealous of each other's lives.
The International Herald Tribune. 01/19/2012. Facebook use, less socializing could make people sadder.
MSN living. 01/30/2012. Quit Facebook, get happy.
Psychology Today. 01/25/2012. Quitting Facebook could make you happier.
Psychology Today. 08/11/2013. Can less time on Facebook increase your happiness? Yes
The Economic Times. 01/18/2012. Facebook can make you sad too: Study.
24 Salt Lake. 01/23/2013. Increased Facebook use may lead to less satisfying work, study finds.

The Austin Times. 01/23/2012. Facebook could be a source of depression.

The National Student. 01/22/2012. That other world called 'Facebook.'

The Teen Trends. 02/09/2012. Facebook is Not reality.

WJYS. 08/14/2013. Do you suffer from Facebook depression?

Medill Reports Chicago. 02/02/2012. Facebook users: Life's not fair!

Aftonbladet. 01/18/2012. Facebook ger känsla av olycka.

NDBS. 01/19/2012. Facebook's false happiness makes folk feel like failures.

Alltagsforschung. 01/13/2012. Gefährlicher Irrtum-Macht Facebook unzufrieden?

The Indian Express. 01/18/2012. Facebook can makes you sad too, finds study.

The Lantern. 02/05/2012. Facebook affects happiness, study says.

Sociology in Focus. 05/21/2012. Facebook: Front Stage, back stage, and comparing ourselves to others.

Business viewpoints from the editors at Hoover's. 01/24/2012. Does Facebook make you sad?

Mid-Day London. 01/18.2012. Feeling down about your life? Blame Facebook.

Deutsch-Tuerkische-Nachrichten. 01/08/2012. Das leben der anderen: Darum macht Facebook traurig!

Pedagogiadoser. 01/11/2013. Pessoas ficam deprimidas ao invejar a vida dos outros pelo Facebook.

Consumiddormoderno UOL. 01/25/2012. Estudo avalia nivel de inveja no Facebook.

Sudan Vision. 01/23/2012. Study: Why Facebook is making people sad.

Wochenblatt: Die Zeitung fur alle. 01/24/2012. Eine studie belegt: Facebook macht unglücklich.

La Repubblica. 07/11/2012. Facebook? Per depressi, anzi no Siamo tutto quello che postiamo.

Emirates 24/7. 01/24/2012. Facebook fever: Happy status update, sad reality

The Hmalayan Times Online. 01/21/2012. Facebook: Friends' happy pictures make you sad?

Hindustan Today. 01/21/2012. Facebook is making us sad. Why?

India Bussiness Review. 01/20/2012. Learning human behavior with Facebook.

The Times of India. 01/19/2012. Facebook can make you sad too.

Western Courier. 02/08/2012. Facebook causes stress for students.

NewsdzeZimbabwe. 01/18/2012. Why Facebook makes you sad.

Miller-McCune. 01/11/2012. Bitter about your life? Blame Facebook.

The Free Library. 01/18/2012. Feeling down about your life? Blame Facebook.

Digitalblog. 01/24/2012. Macht uns Facebook unglücklich?

Psychmedia. 01/23/2012. Facebook donne l'impression d'être moins heureux que les autres.

GezondheidsNet. 01/20/2012. Facebook maakt ongelukkig.

AKOUS. 03/04.2013. Το Facebook μας κάνει δυστυχημένους.

Huffingtonpost. 02/08/2012. Facebook Envy: How Cruising can kill self-esteem.

Men's Health Magazine. 01/03/2012. The big Facebook lie you tell yourself.

ETtoday. 01/20/2012. 使用臉書時間愈長 愈易妒忌朋友、自感不幸

Media Chinese. 01/19/2012. 用 Facebook 愈長愈易妒忌 常看他人開心照自感不幸

Professional Memberships

Society for the Scientific Study of Religion, 2002, 2013

Western Social Science Association, 2011 - 2012

Association for Sociology of Religion, 2003 - 2009

Religious Research Association, 2004 - 2011

American Sociological Association, 1996, 2006

Pacific Sociological Association, 1994 – 2001, 2009.

North Carolina Sociological Association, 2001 – 2002