

James E. Bemel, Ph.D., CHES[®]
Associate Professor
Curriculum Vitae

JBEMEL@uvu.edu

801-863-6578

Background

Professional Experience

2010-Present Associate Professor, Department of Public and Community Health
Utah Valley University, Orem, UT
Supervisor: Dr. Mary Brown, Department Chair; 801-863-7398

Instructing courses in Public and Community Health

2008-2010 Food Programs Director, Food Collection and Distribution Division
Utah Food Bank, Salt Lake City, UT
Supervisor: Jim Pugh, Executive Director; 801-887-1232

Supervised six employees and the Mobile Food Pantry, Agency Relations, Senior Food Box, Kids Café, and BackPack food distribution programs.

2008-Present Adjunct Instructor, Department of Health Promotion and Human Performance
Weber State University, Ogden, UT
Supervisor: Dr. Jack Loughton, Department Chair; 801-626-7960

Instructed courses in Health Promotion

2006-2008 Instructor, Department of Health Promotion and Human Performance
Weber State University, Ogden, UT
Supervisor: Dr. Jack Loughton, Department Chair; 801-626-7960

Instructed courses in Health Promotion

2004-2011 Adjunct Faculty, Department of Health Promotion and Education
University of Utah, Salt Lake City, UT
Supervisor: Dr. Glenn Richardson, Department Chair; 801-581-8039

Instructed courses in Health Promotion and Education

2001-2006 Administrative Program Coordinator
Huntsman Cancer Institute, University of Utah, Salt Lake City, UT
Supervisor: Donna Branson, Department Director; 801-585-6809

Coordinated, prepared and implemented university, community, school, and worksite cancer-related presentations. Coordinated Huntsman Cancer Institute's attendance at community health fairs. Provided education and information to callers and patrons inquiring about cancer-related issues.

2001 Healthy Balance Program Student Intern

Intermountain Healthcare, Salt Lake City UT
Supervisor: Angela Bishop-Harmon, Assistant Director; No phone number (no longer with IHC)

Performed health assessments such as blood pressure, glucose screening body fat analysis, and fitness counseling for Intermountain Healthcare employees.

Education

Ph.D.	University of Utah	2008	Health Promotion & Education (The Cognitive Effects of Nicotine in Methamphetamine Users)
M.S.	University of Utah	2004	Public Health/Health Services Administration
B.S.	Weber State University	2001	Health Promotion

Licenses & Certifications

2003-Present	National Commission for Health Education Credentialing – Certified Health Education Specialist®
2003	American Lung Association – “Freedom from Smoking” Class Facilitator
2003	Utah Department of Health – “Ending Nicotine Dependence” Class Facilitator
2002	American Cancer Society – “You Can Quit” Class Facilitator

Teaching Experience

Specialty

I specialize in the teaching of introductory public/community health information (HLTH 3200 & 6200), professional preparation (HLTH 3230), environmental health (HLTH 490R), research methods (HLTH 4600), and CHES preparation (HLTH 4720). My goal is to both enlighten and entertain my students in an effort to increase information retention.

Courses Taught

Personal Health and Wellness; Taught at Utah Valley University (HLTH 1100) & Weber State University (HLTH 1030)

Examines the basic health “wellness” concept of good health through healthy living. Develops a greater appreciation for bodies and understanding of requirements to maintain or achieve good physical, mental, emotional, social, and spiritual health. Includes lecture, discussion groups, guest lecturers, media, and role-playing.

Introduction to the Health Professions; Taught at Utah Valley University (HLTH 2200)

Examines the historical and continuing evolution of health care. Explores work description, environment, employment opportunities, education, expectations, legal requirements, and expected earnings of each covered health profession. Focuses on, but not limited to: medicine, dentistry, nursing, community health, optometry, respiratory care, dental hygiene, physical therapy, and social work.

Principles of Community Health; Taught at Utah Valley University (HLTH 3200)

Presents the role and function of various community health services and agencies and how they interface. Examines health care models and agencies, health care reform, health objectives for the nation, and health planning and promotion. Explores life style risk reduction, environmental issues, ethical health issues, and other appropriate topics. Includes lecture, videos, class discussion, student presentations, and outside assignments. – *Developed an online version of this course due to high demand for additional sections.*

Foundations of Health Education; Taught at Utah Valley University (HLTH 3220) & Weber State University (HLTH 3000)

Examines the history and role of health education in today's society. Covers the philosophical principles and models utilized in the delivery of health education. Analyzes types of health information available in health journals and on the internet. Introduces the major health associations and describes the competencies necessary for certification as a Health Education Specialist.

Professional Preparation in Community Health; Taught at Utah Valley University (HLTH 3230)

Helps students prepare for the internship experience, as well as for potential next steps after graduation such as searching for a job, entering the community health workforce, and/or applying to graduate school.

Consumer Health; Taught at Utah Valley University (HLTH 3250)

Focuses on helping students become discriminating consumers of health information, products, and services. Explores consumer health issues including types, cost, availability, efficacy, and safety of health care products and services. Examines health quackery, faddism, and consumer protection.

Health Promotion for Older Adults; Taught at Utah Valley University (HLTH 3300)

Examines health issues and problems of older adults. Addresses topics affecting older adults including: the aging process, chronic and infectious diseases, health care resources, and health promotion. Also covers medication issues, long-term care, death and dying, and other related topics.

Research Methods; Taught at Utah Valley University (HLTH 4600)

Also for students interested or working in health care fields such as nursing, dental hygiene, etc. Introduces research techniques, methodology, and designs. Examines the planning, organizing, and conducting of research studies for solving problems unique to community health. Includes literature review and research article critiques.

CHES Preparation; Taught at Utah Valley University (HLTH 4720)

Provides an overview of the health education areas of responsibilities in preparation for the Certified Health Education Specialist national exam.

Special Topics in Community Health: Environmental Health; Taught at Utah Valley University (HLTH 490R)

Examines the relationship of people to their environment as well as health issues, the scientific understanding of causes, and possible future approaches to control of the major environmental health problems in industrialized and developing countries. Topics include how the body reacts to environmental pollutants; physical, chemical, and biological agents of environmental contamination; vectors for dissemination (air, water, soil); solid and hazardous waste; susceptible populations; and emerging global environmental health problems. – *Developed hybrid and online versions of this course due to high demand for more flexible options.*

Issues in Public Health; Taught at Utah Valley University (HLTH 6200)

Examines public health principles and concepts. Provides a broad framework for understanding public health's role in community health, prevention, and medicine. Using the five core public health knowledge areas and the ten essential public health services as a foundation, students explore public health infrastructure, surveillance, social determinants of health, policy, and emerging issues.

Foundations of Human Nutrition; Taught at Utah Valley University (NUTR 1020)

Considers basic principles of human nutrition. Studies factors that influence nutritive requirements and maintenance of nutritional balance. Examines relationships between proper nutrition and social, mental and physical well-being.

Nutrition Through the Life Cycle; Taught at Utah Valley University (NUTR 2020)

Studies application of nutrition principles to the human life cycle. Includes nutrient functions, needs, sources, and alterations during pregnancy, lactation, growth, development, maturation, and aging.

Patient Education; Taught at the University of Utah (HEDU 3020)

An introduction to patient education skills and theory as well as potential employment within the field. Meant to give the student a better understanding of how to effectively educate patients within a clinical setting and introduce him/her to facilities employing health educators who possess patient education skills.

ATOD & Violence Prevention; Taught at the University of Utah (HEDU 4180/6180)

Prevention theory and application with an emphasis on alcohol, tobacco, and other drugs and violence. Implications for treatment discussed.

Healthcare in the U.S.; Taught at the University of Utah (HEDU 5100)

Examines the organization, financing and influence of health care in and on the United States. Provides field experience through onsite tours of health care facilities and alternative medicine clinics. Students gain valuable insights as to how health care workers perceive where health care has been and where it is going. Students explore and critique how health care in the U.S. has influenced popular culture.

Methods in Health Promotion; Taught at Weber State University (HLTH 3200)

Designed to appraise and utilize the different methods and aids used in teaching health and lifestyle management in the schools, community, worksite, and health care settings. Students develop skills in organizing, presenting, and evaluating learning experiences presented to target populations in the various settings.

Substance Abuse Prevention; Taught at Weber State University (HLTH 3400)

Study of legal and illegal drugs from a pharmacological, historical, psychosocial, and behavioral perspective. Emphasis on primary prevention concepts and responsible consumerism.

Contemporary Health Issues of Adolescents; Taught at Weber State University (HLTH 4250/6250)

Provides professionals who work with adolescents an overview of both the school health program and health issues prevalent among teens.

Teaching Accomplishments

- 2016 *Learning Circle (Teaching Students How to Learn)*. Orem, UT. Utah Valley University
- 2015 *Learning Circle (Make it Stick)*. Orem, UT. Utah Valley University
- 2014 *Learning Circle (Just in Time Teaching)*. Orem, UT. Utah Valley University
- 2013 *25th Annual Lilly Conference on College & University Teaching*. Pomona, CA.
International Alliance of Teacher Scholars
- 2011-2012 *Teaching Academy*. Orem, UT. Utah Valley University

Continuing Education in Teaching

- 2018 *Pathway 3: Teaching for Flexible Learning*. Orem, UT. Utah Valley University.

- 2018 *Introducing Digication*. Orem, UT. Utah Valley University.
- 2018 *Introducing Canvas Commons*. Orem, UT. Utah Valley University.
- 2018 *Curricular Mapping of Health Education Courses with HESPA Competencies and Sub-Competencies*. Webinar. National Commission for Health Education Credentialing
- 2018 *Beautifying Canvas Content*. Orem, UT. Utah Valley University.
- 2016 *Improving Teacher-Student Relationships to Facilitate Learning*. Orem, UT. Utah Valley University.
- 2016 *Creating and Editing Videos for Learning*. Orem, UT. Utah Valley University.
- 2015 *How to Use Video Tools in Your Course*. Webinar. Macmillan.
- 2014 *Cutting Edge Seminar: Dynamic Design in the Classroom!* Orem, UT. Utah Valley University.
- 2014 *Flipping Your Classroom to Increase Student Engagement and Results*. Webinar. McGraw-Hill.
- 2014 *Boost Your Canvas Course with 3rd Party Tools and Content*. Webinar. McGraw-Hill.
- 2013 *Creating Tests that Assess Higher Order Thinking Skills*. Webinar. Cengage Learning.
- 2013 *Beyond Bullet Points*. Orem, UT. Utah Valley University.
- 2011 *Teaching in the Blogosphere*. Orem, UT. Utah Valley University.
- 2010 *Student Response Systems*. Orem, UT. Utah Valley University.
- 2010 *Using Campus Technology to Engage Students*. Part of “Promoting Student Success in a Global Learning Environment: Faculty Convocation.” Orem, UT. Utah Valley University.
- 2010 *Putting Smart Classrooms to Good Use: Creating an Engaged Learning Environment*. Part of “Promoting Student Success in a Global Learning Environment: Faculty Convocation.” Orem, UT. Utah Valley University.
- 2010 *Planning a Course for Significant Learning*. Orem, UT. Utah Valley University.

Scholarship Experience

Research & Publications

Current Studies:

Examining Electronic Cigarette Initiation & Growth (EE-CIG) Study. Initiating the third phase of the EE-CIG study with two new student research assistants in the fall of 2018.

Working with a former student on a project related to financial health, building on the 2016 article referenced below.

Publications

Bemel, J.E., Brower, C., Chischillie, A., & Shepherd, J. (2016). The Impact of College Student Financial Health on Other Dimensions of Health. *American Journal of Health Promotion*, 30(4), 224-230.

Bemel, J.E. (2015). The 2014 Olympic Winter Games as a Catalyst for Physical Activity. *Journal of the Utah Academy of Sciences, Arts & Letters*.

Bemel, J.E., Card, H., Slade, J. (2014). A Cross-Sectional Study of the Social-networking Behaviors of Electronic Cigarette E-Forum Users. *Journal of the Utah Academy of Sciences, Arts & Letters* (Awarded "Best Paper in the Social Sciences")

Bemel, J.E. (2012). The Cognitive Effects of Nicotine in Methamphetamine Users. *International Journal of Arts and Sciences*, 5(6), 695-711.

Scholarship Accomplishments

2014 *Best Paper in the Social Sciences for 'A Cross-Sectional Study of the Social-networking Behaviors of Electronic Cigarette E-Forum Users.'* Journal of the Utah Academy of Sciences, Arts & Letters.

Professional Presentations

- 4/12/18 "Got CHES? Secrets to Mastering the CHES Exam." Utah Public Health Association 2018 Annual Conference. Salt Lake City, UT.
- 3/27/15 "The 2014 Olympic Winter Games as a Catalyst for Physical Activity." Utah Academy of Arts, Sciences and Letters 2014 Annual Conference. Ephraim, UT.
- 4/11/14 "Social Networking Habits of Electronic Cigarette Users." Utah Academy of Arts, Sciences and Letters 2014 Annual Conference. St. George, UT. (Repeated at the Utah Public Health Association 2014 Annual Conference)
- 4/15/14 "College Student Financial Health and the Impact on Other Dimensions of Health." Utah Association for Health, Physical Education, Recreation and Dance 2014 Annual Conference. Salt Lake City, UT. (Repeated at the Utah Public Health Association 2014 Annual Conference)
- 3/7/13 "The Next Dimension of Health: Protecting Your Financial Health." Health Education Association of Utah 2013 Annual Conference. West Valley City, UT. (Repeated at the Utah Public Health Association 2013 Annual Conference)
- 3/9/12 "Public Speaking: Presenting in the 21st Century." Health Education Association of Utah 2012 Annual Conference. South Jordan, UT. (Repeated at the Utah Public Health Association 2012 Annual Conference)
- 11/15/08 "Colors and Flavors and Hookahs, Oh My! New Methods of Tobacco Marketing and Use." Utah Association for Health, Physical Education, Recreation, and Dance Annual Conference. Salt Lake City, UT.

Invited Presentations

- 8/14/13 “The Next Dimension of Health: Protecting Your Financial Health.” Utah County Health Department Lunch & Learn. Provo, UT.
- 3/21/08 “Women & Substance Abuse.” Weber State University Women’s Health Issues Class
- 3/4/06 “Women’s Cancers.” Society of Women Engineers Annual Regional Conference.
- 3/10/05 “Childhood Cancers.” Utah School Nurse Association Annual Conference.
- 3/2/05 “The Relationship Between National Cancer Awareness Months and the Number of Cancer Specific Inquiries.” Health Education Association of Utah annual conference.
- 11/16/04 “What You Need to Know About Cancer.” Northern Utah Association of Government Accountants Annual Conference.
- 11/1/04 Radio Interview, “Tobacco Use and Smoking Cessation,” Citadel Broadcasting, Salt Lake City, UT
- 2001-2006 “What You Need to Know About Cancer,” Huntsman Cancer Institute, Salt Lake City, UT – Performed 300 times
- 2001-2006 “Tobacco Prevention,” Huntsman Cancer Institute, Salt Lake City, UT – Performed 225 times
- 2001-2006 “Skin Cancer Prevention,” Huntsman Cancer Institute, Salt Lake City, UT – Performed 90 times
- 2001-2006 “Nutrition and Cancer,” Huntsman Cancer Institute, Salt Lake City, UT – Performed 90 times
- 2001-2006 Additional miscellaneous presentations (“Prostate Cancer,” “Reproductive Cancers,” “Women’s Cancers,” “Breast/Prostate/Testicular Cancers,” “Breast/Prostate Cancers,” & “Careers at HCI”), Huntsman Cancer Institute, Salt Lake City, UT – Each performed one to six times

Poster Presentations

- 2017 “We’re Number 1: Why Weber County has the Highest Rate of e-cigarette use in Utah.” Utah Chapter of the Society for Public Health Education Annual Conference. Ogden, UT.
- 2016 A Cross-Sectional Study of the Social Networking Habits of Electronic Cigarette E-Forum Users. *Society for Public Health Education 2016 Annual Conference*. Charlotte, NC. Society for Public Health Education
- 2015 A Cross-Sectional Study of the Perceptions and Experiences of Electronic Cigarette E-Forum Users and Their Satisfaction with E-Cigarettes. *Society for Research on Nicotine and Tobacco 2015 Annual Conference*. Philadelphia, PA. Society for Research on Nicotine and Tobacco.

- 2015 Social Networking Habits of Electronic Cigarette Users. *Society for Research on Nicotine and Tobacco 2015 Annual Conference*. Philadelphia, PA. Society for Research on Nicotine and Tobacco.
- 2014 Social Networking Habits of Electronic Cigarette E-Forum Users. *Utah Public Health Association Annual Conference*. Provo, UT. Utah Public Health Association.
- 2012 The Cognitive Effects of Nicotine in Methamphetamine Users. *Annual Conference for Academic Disciplines*. Las Vegas, NV. International Journal of Arts & Sciences.
- 2007 The Cognitive Effects of Nicotine in Methamphetamine Users: A Literature Review. *19th IUHPE World Conference on Health Promotion and Health Education*. Vancouver, BC. International Union for Health Promotion and Education. (Repeated at the 2007 American Public Health Association Annual Conference and 2008 Society for Public Health Education Annual Conference)

Grant Funding

- 2018 UVU Scholarly Activities Committee Grant of \$50 for guest speaker fees to bring a guest from Utah's Hogle Zoo to speak to the Environmental Health class
- 2017 UVU Scholarly Activities Committee Grant of \$50 for guest speaker fees to bring a guest from Utah's Hogle Zoo to speak to the Environmental Health class
- 2017 UVU Scholarly Activities Committee Grant of \$531 for conducting a research study examining potential reasons of higher electronic cigarette use in Weber County
- 2016 UVU Senate Faculty Development Committee Travel Grant of \$678 for travel to Charlotte, NC to attend and present a poster at the annual Society for Public Health Education conference
- 2015 UVU Senate Faculty Development Committee Travel Grant of \$600 for travel to Philadelphia, PA to attend the annual Society for Research on Nicotine and Tobacco conference
- 2015 UVU Grants for Engaged Learning Quick Grant of \$2,265 to lead a group of 9 students on an educational excursion to the UVU Capitol Reef Field Station in June 2015
- 2014 UVU Scholarly Activities Committee Travel Grant of \$600 for travel to Philadelphia, PA to attend the annual Society for Research on Nicotine and Tobacco conference
- 2014 UVU Grants for Engaged Learning Quick Grant of \$492 for travel to St. George to present at the annual Utah Academy of Sciences, Arts and Letters conference
- 2014 UVU Scholarly Activities Committee Travel Grant of \$274 for Jamie Slade (student) to present at the annual Utah Academy of Sciences, Arts and Letters conference in St. George, UT
- 2014 UVU Senate Faculty Development Committee Travel Grant of \$500 for travel to Seattle, WA to attend the annual Society for Research on Nicotine and Tobacco conference

- 2013 SOPHE 21st Century Conference Participation Scholarship of \$500 for Christopher Brower (student) to attend the annual SOPHE conference in Baltimore, MD
- 2013 UVU Capitol Reef Field Station Travel Grant of \$660 to lead a group of 6 students on an educational excursion to the UVU Capitol Reef Field Station in July 2014
- 2013 UVU Senate Faculty Development Committee Travel Grant of \$370 for travel to Pomona, CA to attend the 25th Annual Lilly Conference on College & University Teaching
- 2012 UVU Senate Faculty Development Committee Travel Grant of \$535 for travel to Las Vegas, NV to present at the International Journal of Arts and Sciences' Annual Conference for Academic Disciplines

Other 'Scholarship' Professional Development

Professional Affiliations

- 2014-2016 Society for Research on Nicotine and Tobacco
- 2010-2011 Utah Alliance for Health, Physical Education, Recreation, and Dance
- 2006-2008 American Alliance for Health, Physical Education, Recreation, and Dance
- 2005-2008 American Public Health Association
- 2001-Present Society for Public Health Education
- 2001-Present Utah Chapter of the Society for Public Health Education (formerly the Health Education Association of Utah)

Additional Continuing Education

- 2018 *Water Emergency Preparedness and Response*. Webinar. Michigan Public Health Training Center.
- 2018 *Mormon History and Their Struggle with Race*. Orem, UT. Utah Valley University.
- 2018 *Research Methods and Study Designs for Public Health Educators*. Webinar. Society for Public Health Education.
- 2017 *How to Make the Most Out of the Tobacco Companies' Corrective Statements*. Webinar. Truth Initiative.
- 2017 *Academic Integrity Day*. Orem, UT. Utah Valley University.
- 2017 *Tobacco Disparities in the U.S.* Webinar. Truth Initiative.
- 2016 *Played: Smoking in Video Games*. Webinar. Truth Initiative.
- 2016 *The Top 10 Ways to Save Money in College*. Webinar. Pearson.

- 2016 *Planning for and Responding to and Active Shooter Event at Your Institution/Organization.* Webinar. Regroup.
- 2016 *Re-Emerging Outbreaks: Measles, Ebola, Now Zika! What's Next?* Webinar. Jones & Bartlett Learning.
- 2016 *Helping Colleges Across the Country#FinishIT, One Campus at a Time.* Webinar. Truth Initiative.
- 2016 *Smoke/Tobacco Free Environments and Health Equity: Perspectives from Tobacco Control Advocates.* Webinar. Society for Public Health Education.
- 2016 *Sexual Harassment Prevention for Non-Supervisory Faculty.* Orem, UT. Utah Valley University.
- 2016 *Advocating for Tobacco Legislation.* Webinar. Society for Public Health Education.
- 2016 *Youth and Young Adult Tobacco Use Trends: What We Know and What it Means.* Webinar. Truth Initiative.
- 2016 *Public Health's Legal Authority and Safe Drinking Water.* Webinar. American Public Health Association.
- 2016 *Flint and Lead: The Water-Public Health Connection.* Webinar. American Public Health Association.
- 2016 *Evidence into Policy: UK Approach to E-Cigarettes.* Webinar. Society for Research on Nicotine and Tobacco.
- 2016 *The Point of Sale Playbook: Addressing the Four Ps of Tobacco Marketing in Stores.* Webinar. ChangeLab Solutions.
- 2015 *Influence of Nicotine Metabolism Genes on Smoking Throughout the Tobacco Use Continuum: From Adolescence to Adulthood.* Webinar. Society for Research on Nicotine and Tobacco.
- 2015 *Smoke-Free New Orleans: Exploring the Impact of Community Engagement.* Webinar. Truth Initiative.
- 2015 *UVU Merit Pay Presentation.* Orem, UT. Utah Valley University.
- 2014-2015 UASAL Annual Conference. St. George, UT & Ephraim, UT.
- 2014-2015 Society for Research on Nicotine and Tobacco Annual Conference. Seattle, WA & Philadelphia, PA.
- 2014 *Active Shooter in Your Workplace: Lessons Learned and Best Practices.* Webinar. Regroup.
- 2014 *GEL Grant Training.* Orem, UT. Utah Valley University.

- 2013 *Affordable Care Act: Local Approaches to Outreach and Enrollment.* Webinar. National Association of County and City Health Officials.
- 2013 *Hookah Lounges Today, Marijuana or E-Cigarette Lounges Tomorrow?* Webinar. Northwest Center for Public Health Practice.
- 2013 *20 Years Later: Returning to FDA to Regulate Tobacco.* Webinar. Food and Drug Administration.
- 2013 *So You Want to Publish a Book: What They Never Taught You in School.* Webinar. Society for Public Health Education.
- 2013 *Utah County Drug Task Force Drug Update.* Orem, UT. Orem Department of Public Safety.
- 2013 *EEO Laws and Discrimination Prevention for Higher Education.* Orem, UT. Utah Valley University.
- 2013 *Sexual Harassment Prevention for Non-Supervisory Faculty.* Orem, UT. Utah Valley University.
- 2013 *Technology and Health: Aging Safely and More Independently.* Webinar. Centers for Disease Control and Prevention.
- 2013 *Demystifying Lung Cancer Screening: The Path From U.S. Preventive Service Task Force Recommendation to Implementation.* Webinar. Legacy.
- 2013 *Hoagies with Holland.* Orem, UT. Utah Valley University
- 2013 *College Tobacco Control: A 2013 Progress Report.* Webinar. Partnership for Prevention
- 2013 *Tegrity Lecture Capture: Why Your Students Want It.* Webinar. McGraw-Hill
- 2012 *Annual Conference for Academic Disciplines.* Las Vegas, NV. International Journal of Arts & Sciences.
- 2011-Present Utah Public Health Association Annual Conference. Various locations.
- 2011 *Utah Fall Substance Abuse Conference.* St. George, UT. Utah Division of Substance Abuse and Mental Health.
- 2011 *What Shapes Health?.* Orem, UT. Robert Wood Johnson Foundation (Webinar)
- 2011 *Media & Body Image.* Orem, UT. Utah Valley University
- 2011 *Heads vs. Feds: A Debate on the Legalization of Marijuana.* Orem, UT. Utah Valley University
- 2010 *Utah's Health Policy: Looking to the Future.* Orem, UT. Utah Valley University.
- 2010 *All for One, One for All: Utah Association for Health, Physical Education, Recreation and Dance State Conference 2010.* South Jordan, UT. UAHPERD

2010-Present HEAU/USOPHE Annual Conference. Various locations.

Service Experience

Department Service

- 2018 Public & Community Health Flexible Learning Committee (Committee Chair: Dr. Lynley Murphy)
- 2017-Present Public & Community Health Tenure Mentor for Dr. Blake Waters
- 2017-Present Public & Community Health Retention, Tenure & Promotion Committee (Committee Chair: Dr. Sue Jackson)
- 2017-2018 Public & Community Health Faculty Search Committee (Committee Chair: Brian Barthel)
- 2017 Public & Community Health Graduate Fair Volunteer (Coordinator: Dr. Sue Jackson)
- 2016-2017 Public & Community Health Honors Thesis Project Director for Eric Merkley
- 2016-2017 Public & Community Health Honors Thesis Project Committee for Henry Ng
- 2016-2017 Public & Community Health "Healthcare Administration Club" Advisor
- 2015-2016 Bachelor's of Integrated Studies Committee for Melissa Bolt (Committee Chair: Dr. Scott Abbott)
- 2015-2016 UVU Global Spotlight (Dr. Prabhat Jha's visit and presentation)
- 2014-2015 Public & Community Health Honors Thesis Project Director for Jamie Slade
- 2014-2015 Bachelor's of Integrated Studies Committee for Makyla Grovenburg (Committee Chair: Dr. Alan Clarke)
- 2014-2015 Public & Community Health Seminar Series
- 2014-Present Public & Community Health Capitol Reef Field Station Trip Coordinator (3 trips)
- 2013-Present Public & Community Health Curriculum Committee Chair
- 2013-2018 Public & Community Health Research Committee (Committee Chairs: Drs. Lynley Murphy and Matthew Flint)
- 2013-2015 Public & Community Health Alternative Delivery Committee (Committee Chair: Dr. Brian Barthel)
- 2013 Public & Community Health Faculty Search Committee (Committee Chair: Jennifer Lehmbeck)
- 2013 Public & Community Health Classroom Observation for Dr. Jennifer Lehmbeck

- 2013 Ad-hoc Class Scheduling Committee (assisting with the scheduling of Fall 2014 and Spring 2015 courses in an effort to better serve our students)
- 2012 Policy/Protocol Creation/Re-Drafting Committee
- 2011-Present Public & Community Health Faculty Meetings

College Service

- 2017-Present College of Health and Public Services Curriculum Committee (Committee Chairs: Dr. Bobbi Kassel & Dr. Kevin McCarthy)
- 2013-2017 College of Science and Health Curriculum Committee (Committee Chairs: Associate Professor David Keller & Dr. Shaunna McGee)
- 2012-2015 College of Science and Health Faculty Excellence Award Committee (Committee Chairs: Assistant Professor Karen Preston & Dr. Alessandro Zanazzi)

University Service

- 2015-2016 UVU Academic Master Plan Meeting attendance, discussion and feedback
- 2013-2014 Utah Valley University Student Life and Wellness Center Advisory Council (Committee Chair: Amy Grubbs)
- 2012-2017 Utah Valley University Scholarship Committee (Committee Chairs: Michelle Taylor, Vaylene Perry & Liz Childs)

Service to the Profession

Coalition/Association Service

- 2018-2019 Society for Public Health Education 2019 Conference Planning Committee (Student Engagement sub-committee)
- 2015-2016 Society for Public Health Education 2016 Conference Planning Committee (Social Events & Onsite Logistics sub-committee)
- 2015-2016 Utah Public Health Association 2016 Conference Session Moderator (2 sessions)
- 2013-2016 Utah Chapter of the Society for Public Health Education (formerly the Health Education Association of Utah)
2015-2016: Past President
2014-2015: President
2013-2014: President-Elect
- 2013-2016 Utah Public Health Association Conference Planning Committee
- 2011-2012 Substance Misuse & Abuse Reduction Team (SMART) of Utah County
2011-2012: Vice-Chair for the Alcohol Task Force

- 2007-2008 Co-Advisor, Students Working Against Tobacco, Weber State University
- 2005-Present Utah Tobacco-Free Alliance (formerly the Coalition for Tobacco-Free Utah)
2012-2013: Past Chair
2011-2012: Executive Chair
- 2002-2003 Tobacco Cessation Task Force, American Cancer Society
- 2002-2003 Patient Education Special Interest Group, Society for Public Health Education

Reviewer Service

- 2018 American Public Health Association 2018 Conference Abstract Reviewer
- 2018 Textbook reviewer (multiple chapters). *Your Health Today*. McGraw-Hill.
- 2017 Manuscript reviewer. A Qualitative Analysis of Selected Stakeholders' Viewpoints on Tobacco Control in Nigeria. *Health Promotion Practice*.
- 2017 Textbook reviewer (Table of Contents). *Nutrition for a Changing World*. Macmillan Education, ISBN: 1319045154
- 2017-2018 Society for Public Health Education Conference Abstract Reviewer
- 2015-2016 Manuscript reviewer. Examining the Effectiveness of the Smoking Prevention Program 'I Do Not Smoke, I Exercise' in Elementary and Secondary School Settings.' *Health Promotion Practice*.
- 2015-2016 Society for Public Health Education 2016 Conference Abstract Reviewer
- 2014 Textbook reviewer (multiple chapters). *Nutrition for a Changing World*. Macmillan Education, ISBN: 1319045154
- 2012-2014 Spring Conference Abstract Review Committee Chair, Health Education Association of Utah
- 2012 Textbook reviewer (4 of 13 chapters). 'iHealth,' McGraw-Hill, ISBN: 0078028523.
- 2011-Present Annual Conference Abstract Reviewer, Society for Public Health Education

Miscellaneous Service

- 2016 Response to comment submitted regarding R384-415 (Electronic Cigarette Substance Standards)
- 2016 Outrage! Youth Tobacco Event attendance
- 2014 Contributed to the Utah County Health Department's response to the 'Making UVU Tobacco-Free Isn't the Answer' editorial. UVU Review
- 2014 Contributed to the 'UVU: No Smokes Please' editorial. UVU Review.

- 2013 'The Next Dimension of Health: Protecting Your Financial Health' podcast for Patricia Murphy, University of Utah College of Nursing.
- 2012 Testimonial before the Utah House Government Operations Standing Committee regarding inclusion of electronic cigarettes and hookah in the Utah Indoor Clean Air Act