

Dr. Darin R. Eckton

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DEGREES

- Ed.D (2012): Educational Leadership & Foundations, Brigham Young University
Dissertation: Triggering Relationships that Contextualize the Pathway for Student Success
 - M.S. (2003): Sociology, Brigham Young University
Thesis: The Crystallization of Academic Expectations in Adolescence
 - B.A. (1999): Spanish Teaching, Brigham Young University
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LEADERSHIP TRAINING, CERTIFICATIONS & AWARDS

- Faculty Senate Faculty Excellence Award (2017)
 - Certified by Franklin Covey to teach *The 7 Habits of Highly Effective People* (2016)
 - Train the Trainer – International Mentor Training Program Certification (2014): College Reading and Learning Association
 - Doctorate of Commissioner Service (2014): The Boy Scouts of America (BSA)
 - Leadership Conference on Scouting (2010): BSA, Philmont, NM
 - Leadership Utah (2010): Salt Lake Chamber of Commerce
 - Educational Management Corporation (2008-2009):
 - *Leading Self* (Communication and Listening, Influencing Others, Interpersonal Skills, Making Meetings Work, Service Plus, Taking Charge of Your Development, Working Through Conflict, Understanding Style Using the Organizational Analysis and Design)
 - *Leading Others* (Coaching Others, Delegating for Results, Essentials of Leadership, Managing Conflict, Managing Performance, Managing the Law, Talent Selection, Leading Change, Retaining Top Talent, Talent Acquisition: Recruiting the Best, Developing Others)
 - Disney Institute – Approach to Quality Service (2001): Orlando, FL
 - Extra Class Amateur Radio (“ham”) License (W7DRE) since 1997
 - Eagle Scout at age of 13
 - First Aid & CPR Certified
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INTERNATIONAL TRAVEL & LINGUISTIC EXPERIENCE

- Humanitarian Service Leader (2017): Youthlinc, Nepal
- Humanitarian Service Leader (2016): Youthlinc, Peru
- International Study and Humanitarian Service Leader (2015 & 2016): UVU and Personal, Ghana
- International Study Leader (2011): Argosy University, France and Spain
- Church Humanitarian Service Missionary (1994-1996): The Church of Jesus Christ of Latter-day Saints, Argentina
- Fluent in written and verbal Spanish (exclusively to children since birth)
- Communicative in written and verbal Portuguese; learning Italian

UTAH VALLEY UNIVERSITY

Teaching

Courses Taught

- SLSS 1000 University Student Success
- SLSS 1100 Stress Management
- SLSS 1200 The 7 Habits of Highly Effective People
- SLSS 2200 Leadership Mentoring I
- SLSS 2300 Leadership Mentoring II
- SLSS 240R Leadership Mentoring Practicum
- SLSS 3200 Leader: Teacher and Mentor

Curriculum Development

- Online Course Development:
 - SLSS 3200 Leader: Teacher and Mentor (2019)
 - SLSS 4800 Leadership Capstone: Lifelong Change Agent (2019)
- Hybrid Course Development: SLSS 1200 The 7 Habits of Highly Effective People (2018-2019)
- New emphasis: Leadership for Personal and Social Impact for BA/BS Integrated Studies (2018-2019)
- Creator of Leadership Certificate for Personal and Social Impact (2016-2018)
- Created SLSS 3200 Leader: Teacher and Mentor (2017)
- Co-creation of a competency-based online SLSS 1000 University Student Success course with Dr. Ben Johnson (2016)
- Integrated the College Reading and Learning Association's International Mentor Training Program Certification Levels I-III into SLSS 2200 and become certified – continues in SLSS 3200 (2014)

Scholarship

Presentations

- Eckton, D. R., Demke, C., & Standish, C. (2019). Using self-identity and dispositional mindfulness to overcome fears of rejection, presented at the *2019 Utah FYE Consortium*, Salt Lake City, UT. March, 2019.
- Eckton, D. R. (2018). Leadership for Personal and Social Impact, presented at the *20th Annual International Leadership Association Global Conference*, West Palm Beach, FL. October, 2018.
- Eckton, D. R. (2018). What are you afraid of? Overcoming your fears, presented at the *Annual CAL HS Leadership Conference*, Orem, UT. October, 2018.
- Johnson, B. A., Wong, C., Eckton, D. R., & Goslin, C. H. (2018). Innovating leadership for personal and social impact, presented at the *4th Annual Experiential Learning and Leadership Institute Conference*, Flagstaff, AZ. June 2018.
- Johnson, B. A., Eckton, D. R., Wong, C., & Goslin, C. H. (2018). Leadership Certificate for Personal and Social Impact, presented at the *Experiential Learning and Leadership Institute Retreat*. Moab, UT. February, 2018.

- Eckton, D. R. (2015). More peer educators through a culture of contribution, presented at the *Utah CRLA Conference*, Salt Lake City, UT. April, 2015.
- Eckton, D. R. (2015). Active learning tools for your student success course, presented at the *Annual First-Year Experience Conference*, Dallas, TX. February, 2015.
- Eckton, D. R. (2014). Who do you think you are?, presented at the *Annual Center for the Advancement of Leadership High School Leadership Conference*, Orem, Utah, October, 2014.
- Eckton, D. R. & Mgonja, T. (2014). What is your responsibility with ethics?, presented at *Ethics Awareness Week*, Orem, Utah, September, 2014.
- Eckton, D. R. (2014). Ethical behavior and trust, presented at *The Center for the Advancement of Leadership Retreat*, Orem, Utah, August 2014.
- Eckton, D. R. (2014). UV Mentor Program: Students Helping Students, presented at *UVU Engagement Week*, Orem, UT. March, 2014.
- Eckton, D. R. (2014). Adding additional value to mentoring, presented at *UVU Engagement Week*, Orem, UT. March, 2014.
- Eckton, D. R. (2014). Learner-centered pedagogy: Overcome your fears and take the plunge, presented at the *Annual First-Year Experience Conference*, San Diego, CA. February, 2014.
- Eckton, D. R. (2013). Creating the conditions for conversion, presented at the *Utah Valley University Religious Faith and Social and Applied Sciences Conference*, Orem, UT, October 2013. Conference Presentation.
- Eckton, D.R. (2013). Assessing first-year peer mentors for optimal success, presented at the *International Conference on the First-Year Experience*, Waikoloa, HI. June 2013. Conference Presentation.
- Eckton, D.R. (2013). Improving your communication through an understanding of personality types and learning styles, presented at *Summer University*, Orem, UT. May 2013. Conference Presentation.
- Eckton, D.R. (2012). A comprehensive mentoring program that maximizes campus collaboration and student development, presented at the *International Conference on the First-Year Experience*, Vancouver, BC, Canada. July 2012. Conference Presentation.
- Eckton, D.R. (2012). Creating the conditions in which students are motivated to act, presented at the *International Conference on the First-Year Experience*, Vancouver, BC, Canada. July 2012
- Eckton, D.R. (2012). A new advising model: The conditions for motivation, presented at the *Utah Advising & Orientation Association Conference*, Midway, UT. May 2012. Conference Presentation.
- Eckton, D.R. (2012). Helping others take ownership of and learning from their decisions, presented at *Summer University*, Orem, UT. May 2012. Pre-conference Workshop.
- Eckton, D.R. (2012). Creating the conditions for lasting motivation, presented at *Summer University*, Orem, UT. May 2012. Conference Presentation.
- Eckton, D.R. (2012). Multiple levels of student engagement through active learning and research, presented at the *4th Annual Scholarship of Teaching and Engagement Conference*, Orem, UT. March 2012. Conference Presentation.
- Eckton, D.R. (2012). Student ownership of active learning in a first-year experience student success course: A case study, presented at the *Annual First-Year Experience Conference*, San Antonio. TX, February 2012.

- Eckton, D.R. (2012). A new model of student motivation for success that carries significant K-12 and higher education implications, presented at the *Annual First-Year Experience Conference*, San Antonio, TX. February 2012. Poster Presentation.
- Eckton, D.R. (2012). Triggering relationships that contextualize and motivate, presented at the *Utah Valley University Conference by the Faculty*, Orem, UT. January 2012. Conference Presentation.
- Eckton, D.R. (2011). Triggering interest in and motivation for student success: A study of Utah Latinos, presented at *The Utah Chapter of the National Association for Multicultural Education*. Utah Valley University, Orem, UT. April 2011. Conference Presentation.
- Jayaraman, R. & Eckton, D. R. (2010). Skills for success: Gateway course to help adult learners be successful in college and life, presented at the *Council for Adult and Experiential Learning (CAEL) International Conference*. San Diego, CA. November 2010. Roundtable Presentation.
- Eckton, D.R. (2005). How well are we really doing? Presented at *Utah Association of Collegiate Registrars and Admissions Officers*. Southern Utah University, Cedar City, Utah. June 2005. Conference Presentation.
- Eckton, D.R. (2002). Breakups of romantic relationships, presented at the *Pacific Sociological Association Conference*. Vancouver, Canada. March 2002. Conference Presentation.

Publications

- Eckton, D.R., Standish, C., & Demke, E. (2019). Overcoming fears of rejection: Using previous experiences with rejection and the resultant self-identity to inform dispositional mindfulness. *The Journal of Social and Personal Relationships*, preparing for submission.
- Eckton, D. R. & Eckton, B. L. (2019). Thank God for unanswered prayers: An update story. In Ganel-Lyn Condie's (Ed.) *I can choose joy with God* (chapter 3). Salt Lake City: Covenant.
- Eckton, D.R. & Palfreyman, S.R. (2017). Self-directed learning as a form of self-directed leadership: An exploratory study in a first-year experience student success course. *The Journal of Student Leadership*, 1(2), 15-29.
- Eckton, D.R. (2012). *Triggering relationships that contextualize the pathway for success among at-risk Hispanic students*. (Doctoral dissertation).
- Eckton, D.R. (2003). *The crystallization of academic expectations in adolescence*. Brigham Young University, Provo, UT. (Master's thesis).
- Eckton, D.R. (2001). What do I need to do to make sure my financial aid is available when I arrive at BYU for the fall semester? BYU Student Financial Aid & Scholarship Office.

Student-Mentored Research

- Demke, E., Standish, C., & Eckton, D. R. (2019). You've got this: A study of how experience and self-identity mitigate fear of rejection, presented at the *Rocky Mountain Psychological Association Annual Convention*, Denver, CO, April, 2019.
- Demke, E, Standish, C., & Eckton, D. R. (2018). Understanding influences that contribute to fear-based choices among university students, presented at the *Annual Student Leadership and Mentoring Conference*, Orem, UT, February, 2018.

- Demke, E, Standish, C., & Eckton, D. R. (2018). Understanding influences that contribute to fear-based choices among university students, presented at the *Utah Conference of Undergraduate Research*, Cedar City, UT, February, 2018.
- Robinson, C. (2017). Motivating factors of formal student leaders at Utah Valley University. Honors Thesis, Utah Valley University. Orem, UT.
- Bray, L., Robinson, C., & Eckton, D. R. (2016). Consistency of values, beliefs and actions, presented at the *Utah Conference of Undergraduate Research*, Salt Lake City, UT, February, 2016.
- Ross, A. & Eckton, D. R. (2015). Exploring the modes through which the Wee Care Center impacts student success at Utah Valley University, presented at the *Utah Conference of Undergraduate Research*, St. George, UT, February, 2015.
- Lorz, J. & Eckton, D. R. (2014). Peer mentor successes in a low-performing, upper division science course, accepted to present at the *Utah Conference of Undergraduate Research*, Provo, UT, February, 2014.
- Dollar, B. & Eckton, D. R. (2013). A comprehensive mentoring program that increases campus collaboration and student development. To be presented at the *Utah Conference of Undergraduate Research*, Logan, Utah, February 2013. Conference Presentation.
- Palfreyman, S.R. & Eckton, D.R. (2012). Student ownership of active Learning in a first-year experience student success course: A case study. Presented at the *2012 Mentoring Institute Conference*, Albuquerque, NM, October 2012. Conference Presentation. (also approved for \$1,500 Summer of Undergraduate Research Fellowship from Utah Valley University).
- Palfreyman, S.R. & Hatch, S. & Eckton, D. R. (2012). Student ownership of active Learning in a first-year experience student success course: A case study. Presented at the *National Conference of Undergraduate Research*, Ogden, Utah, March 2012. Conference Presentation.

Other Scholarly Work

- Proposal Reviewer for *21st Annual International Leadership Association Global Conference*, March 2019.
- Proposal Reviewer for *32nd – 36th Annual Conference on the First-Year Experience (2013-2017)*
- Moderator at and reviewer of proceedings for the *2012 National Conference of Undergraduate Research*, Ogden, Utah.
- Textbook Reviewer, Skills for Success textbook, Flat World Knowledge Publisher (2009-2010)

Student-Mentored Grants and Fellowships

- Undergraduate Research Scholarly and Creativities (URSCA) Grants Awarded
 - Emily Demke & Christine Standish, 2018 & 2019
 - AriAnna Trujillo, Danica Rose & Jennifer Robles, 2017
 - Camron Robinson, 2017
 - Alexis Ross, 2015
- \$1,500 student fellowship, S. Rhett Palfreyman; assisted 3 others in proposals (2012)

Grants

- National Endowment for the Humanities (NEH) Humanities Connections Grant (\$100,000) (Promotion of Humanities Teaching and Learning Resources and Curriculum Development), Proposal Application, “Ethical Leadership for Social Transformation,” Submitted October 2017. Leadership Team: Ben Johnson, Darin Eckton, Cynthia Wong and Chris Goslin. Ethics Team: Brian Burch, Elaine Englehardt, Jeffrey Nielsen, and Janet Colvin. Decision to not fund, April 2018
 - Submitted \$250,000 NSF Grant proposal as Principal Investigator to increase math mentoring (collaborated with Women’s Success Center and Department of Developmental Math; not funded 2015)
 - Collaborated on \$188,203 TK Foundation Youth Development Grant (collaborated with two other offices)
 - Awarded three LDS Foundations grants (total of \$26,500) and two Grants for Engaged Learning (Office of Engaged Learning, UVU) grants (total of \$5,500) – (2012-2015)
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Service

University

- Mentor, The Center for the Advancement of Leadership (2012-2018)
- Honors Thesis Chair (2017)
- Assessment Comm., Student Leadership Core Comp. Committee (2013-2016)
- Club Advisor (Ping Pong, Mongolian, Hope for Help), (2015-2016)
- Carnegie Foundation Community Engaged Classification Reapplication Process, (Spring 2014)

University College

- Faculty Excellence Evaluation Committee (2018)
- University College Curriculum Committee, (Aug. 2015-present)
- Dean’s Math Initiative Committee, (2012-2015)
- University College Convocation Reader, (May 2014)
- University College Valedictorian Selection Committee, (April 2014)
- Insight Team (2013)
- University College Phased-grant Committee, (2012-2013)
- Freshman Advocates Committee (2012)
- UC Faculty Excellence Awards Committee (2012)
- University College Associate Dean Search Committee, (2012)

Department

- Department Chair (July 2019-present)
- Assistant Department Chair (Jan. 2019-June 2019)
- New Faculty Hiring Committee Chair (Oct. 2018-present)
- Program Manager, Leadership Certificate for Personal and Social Impact (2016-present)
- ACHE Committee Member (2018)
- RTP Committee Member (2017-present)
- Curriculum Chair (2015-present)
- SLSS Forum Coordinator (2015-present)
- SLSS Internal Review Committee, (2015-present)

- SLSS Faculty Technology Specialist, (2015-present)
 - UVST Degree Committee Member (2014-present)
 - SLSS Chair's Strategic Working Group, (2015-2016)
 - Student Leadership and Mentoring Conference Founder and Chair (2013-2016)
 - Assessment Comm., Dept. of Student Leadership & Success Studies (2011-2016)
 - UVU Mentor Program Faculty Director, (2012-2015)
 - Faculty Connections and Academic Experience Committee (2012-2014)
 - Lecturer Hiring Committee (2013)
 - CLSS 1000 Adjunct Instructor Mentor (2012-2013)
 - Hiring Committee & Trainer of UV Mentor Coordinator (2012)
 - SLSS Marketing Coordinator (2011)
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SUMMARY OF PROFESSIONAL EXPERIENCE

Utah Valley Univ., Dept. of Student Leadership & Success Studies (2011-present)

- Department Chair, (July 1, 2019 – June 30, 2022)
- Assistant Chair (Jan. - June, 2019)
- Leadership Certificate for Personal and Social Impact Creator and Coordinator (2017-present)
- Associate Professor (2016 – present)
- Faculty Director, UVU Mentor Program (2012-2015)
- Assistant Professor (2011 – 2016)

Brigham Young University, Idaho (2010-2018)

- Part-time Online Adjunct Instructor (2010-2018)
 - COMM 102 Public Speaking
 - COMM 150 Interpersonal Theory and Practice
 - COMM 175 Communication Essentials
 - COMM 450 Conflict Management and Negotiation
 - GS 120 Pathway Life Skills
 - SOC 111 Introduction to Sociology
- Part-time Online Assistant Instructor Manager (2014-2017)
- Part-time Online Curriculum Representative (2013-2016)
- Part-time Online Teaching Group Leader (2013-2014)

Argosy University, Salt Lake City (2008-2012)

- Part-time/Interim Vice President of Academic Affairs (Nov. 2011-June 2012)
- Department Chair, College of Undergraduate Studies (2008-2011)
- Interim Department Chair, College of Education (2008-2009)

Brigham Young University, Provo (1998-2008)

- Asst. Director/Counselor, Multicultural Student Service (2005-2008)
- Admissions/Financial Aid Counselor (2003-2005)
- Financial Aid Counselor (2002-2003)
- Call Center Coordinator, Financial Aid & Scholarships (2000-2002)
- Financial Aid Processor (1999-2000)

- Coord. Supervisor, Lang. Tutoring, Missionary Training Center (1998-1999)
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SUMMARY OF COMMUNITY SERVICE

Non-Profit/Humanitarian Work

- Volunteer Team Leader, Youthline
 - 2016-2017, Nepal Service Team
 - 2015-2016, Peru Service Team
- President & Founder, Our TEAMS, Inc. (2006-present)
- Shareholder/Operational Partner, The Charity Way (2010-2011)

The Boy Scouts of America, Utah National Parks Council

- Dean, Online Commissioner College (2014-2018)
- Assistant District Commissioner (2008-2015)
- Unit Commissioner (2003-2007, 2016-present)
- Merit Badge Counselor (2003-present)
- Eagle Project Counselor (2003-2007)

Advisory Boards

- Freedom Preparatory Academy Charter School, Provo, Utah (2011-2012)
 - TEENS ACT, Provo, Utah (2011-2012)
 - Fortis College, Salt Lake City, Utah (2010-2011)
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