

John M. Robbins

Education:

1994 Ph.D.	Florida State University Marriage and the Family	Tallahassee, FL.
1990 M.S.	Florida State University Counseling and Human Systems	Tallahassee, FL.
1988 B.A.	University of Tennessee Psychology	Knoxville, TN.

Professional Experience:

2018-present	Utah Valley University -Lecturer, Department of Behavioral Science. Teach undergraduate courses for the Family Studies program, in the Department of Behavioral Science.	Orem, UT
2010-present	Argosy University-Salt Lake City -Director of Clinical Training, Associate Professor - MFT. Assist students in identifying and securing practicum placements towards required hours for fulfilling the <i>COAMFTE accredited Masters in Marriage and Family Therapy program and Clinical Mental Health Counseling program</i> . Teach Practicum I, II, and III courses, Social and Cultural Foundations, Schools of Family Therapy, Individual Development, Group Counseling, Professional Ethics, as well as Undergraduate courses in MFT, Psychology, and Family Studies as assigned. Served as Acting Chair for MAMFT program in 2012 and in 2014.	Salt Lake City, UT
2010-2011	University of the Rockies -Adjunct Faculty. Course instructor for online educational environment in the masters and doctoral programs in the School of Human Services. Courses include Introduction to Human Services and Family Development.	San Diego, CA
2006-2010	Capella University -Online Faculty. Course instructor for an online educational environment in the masters and doctoral programs in the School of Human Services' and CACREP accredited Clinical Mental Health Counseling program. Courses include Addictive and Compulsive Behaviors, Mental Health Counseling, Child and Adolescent Counseling, Family Relations, and Theories of Personality.	Minneapolis, MN

- 2006-2008 **Northcentral University** Prescott, AZ
-Adjunct Faculty. Course instructor for an online educational environment in the masters and doctoral programs in Marriage and Family Therapy. Courses include Family Therapy with Children, Gender and Diversity, Advanced Family Therapy Theories, and Adolescents and Family Therapy.
- 1996-2008 **T. E. A. M. Program** National
-Director. Creator of therapeutic program designed to work with groups in a variety of contexts. Facilitator of groups examining healthy life concepts and teaching members how to incorporate these themes into other aspects of their lives.
- 2006-2007 **LifeSkills, Inc.** Munfordville, KY
-Child and Family Therapist. Outpatient family therapist focusing on children and adolescents. Responsible for school-based therapy and supervision for Bachelor level therapists.
- 2005-2006 **College of the Bahamas** Freeport, Grand Bahama
-Counselor/Assistant Faculty. Taught psychology and student development courses for all incoming students. Acted as the full-time mental health counselor and Student Life director for the Northern Campus.
- 2000-2002 **Louisburg College** Louisburg, NC
-Associate Dean of Counseling and Student Life. Performed all mental health counseling for students. Taught introduction to college life course for freshmen. Supervised Residence Hall Mentors in the Department of Student Life. Supervised practicum students pursuing Masters and Ph.D's in mental health and career counseling.
- 1994-2000 **Salesmanship Club Youth and Family Centers, Inc.** Dallas, TX
-Family Therapist responsible for outpatient therapy at an family therapy center. Other responsibilities included doctoral level family therapy training and supervision and assistant director of the SCYFC training center.
- 1993-1994 **Vietnam Veteran's Family Project** Tallahassee, FL.
-Clinical Services Supervisor at the Florida State University Marriage and Family Therapy Center. Responsible for supervision of six therapists. Approximately 300 hours of live, team, group, and case review supervision.

1990-1994	<p>The Florida State University Marriage and Family Therapy Center -1000 hours of supervised therapy with family and marital couples. Also individual adjustment, divorce therapy, parent child issues, etc.</p>	Tallahassee, FL.
1993-1994	<p>Program for Instructional Excellence -Teaching Associate. Designed and implemented support programs for teaching assistants in the College of Human Sciences at Florida State. Designed and conducted orientation programs for teaching assistants campus wide.</p>	Tallahassee, FL.
1991-1994	<p>Florida State University -Teaching Assistantship for FAD 2230. Undergraduate classes in Family Relationships: A Life Span Development. Wrote lesson plans and tests along with class management for sixty undergraduate students. Fall 1992 had 150 students. Gave lectures to undergraduates on theory and practice in the area of family development and psychology.</p>	Tallahassee, FL.
1993-1994	<p>Florida State University -Supervisor-in-Training at the Florida State University Marriage and Family Therapy Center. Completed coursework and approximately 200 hours of supervision including live, team, and videotape supervision, and case reviews.</p>	Tallahassee, FL.
1989-1993	<p>Florida State University -Group Counselor for freshmen student athletes in Academic Enhancement Class.</p>	Tallahassee, FL.
1989-1991	<p>Turn About Inc. -Executive Counselor. Performed individual, group, and family counseling for adolescent substance abusers. Performed Rational Behavior Therapy training for adolescents.</p>	Tallahassee, FL.
1989-1991	<p>OASIS -Outpatient Counselor in charge of an outpatient assessment clinic focusing on adolescent substance use.</p>	Tallahassee, FL.
1989-1990	<p>Florida State University -Teaching Assistant and group facilitator for masters level course in Counseling Concepts and Simulation, Case Management, and 5400 Statistics.</p>	Tallahassee, FL.
1986-1987	<p>Camp Pinewood -Camp Counselor for boys ages 9-15 years of age.</p>	Hendersonville, NC.

Presentations and Speeches

- Robbins, J. M. & Ambrose, H.J. (2018, March). *Building Collaborative Therapeutic Relationships through Purposeful Practice*. 2018 American Counseling Association Conference and Exposition, Atlanta, GA.
- Robbins, J. M. & Ambrose, H.J. (2017, Oct.). *Self-Supervision and Self-Growth: Developing the Autonomous Practitioner*. 2017 Association for Counselor Education and Supervision Conference, Chicago, IL..
- Robbins, J. M. & Ambrose, H.J. (2017, March). *Self-Supervision and Self-Growth: Developing the Autonomous Practitioner*. 2017 American Counseling Association Conference and Exposition, San Francisco, CA.
- Robbins, J. M. & Ambrose, H.J. (2017, Feb). *Self-Supervision: Developing the Autonomous Clinician*. 2017 TAMFT's 43rd Annual Conference, Austin, TX..
- Robbins, J. M. & Ambrose, H.J. (2016, Oct). *From Balance to Harmony: Solutions for Clinician Self-Care Practice*. 2016 Rocky Mountain Association of Counselor Education and Supervision Conference, Steamboat Springs, CO.
- Robbins, J. M. & Ambrose, H.J. (2016, Sept). *T.E.A.M.: Teaching Excellence through Active Means*. 2016 Rocky Mountain Association of Counselor Education and Supervision Conference, Steamboat Springs, CO.
- Robbins, J. M. & Ambrose, H.J. (2015, June). *Reflective supervision: Developing the autonomous practitioner*. Eleventh International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
- Robbins, J. M. & Fawcett, E. B. (2015, May). *Self-Supervision: Using Tomm's Ethical Postures in Clinical Practice*. 2014 Utah Association for Marriage and Family Therapy State Conference, Salt Lake City, UT.
- Robbins, J. M. (2015, January). *Perfectionism: A double edged sword*. 2015 Utah Valley University Mental Health Symposium, Orem, UT.
- Robbins, J. M. (2014, July). *Suicide and self-injurious behavior: Assessment and intervention*. Crisis Intervention Team Academy, Salt Lake Police Department, Salt Lake City, UT.
- Robbins, J. M., Fawcett, E. B., Alonzo, A. T., Fawcett, D., & Martinson, V. J. (2014, March). *MFT Identity: Being Systemic in non-systemic communities*. 2014 Utah Association for Marriage and Family Therapy State Conference, Salt Lake City, UT.
- Robbins, J. M. & Ambrose, H.J. (2012, June). *From balance to harmony: Changing narratives for trainee's self-care*. Eighth International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
- Robbins, J. M. (2012, May). *T.E.A.M.: Teaching empowerment through athletic means*. 2012 Utah Association for Marriage and Family Therapy State Conference, Salt Lake City, UT.
- Robbins, J. M. & Ambrose, H.J. (2012, March). *Following passions to prevent compassion fatigue: A practice example*. 2012 Utah Mental Health Counseling Association State Conference, Salt Lake City, UT.
- Robbins, J. M. & Ambrose, H.J. (2009, July). *T.E.A.M.: Teaching empowerment through athletic means*. Catholic Social Workers National Association Annual Conference, Louisville, KY.
- Robbins, J. M. & Ambrose, H.J. (2009, April). *Therapeutic factors of change: A counselor's experience*. Kentucky Mental Health Counseling Association Annual Conference, Somerset, KY.
- Robbins, J. M. & Ambrose, H. J. (2008, February). *Teaching empowerment through athletic means*. Kentucky Association of Marriage and Family Therapy Conference, Louisville.
- Robbins, J. M. (2007, April). *Teaching empowerment through athletic means*. Kentucky Mental Health Counseling Association Annual Conference, Somerset, KY.
- Robbins, J. M. & Grace, D (2006, February). *Documenting Trauma, Documenting Terror: Co-creating stories of healing*. 31st Annual Conference on Literature and Film, Tallahassee, FL.

- Robbins, J. M. (2003, November). *The power of spirituality: Power to hurt and power to help*. North Carolina Association of Marriage and Family Therapy Capital Chapter, Raleigh, NC.
- Robbins, J. M. (2003, October). *Authoritative communities in raising children*. Union Grove Methodist Church, Hillsborough, NC.
- Robbins, J. M., O'Dell, M & Kahle, P. A. (2003, October). *Nothing but the truth, so help me God*. Pre-conference Institute presented at the American Association of Marriage and Family Therapy Annual Conference, Long Beach, CA.
- Robbins, J. M. (2003, March). *Teaching empowerment through athletic means*. North Carolina Association of Marriage and Family Therapy Conference, Raleigh.
- Robbins, J. M. (2002, March). *Teaching empowerment through athletic means*. North Carolina Association of Marriage and Family Therapy Conference, Charlotte.
- Robbins, J. M. & Kahle, P. A. (2002, March). *The power of spirituality: Power to hurt and power to help*. North Carolina Association of Marriage and Family Therapy Conference, Charlotte.
- Robbins, J. M., Kessinger, A. & Weisz, A. (2000, April). *Teaching empowerment through athletic means*. 2000 Adolescent Symposium, Plano.
- Robbins, J. M. & Kahle, P. A. (1999, November). *Truth or dare: Where do you stand?* Texas Christian Youth Conference, Fort Worth.
- Robbins, J. M. & Redivo, M. J. (1999, October) *T.E.A.M. Teaching empowerment through athletic means*. Ohio Center for Law-Related Education Conference, Columbus.
- Robbins, J. M. & Kahle, P. A. (1999, October). *The power of spirituality: Power to hurt and power to help*. American Association of Marriage and Family Therapy Annual Conference, Chicago.
- Robbins, J. M. & Redivo, M. J.. (1999, August). *T.E.A.M.: Teaching empowerment through athletic means*. Workshop presented at Charter Behavioral Healthcare Hospital (The Haven), Desoto, TX.
- Robbins, J. M. & Redivo, M. J. (1999, January). *T.E.A.M.: Teaching empowerment through athletic means*. Texas Association for Marriage and Family Therapy Annual Conference, San Antonio.
- Robbins, J. M. & Redivo, M. J. (1998, November). *T.E.A.M.: Teaching empowerment through athletic means*. Fifth National Conference on Children and Violence, Houston.
- Robbins, J. M. & Kahle, P. A. (1998, October). *The power of spirituality: Power to hurt and power to help*. American Association of Marriage and Family Therapy Annual Conference, Dallas.
- Buckman, R., Kinney, D., Robbins, J. & Torti, P. (1998, October). *Family therapy's role in a community oriented agency*. American Association of Marriage and Family Therapy Annual Conference, Dallas.
- Robbins, J. M. & Redivo, M. J.. (1998, August). *T.E.A.M.: Teaching empowerment through athletic means*. Texas Network of Youth Services Conference, Austin.
- Robbins, J. M. & Kinney, D. (1998, June). *Conceptualizing an ethical posture*. The Reunion Institute, Dallas.
- Robbins, J. M. & Redivo, M. J. (1998, May). *Implementing the T.E.A.M. program in a community agency*. The Wesley Ranking Community Center, Dallas.
- Robbins, J. M. & Redivo, M. J. (1998, April). *Creating environments for change: Working with adolescent abusers*. 1998 Adolescent Symposium, Plano, Texas.

- Robbins, J. M. & Redivo, M. J. (1998, January). *T.E.A.M.: Teaching empowerment through athletic means*. Texas Association for Marriage and Family Therapy Annual Conference, Dallas.
- Robbins, J. M. & Kahle, P. A. (1997, October). *The power of spirituality: The power to hurt and the power to help*. Arkansas Association of Marriage and Family Therapy Annual Conference, Little Rock.
- Robbins, J. M. & Redivo, M. J. (1997, September). *T.E.A.M.: Teaching empowerment through athletic means*. American Association of Marriage and Family Therapy Annual Conference, Atlanta.
- Robbins J. M. and Osmon, B. (1997, June). *Reflecting teams in mediating family divorce*. Training workshop presented at the Dallas Family Court Services, Dallas.
- Torti, P. & Robbins, J. M. (1996, February). *Issues of supervision*. Texas Association for Marriage and Family Therapy Annual Conference, Austin.
- Robbins, J. M. (1995, April). *Narrative therapy and pertinent assumptions*. Training workshop presented to the Dallas Catholic Counseling Services, Dallas.
- Robbins, J. M. & Robbins, M. A. (1995, April). *Talking with children about terminal illness*. Dallas Association for the Education of Young Children Saturday Conference, Dallas.
- Robbins, J. M. (1993, November). *Becoming a professor: Integration of process and content with self*. Round table leader at the National Conference on Family Relations, Baltimore.
- Robbins, J. M. (1993, June). *Focus on faculty*. Guest speaker for The Florida State University's Office of Student Affairs summer orientation, Tallahassee.
- Robbins, J. M. (1993, January) *Gender differences and communication*. Guest speaker for Gamma Phi Beta, Tallahassee.
- Robbins, T. D., Darling, C. A. & Robbins, J. M. (1992, November). *Maintaining marital unity in a mobile society: An evaluation of the effects of a trailing spouse job assistance program on dual career couples*. National Conference on Family Relations, Orlando.
- Robbins, J. M. (1992, September). *The formation of a group as a family*. Guest speaker for the American Home Economics Association, Tallahassee.

Trainings

- Robbins, J. M. & Ambrose, H.J. (2014, May). *AAMFT Pre-Approved 30-Hour Supervision Fundamentals Course*, Argosy University, Salt Lake City, Utah.
- Robbins, J. M. & Ambrose, H.J. (2013, November). *UAMFT Approved Supervisor 5-Hour Refresher Course*, Argosy University, Salt Lake City, Utah.
- Robbins, J. M. & Ambrose, H.J. (2013, February). *AAMFT Approved Supervisor 5-Hour Refresher Course*, Argosy University, Salt Lake City, Utah.
- Robbins, J. M. & Ambrose, H.J. (2012, November). *AAMFT Approved Supervisor 5-Hour Refresher Course*, Argosy University, Salt Lake City, Utah.
- Robbins, J. M. (2012, August). *Site Supervisor Training*. 2012 Argosy University Summer Institute, Salt Lake City, UT.
- Robbins, J. M. & Ambrose, H.J. (2011, October). *AAMFT Pre-Approved 30-Hour Supervision Fundamentals Course*, Argosy University, Salt Lake City, Utah.

Publications

- Robbins, J. M. & Ambrose, H.J. (in press). *Teaching excellence through active means: An experiential group for at-risk adolescents*. Columbia, KY: LWU Press.

- Kahle, P. A. & Robbins, J. M. (2004). *The power of spirituality in therapy: Integrating spiritual and religious beliefs in mental health practice*. New York: Haworth Press.
- Kahle, P. A. & Robbins, J. M. (1998). Re-authoring therapeutic success: Externalizing the success and unpacking marginalized narratives of competence. *Journal of Systemic Therapies*, 17(3), 58-69.
- Kahle, P. A. & Robbins, J. M. (1998). Authoring success through competency immersed therapy. In Nelson, T. & Trepper T. (Eds.) *101 Interventions in Family Therapy (Vol. II)*. New York: Haworth Press.
- Robbins, J. M. (1994). *An examination of ethnographic research methodology in family therapy in the context of rogers' innovation-decision process model*. Unpublished doctoral dissertation. Florida State University, Tallahassee.
- Sells, S. P., Smith, T. E., Coe, M. J., Yoshioka, M., & Robbins, J. M. (1994). An ethnography of couple and therapist experiences in reflecting team practice. *Journal of Marital and Family Therapy*, 20(3), 247-266.
- Robbins, T. D. & Robbins, J. M. (1993). Better than spouse job assistance: Teach marital consensus building. *Mobility*, 14(3), 41-43.

Funded Research and Grants

- 2013-2016 LDS Foundation (\$24,000)
 -\$2000 coupon per month for one year, to the Bishop's Storehouse to provide food and materials for the Women's Retreat House (3 years recurring)
- 2013 Rio Tinto Kennecott's Bingham Canyon Mine Charitable Foundation (\$1,000)
 -Scholarship support for residential Women's Retreat House: Homeless shelter for women in recovery
- 2008 Northcentral University Faculty Award (\$2,000)
 - Research initiative focused on Appalachian Family Competencies: Perceived Strengths for Promoting Educational and Personal Goals
- 2007 Boys and Girls Club/Barren County (\$500.00)
 - One day T.E.A.M. program training for State of Kentucky START initiative
- 1998-1999 The Mavericks Foundation (\$5,015.00)
 - One year T.E.A.M. program for Promise House adolescent homeless shelter.

Honors

- 2018 AAMFT Minority Fellowship Program Ad-Hoc Reviewer
- 2017 Abstract Reader and Evaluator for the 2018 AAMFT National Conference
- 2017 UAMFT "Exceptional Service Award"
- 2017 Abstract Reader and Evaluator for the 2017 UAMFT Conference
- 2017 AAMFT Minority Fellowship Program Ad-Hoc Reviewer
- 2016 Abstract Reader and Evaluator for the 2017 AAMFT National Conference
- 2016 AAMFT Minority Fellowship Program Ad-hoc Member
- 2015 Abstract Reader and Evaluator for the 2016 AAMFT National Conference
- 2015-present Contributing Editor- The Practitioner Scholar: Journal of Counseling and Professional Psychology
- 2011-2014 AAMFT Five Hour Supervision Refresher Course Instructor
- 2011-2014 AAMFT Pre-Approved 30-Hour Supervision Course Instructor
- 1994 Florida State University's Phi Eta Sigma "Excellence in Teaching" Award

- 1993-1994 Florida State University Teaching Associate for the College of Human Sciences
1992-1993 Florida State University Outstanding Teaching Assistant Award

Committee Membership

- 2014-present Utah Association for Marriage and Family Therapy: Elections Committee Chair
2012-present Women's Retreat House Board: Trustee Member
2012-2013 Women in Transition Recovery House: Board Member and Secretary
2002-2004 NCAMFT Capital Chapter: Secretary and Board Member
2000-2001 Louisburg College: Strategic Planning Committee, Louisburg, NC
1996-2000 Reunion Institute: Steering Committee, Dallas, Texas
1993 College of Human Sciences Research Initiative Awards Program Committee
1992 Interdivisional Program in Marriage and the Family's Alumni Research Symposium Committee

Professional Memberships and License

- 2010-present Licensed Marriage and Family Therapist (State of Utah #7795216-3902)
2010-present Utah Mental Health Counseling Association Member
2010-present UAMFT Member
1996-present AAMFT Approved Supervisor
1994-present AAMFT Clinical Fellow
2008-2010 Kentucky Mental Health Counselors Association Member
2004-2010 Licensed Marriage and Family Therapist (State of Kentucky)
2001-2004 Licensed Marriage and Family Therapist (State of North Carolina)
1995-2001 Licensed Marriage and Family Therapist (State of Texas)