

DEPARTMENT OF THE ARMY  
Department of Military Science  
Brigham Young University  
320 Wells ROTC Bldg  
Provo, UT 84602

★ IF NOT TAPED,  
LEAVE BLANK.  
(SEE  
BELOW)

ATOW-LUT-BY

(Print Date)

MEMORANDUM FOR RECORD

SUBJECT: Height/Weight Verification for Contracting

1. On the above date for DOE, JOHN H. the following  
is officially recorded: (Last, First, MI)

AGE: 19

★ HEIGHT: 68 (in inches)

(NOTE: If height fraction < 1/2 inch round down. If > 1/2 inch round up.)

★ WEIGHT: \_\_\_\_\_ (in pounds)

(NOTE: If weight fraction < 1/2 pound round down. If > 1/2 pound round up.)

★ FROM AR 600-9 → MAX ALLOWABLE WEIGHT: \_\_\_\_\_ (in pounds)

MAX ALLOWABLE BODY FAT PERCENTAGE: 22 (if N/A, so state)

ACTUAL BODY FAT PERCENTAGE: 21 (if N/A, so state)

★ (NOTE: List percentage & attach original DA Form 5500 or 5501.)

SCHOOL OF ATTENDANCE: (circle) BYU UVSC SUU

2. This individual (circle choice) DOES DOES NOT meets the weight standards  
of AR 600-9.

Paul J. Smith  
PAUL J. SMITH  
MAJ, FA  
APMS BYU

\* NOTE: The Weight Control Officer or NCO (or any Cadre member so authorized by them) may complete this MFR. Print or type signature block and sign (include title: WC Officer, WC NCO, APMS, SENIOR NCO, ETC).

IF CADET IS NON PRIOR  
SERVICE, AND MEETS  
AR 40-501 STANDARD  
BUT NOT AR 600-9  
STANDARD ADVISE HOST  
SCHOOL HRA.

HRA WILL  
DATE THE DAY OF  
CONTRACTING IF NOT  
TAPED. IF TAPED,  
THE DATE ON THIS  
FORM SHOULD MATCH THE  
TAPE DATE (ALSO, DAY OF  
CONTRACTING)