

Student Health Services

PURPOSE AND MISSION

Our first priority is to promote student success through intervention and assistance to students with health-related issues. Through our services, we enhance the personal development and lifelong opportunities of UVU students. We come to work every day because we are passionate about helping students live healthy, productive lives. As our multiple health disciplines communicate and collaborate, the students receive a more comprehensive treatment of health issues..

PROGRAMS AND SERVICES

CRISIS SERVICES:

Licensed Clinical Social Workers, Certified Suicide Prevention Instructors, Crisis Assessment, Crisis Consultation and Collaboration, Crisis Intervention

PSYCHOLOGICAL SERVICES:

Licensed Psychologists and Mental Health Counselors, Depression, Trauma, Bereavement, PTSD, Eating Disorders, Anxiety, Stress Management, Abuse, Relationship Counseling

ASSESSMENT SERVICES:

Comprehensive assessment of Learning Disabilities, Attention Deficit Hyperactive Disorder and Autism

MEDICAL SERVICES:

Certified Nurse Practitioners, Certified Medical Assistants, Allergies, Common Illnesses, Contraception, Women's Health, Anxiety & Depression, Preventative Healthcare

PSYCHIATRIC SERVICES:

Licensed Psychiatric Nurse Practitioners, Psychiatric Medication Management

2025-2026 IMPACT REPORT

SHS Data

12,322

Appointments this year

651

Student hours in group

164

hours of outreach

83%

Of student report they are doing better after using our services

7000+

Average mental health visits over the past 5 years

A Look at Mental Health Impacts Nationally

2X

Higher risk of leaving college without graduating for student with mental health concerns

5%

of students fail to complete due to psychiatric concerns

77%

of students report mental health difficulties negatively affecting academic performance

UVU Crisis Response

308%

Increase in crisis encounters since 2021

81+

Urgent interventions during the 2 weeks following Sept. 10

141+

Psychological support contacts during the 2 weeks following Sept. 10

105 hours

Direct mental health support in the 9 days following Sept. 10 campus incident

STUDENT MESSAGES

"SO GRATEFUL TO HAVE SUCH HIGH QUALITY CARE AT MY UNIVERSITY. IT HAS TAKEN AWAY A LOT OF UNNECESSARY STRESS."

"I was working full-time while attending master's classes at UVU. Without Student Health Services, I would not have had the time to do everything required of me. It makes the difference for many students in their ability to successfully complete their degree."

"I will be thanking health services every time I remember UVU. They helped me to believe in myself and take care of what was important. Thanks for their hard work and for my health and wellness."