

# Student Health Services

## Purpose/Mission

Our first priority is to promote student success through intervention and assistance to students with health-related issues. Through our services we enhance the personal development and lifelong opportunities of UVU students. We come to work every day because we are passionate about helping students live healthy, productive lives. As our multiple health disciplines communicate and collaborate, the students receive a more comprehensive treatment of health issues.

## Learning Outcomes

Student Health Services strives to promote, cultivate and teach students to:

- Know how to navigate the symptoms and challenges that occur within their life and impact their function and educational pursuits.
- Think in ways that promote wellbeing, function and health.
- Do persist in school and navigate with improved function within their environments.

## Programs and Services

- **PSYCHIATRIC SERVICES:** Licensed Psychiatric Nurse Practitioners, Psychiatric Medication Management.
- **MEDICAL SERVICES:** Certified Nurse Practitioners, Certified Medical Assistants, Allergies, Common Illnesses, Contraception, Women's Health, Anxiety & Depression, Preventative Healthcare.
- **PSYCHOLOGICAL SERVICES:** Licensed Psychologists and Mental Health Counselors, Depression, Trauma, Bereavement, PTSD, Eating Disorders, Anxiety, Stress Management, Abuse, Relationship Counseling.
- **CRISIS SERVICES:** Licensed Clinical Social Workers, Certified Suicide Prevention Instructors, Victim Navigator, Crisis Assessment, Crisis Consultation and Collaboration, Crisis Intervention.

## IMPACT OUTCOMES



Say the services I received helped me to stay in school



Students Served

8,659

Mental Health Visits



18

Mental Health Providers



6

Medical Providers

Over 39,000 suicide prevention trainings given

*"The UVU Student Health Services office is a literal life saver. I was able to get on medications that helped me overcome depression and study to my best ability in just a few months. They have made my educational experience much better at UVU."*

- UVU Student

14 new positions in the last 8 years



*"So grateful to have such high quality care at my university. It has taken away a lot of unnecessary stress."*

- UVU Student