

Community Referrals

Low-cost resources (often with therapists in training)

UVU Community Clinic
Phone: (801)-863-4780
Address: 490 W 1200 S – Orem
Website: https://www.uvu.edu/community-clinic/
Description: Individual, couples, and family therapy from supervised student therapists from UVU's MFT and CMHC master's program. To schedule an appointment, send email or call. You may be instructed to leave a message.
BYU Comprehensive Clinic
Phone: (801) 422-7759
Address: 1190 N 900 E – Provo
Website: https://comprehensiveclinic.byu.edu/
Description: Individual, couples, family and group therapy from supervised masters and doctoral level therapists. Sessions start at \$30 a session but may be decreased based on financial need. This clinic also provides intelligence, learning disability, ADHD, and personality assessment.
Wasatch Behavioral Health
Phone: (801) 852-3789
Address: 580 E. 600 S. - Provo
Website: https://www.wasatch.org/
Description: Individual, couples, family and group therapy for people with Medicaid. This clinic also provides free mental health care to those who are not insured or who are underinsured through its Wellness Recovery Clinic (WRC).
Mountainlands Family Health Center
Phone: (801) 429-2000
Address: 589. S. State Street - Provo
Website: https://www.mountainlands.org/
Description: Individual, couples, family and group therapy for people who are medically underserved. Services are reduced cost on a sliding scale starting at 15 dollars. Mountainlands also provides medical, dental and pharmacy services. Spanish fluent therapist. *Does not prescribe stimulants.
Community Health Connect
Phone: (801) 818-3015
Address: 591. S. State Street - Provo
Website: https://utahchc.org/
Description: Center that aims to improve access to quality medical, dental, and mental health care for low-income, uninsured men, women, and children in Utah County. We accomplish this goal by coordinating a Volunteer Provider Network, providing health education and maximizing existing community resources.

Private Practice

Alliance Psychology
Phone: (801) 224-2313
Address: 363 E 1200 – Orem or 958 N 200 E - Spanish Fork
Website: https://alliancepsychologyut.com/
Description: This practice offers individual, couples and group therapy. Accepts several insurances providers.
Sandstone Psychology
Phone: (801) 382-9338
Address: 95 S 100 E - Payson
Website: http://www.sandstonepsychology.org
Description: This practice offers individual, couples, family, group and equine therapy. They also offer psychological testing. Accepts several insurance providers.
Peter Sanders Psychological Services
Phone: (888) 330-6277
Address: Teletherapy
Email: peter.sanders@lakelandpsychology.com
Website: https://landing.lakelandpsychology.com/
Description: Teletherapy practice for individual therapy. Accepts Select Health, DMBA and Blue Cross/Blue Sheild Insurance
Sage Psychology
Phone: (801) 358-4654
Address: 14 N Main St Springville, UT
Website: https://www.sageut.com/
Description: Individual therapy practice with specialty in anxiety, depression eating disorders and women’s issues. Accepts several insurance providers.
Progressive Paths Therapy
Phone: (801) 704-5066
Address: 1175 South 800 East - Orem
Website: https://progressivepathstherapy.com/
Description: This practice offers individual, couples, family and group therapy. The practice specializes in diverse and multicultural individuals. Therapy is available in Spanish, Portuguese and Mandarin.
Life Solutions Counseling
Phone: 801-404-3069

Address: 309 North State Street - Orem
Description: This practice offers individual, couples, family and group therapy. This therapist is fluent in ASL.
Full Color Psychology
Website: https://fullcolorpsychology.com/
Description: This practice specializes in anxiety, eating disorders, faith crisis/transition, and performance psychology. Primarily takes private pay but some of the therapists take insurance.
Giles and Associates Family Psychology & TMS
Phone: (801) 785-4622
Address: 233 S Pleasant Grove Blvd STE 203 – Pleasant Grove
Website: https://gilesfp.com/
Description: This practice offers individual therapy, psychological testing, and TMS

Couples Therapy

Compassionate Connections Therapy
Phone: (801) 899-2559
Address: 481 E 1000 S - Pleasant Grove
Website: http://www.compassionateconnectionsounseling.com/
Description: Specializes in couples and family therapy. Accepts DMBA and EMI.
Covenant Sex Therapy
Phone: (385) 312-9844
Address: 3355 North University #250 - Provo
Website: https://covenantsextherapy.com/
Description: Specializes in sex therapy. Accepts DMBA, EMI and Blue Cross Blue Shield.

Child and Family Therapy

Psychological Assessment and Treatment Specialist
Phone: (801) 772-0202
Address: 814 E. Bamberger Dr. Ste. A - American Fork
Website: https://www.patsutahcounty.com/
Description: This practice offers individual, couples and family therapy for children and adults. Accepts several insurances.
Child and Adolescent Treatment Specialist (CHATS)
Phone: (801) 756-1626

Address: 796 E. Pacific Dr. Ste. B – American Fork
Website: https://www.childpsychologistutahcounty.com/
Description: This practice offers individual, couples and family therapy for children and adults. Accepts several insurances.
Parenting Training Courses
Email: drbarrus@psydofparenting.co
Address: virtual office in Utah County
Website: https://www.apsydofparenting.co/
Description: Provider Corinna Barrus provides virtual parenting training courses.

ADHD and Learning Disability Assessment

BYU Comprehensive Clinic
Phone: (801) 422-7759
Address: 1190 N 900 E – Provo
Website: https://comprehensiveclinic.byu.edu/
Description: Intelligence, learning disability, ADHD, and personality assessment from supervised masters and doctoral level clinicians. Assessments are offered at a discounted rate.
Wasatch Mental Health
Phone: (801) 852-3789
Address: 580 E. 600 S. - Provo
Website: https://www.wasatch.org/psychological-testing/
Description: Intelligence, learning disability, ADHD, and personality assessment provided for individuals insured by Medicaid
Sandstone Psychology
Phone: (801) 382-9338
Address: 95 S 100 E - Payson
Website: http://www.sandstonepsychology.org
Description: Intelligence, learning disability, ADHD, and personality assessment.
Utah Excel Psychology
Phone: (801) 472-4251
Address: 1125 W. Center Street - Orem
Website: https://utexcel.com/
Description: ADHD, LD, Autism, Personality testing and assessment
Alliance Psychology
Phone: (801) 224-2313

Address: 363 E 1200 – Orem <i>or</i> 958 N 200 E - Spanish Fork
Website: https://alliancepsychologyut.com/
Description: Assessment for diagnostic clarification, ADHD, Learning Disorder, and brief evaluation for a specific purpose

Psychiatric Services

Ascent Mental Health
Phone: (801) 609-2448
Address: Locations in Orem and Payson
Website: https://ascentmh.com/
Description: Psychiatric evaluations and medication management. Accepts several insurance providers. Provides ketamine treatment.
Alliance Behavioral Psychiatry
Phone: (801) 224-3014
Address: 361 E 1200 S - Orem
Website: https://www.alliancebehavioralpsychiatry.com/
Description: Psychiatric evaluations and medication management. Accepts several insurance providers.
Numinus
Phone: (833) 686-4687
Address: Location in SLC and Utah County
Website: https://numinus.com/
Description: Therapy and psychiatric services, provides ketamine treatment. Accepts several insurance providers.
Sandstone Psychology
Phone: (801) 382-9338
Address: 95 S 100 E - Payson
Website: http://www.sandstonepsychology.org
Description: Therapy and psychiatric services, provides ketamine treatment. Accepts several insurance providers.

Ketamine Treatment

Numinus
Phone: (833) 686-4687
Address: Location in SLC and Utah County
Website: https://numinus.com/

Description: Therapy and psychiatric services, provides ketamine treatment. Accepts several insurance providers.
Ascent Mental Health
Phone: (801) 609-2448
Address: Locations in Salem and Orem
Website: https://ascentmh.com/
Description: Psychiatric evaluations and medication management. Accepts several insurance providers.
Utah Ketamine Clinic
Phone: (801) 792-0994
Address: 57 North 490 West – American Fork
Website: https://www.utahketamineclinic.com/
Description Ketamine treatment

(EMDR) Eye Movement Desensitization and Reprocessing Treatment

Inherent Healing & Growth
Address: 10528 N Aberdeen Ln – Highland
Website: https://www.inherenthealingandgrowth.org/
Description: EMDR therapy services
The Green House Center
Phone: (801) 785-1169
Address: Locations in Salt Lake and Utah Counties
Website: https://greenhousecenter.org/
Description: EMDR and other therapy services
Life Stone Counseling Centers
Phone: (801) 984-1717
Address: Locations in Salt Lake and Utah Counties
Website: http://www.lifestonecenter.com/
Description: EMDR and other therapy services
Sunny Day Therapy Center- Samantha Moeai
Phone: (801) 609-3584
Address: 140S Main St Suite #9 Lindon UT
Website: https://www.psychologytoday.com/us/therapists/samantha-k-moeai-lindon-ut/704003

Description: EMDR and other therapy services
Counseling & Treatment Center of UT- Brian Austin
Phone: (801) 804-1028
Address: 1220N Main Suite 4 Springville UT
Website: COUNSELING TREATMENT CENTER (ctcofutah.com)
Description: EMDR and other therapy services
Counseling Made Simple
Phone: (385) 626-9345
Address: 675 N 1890 W #45b – Provo
Website: https://counselingmadesimple.com/team/
Description: EMDR and other therapy services

LGBTQ+ Resources

Encircle
Phone: (801) 610-6720
Address: Locations in Provo and Salt Lake City
Website: https://encircletogether.org/therapy
Description: Individual, couples, and family therapy for LGBTQ+ people. Encircle also has friendship circles for those looking for social support. Accepts several insurances.
Flourish Therapy Inc.
Phone: (385) 309-1038
Address: 1175 South 800 East - Orem
Website: https://flourishtherapy.org
Description: Individual, couples, group and family therapy for LGBTQ+ people. Therapy is subsidized therefore lower cost.
LGBTQ-Affirmative Therapist Guild of Utah
Address: Various
Website: https://www.lgbtqtherapists.com/index.html
Description: All psychotherapists on this list describe themselves as affirming of gay, lesbian, bisexual, transgender, queer, and questioning issues. Inclusion of anyone in the Directory is not necessarily an endorsement of them by the LGBTQ+ Therapists Guild.

Eating Disorders

Center for Change
Phone: (888) 224-8250
Address: 1790 N State St. - Orem
Website: https://centerforchange.com/
Description: Inpatient and outpatient therapy and medical services for the treatment of Eating Disorders. Accepts several insurance providers.
Eric Ghefi and Corinne Hannan at Full Color Psychology
Website: https://fullcolorpsychology.com/
Description: This practice specializes in anxiety, eating disorders, faith crisis/transition, and performance psychology. Primarily takes private pay but some of the therapists take insurance.

Dieticians

UVU Dietician
Phone: (801) 863-5553
Address: Room SL-211 UVU Orem Campus
Website: https://appointments.uvu.edu/meetwithadietitian
Description: Provides nutrition counseling for students and faculty. These counseling sessions can cover a wide range of things from intuitive eating, general nutrition guidance, or even how to cope with celiac disease. Initial consult is free and then 10\$ for each following visit
Kelsey Rich
Phone: (801) 842-7095
Address: 1384 W State Road – Pleasant Grove
Website: https://allfoodfits.com/
Description: One of two certified eating disorder dietitians (CEDRD) in the state of Utah who is known for empathetic, but firm approach in helping clients make behavior change. Accepts multiple insurances
Lauren Absher
Phone: (801) 528-7706
Address: 1790 N State St. - Orem
Website: https://www.guidedeating.com/
Description: Experience working with students and is employed part time by BYU. Private practice doesn't accept insurance.

Autism Resources

The Melisa Nellesen Center for Autism
Phone: (801) 863-7620
Address: 800 W University Pkwy - Orem
Website: https://www.uvu.edu/autism/
Description: A supportive service for those with autism and their families. Passages program available to both students and those in the community providing psychoeducation and skill building. Educational coaching available for UVU students.
Adult Ability Center of Lifetime Learning
Phone: (801) 263-7100
Address: 6232 S 900 E - Murray
Website: https://adultautismcenter.org/
Description: Applied Behavior Analysis therapy. Various Programs and resources for adults on the spectrum.
The Autism Spectrum Disorder Clinic
Phone: (801) 587-8020
Address: 240 E Morris Ave - South Salt Lake
Website: https://healthcare.utah.edu/hmhi/treatments/autism-clinic/
Description: Assessment for Autism Spectrum disorders, ADHD, and Learning disabilities.
The Autism Clinic
Phone: (385) 777-9444
Address: 1537 S Main Street SLC UT
Website: https://theautismclinicutah.com/
Description: Assessment and treatment for Autism Spectrum disorders, ADHD, and Learning disabilities.
Neurodiverse Psychological Services
Phone: (801) 382-7782
Address: 2319 Foothill Drive - Salt Lake City
Website: https://www.ndpservices.com/
Description: Treatment, assessment, and consultation for those on autism spectrum. Teletherapy available. Kristina Feldman, PhD provider.
Mountain West Autism Services
Phone: (801) 609-8037
Address: 4568 S Highland Dr., Ste 200 - Salt Lake City
Website: https://mountainwestautism.com/
Description: Treatment, assessment, and consultation for those on autism spectrum. Teletherapy available. Stacey Graziano, PhD provider.

Utah Behavior Services
Phone: (801) 225-5131
Address: 216 E Main St. Suite #4 – Lehi (and other locations in Utah)
Website: https://utahbehaviorservices.com/autism-services/
Description: Applied Behavior Analysis therapy.
Utah Valley Psychology
Phone: (801) 854-7942
Address: 568 E 1400 S - Orem
Website: https://www.utahvalleypsychology.com
Description: This practice offers individual, couples, family and group therapy. This practice has specialty in autism therapy and assessment

Grief Support

Utah Valley Regional Medical Center Grief Group
Phone: (801) 357-3143
Address: 1034 N 500 W – Provo
Description: 8 week support group for those grieving the loss of a loved one.
Caring Connections College of Nursing
Phone: (801) 585-9522
Address: <i>Varies</i>
Website: https://healthcare.utah.edu/caring-connections/
Description: A variety of 8 week grief groups facilitated by a mental health professional.
Canary Garden at Joshy's House of Hope
Phone: (801) 358-2659
Address: 43 N 100 E - American Fork
Description: A peer to peer support group for those grieving the loss of a loved one.

DBT Therapy Services

Utah Center for Evidence Based Treatment
Phone: (801) 419-0139
Address: 170 S. 1000 E. – SLC
Website: https://ucebt.com/treatment/dbt-center/
Description: UCEBT offers the full DBT program, which includes individual therapy, skills group training, telephone coaching, and consultation team. DBT team has completed the Behavioral Tech Official DBT Intensive Training.

DBT Network of Utah
Phone: (801) 568-2898
Address: 9289 S Redwood Rd Suite C – West Jordan
Website: http://www.decisiontreementalhealth.com/home.html
Description: Comprehensive DBT Program for both Adults and Adolescents with Linehan Board Certified providers.
Harmon Psychotherapy
Phone: (801) 874-1969
Address: 1045 S Orem Blvd - Orem
Website: https://harmonpsychotherapy.com/services/dbt/
Description: Along with traditional individual/couples' therapy, Harmon Psychotherapy offers an intensive family program, a full DBT program, and innovative consulting. Jordan Harmon is full certified in DBT.
The DBT Center
Phone: (801) 930-5954
Address: 4505 Wasatch Blvd - SLC
Website: https://thedbtcenterofutah.com/
Description: The DBT center offers the full DBT program, which includes individual therapy, skills group training, telephone coaching, and consultation team.

Drug and Alcohol

Wasatch Behavioral Health Substance Use Disorder Services
Phone: (385) 268-5000
Address: 255 S Orem Blvd
Website: https://www.wasatch.org/substance-use-disorder-services/
Description: Inpatient and outpatient services for Drug and Alcohol treatment offered after a walk-in screening.
Seasons (Red Willow Counseling)
Phone: (385) 202-5315
Address: 1425 S 700 E Suite 102 - Salt Lake City
Website: https://redwillowcounseling.com/
Description: 11 hour per week intensive outpatient program designed specifically for LGBTQ+ clients.
AA or NA meetings
Phone: (801) 375-8620
Address: Varies
Website: www.utahaa.org

Description: Alcoholic or Narcotics Anonymous meetings.

Domestic Violence/Rape/Assault

National Domestic Violence Hotline
Phone: (512) 453-8117
Website: www.thehotline.org
Description: A free and confidential online resource for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Online chat is also available through the website.
Rape, Abuse, and Incest National Network (RAINN)
Phone: (800) 656-HOPE
Website: https://www.rainn.org/
Description: A free and confidential online resource for anyone who has experienced rape, abuse, or incest. Online chat is also available through the website.
The Refuge (Utah County Domestic Violence Center)
Phone: (801) 377-5500
Address: Outreach office 1433 E 840 N Orem (shelter at a confidential location)
Website: https://therefugeutah.org/
Description: A safe and confidential location for people in a domestic violent relationships, case management and transitional housing services. Hospital response for survivors of sexual assault, psychoeducation groups, individual and group therapy for survivors of sexual assault at outreach office.
Family Haven
Phone: (801) 229-1181
Address: 1255 N 1200 W - Orem
Website: https://family-haven.org/
Description: Created as a resource for the prevention and treatment of child abuse. This center provides therapy, 24 hour emergency day care, and educational workshops.
Division of Child Protective Services
Phone: (855) 323-3237
Website: https://dcfs.utah.gov/
Description: A 24/7 intake line to report suspected child abuse or neglect.
Rape Recovery Center
Phone: (801) 467-7282
Address: 2035 1300 E – Salt Lake City

Website: https://www.raperecoverycenter.org/
Description: Hospital response for survivors of sexual assault, psychoeducation groups, individual and group therapy for survivors of sexual assault.
UDVC Utah Domestic Violence Coalition LINK line
Phone: (800) 897-5465
Website: https://www.udvc.org/
Description: Free and confidential help and support for victims and survivors of domestic and intimate partner violence available 24/7.

Inpatient Therapy

Huntsman Mental Health Institute
Phone: (801) 583-2500
Address: 501 Chipeta Way -SLC
Website: https://healthcare.utah.edu/uni/
Description: Inpatient care specializing in anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia and substance abuse/chemical dependency for all ages.
Utah Valley Hospital Inpatient Psychiatry
Phone: (801) 357-7376
Address: 1034 N 500 W - Provo
Description: Provides 24/7 psychiatric and crisis care for individuals 18 years and older and are ideal for patients experiencing a behavioral health crisis without an accompanying medical emergency.

BIPOC Therapists

'Ofa Hafoka Kanuch
Email: drofa.kanuch@gmail.com
Address: Telehealth and Provo
Website: https://www.drofa-kanuch.com/
Description: I am a licensed psychologist and have been meeting with clients in therapy for nearly a decade. I work at a university counseling center during the day and run a private practice in the evening. I am passionate about helping people break generational cycles of dysfunction, heal from trauma, and improve their relationships with their bodies. I strive to create a non-judgmental environment that welcomes and affirms all cultural backgrounds and identities. While you are the expert on your own life, I believe that one of my roles as a therapist is to help you lean into discomfort, vulnerability, and emotion. I am a Tongan woman and I was born and raised in Hawaii. My Pacific culture is an integral part of my professional and personal identity.
Breanna Lambert

Phone: (385) 399-1960
Address: SLC and Telehealth
Website: https://www.psychologytoday.com/us/therapists/breanna-lambert-salt-lake-city-ut/987489
Description: “My experience includes working with clients in trauma and crisis settings. I also have experience with helping clients develop a healthy body image, reducing anxiety and depression, navigating faith related struggles, aiding in the grief process, and healing from race related trauma. I use Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Acceptance and Commitment Therapy. Working with the LGBTQ+ community, Latinx community, and Black community in Utah has solidified my approach to be patient centered.” Accepts some insurances
LaShawn Williams
Phone: (801) 900-5996
Email: info@drlashawn.com
Website: https://drlashawn.com/
Description “I prioritize the BIPOC community, generally assisting clients in anxiety & depression symptoms negatively affecting activities of daily living. I specialize in racial trauma and healing in marriage and family settings through healthy identity and relationship development.” Not currently on any insurance panels but does offer various price points to make quality mental health care accessible & affordable.
Annabella Hagan
Phone: (801) 427-1054
Email: mindsetfamilytherapy@gmail.com
Address: 3355 North University Avenue, Suite 100 - Provo
Website: https://mindsetfamilytherapy.com/team/annabella
Description: Specializes in and anxiety and OCD related disorders. Accepts DMBA and EMI insurance.
Dr. Louise Wheeler
Phone: (385) 503-4017
Address: Telehealth
Website: https://www.psychologytoday.com/us/therapists/louise-wheeler-provo-ut/1109045
Description: “I strive to create a space that is safe for individuals to be just as they are. All cultural backgrounds and identities are valued and celebrated in my practice. My clients have described me as engaging, warm, and caring. I feel honored to be invited into people's healing journey and hope that I can provide support in yours too.”
Jay Tekulvė Jackson-Vann
Phone: (385) 290-7472
Address: 250 West 540 - North Orem
Website: https://secure.helloalma.com/providers/jay-tekulve-jackson-vann/
Description: Provides systemically-informed individual, couples, and family therapy with a special focus on the LGBT and BIPOC communities. He recognizes each client's expertise in their lives and stories and seeks to bring his expertise on the process of change to the therapeutic conversation.

Iniciativa Latina para el Bienestar Emocional
Email: sandrau@tubineestareemocional.org
Phone: (385) 286-9011
Website: www.tubienestareemocional.org
Description: Therapy in Spanish primarily for the Latino population. Free support groups and individual therapy on a sliding scale (35 – 75).
Latino Behavioral Health Services
Email: info@latinobehavioral.org
Phone: (385) 287-8741
Website: https://latinobehavioral.org/es/
Address: 777 N. 500 W. #005 Provo, UT 84601 (Provo Location)
Description: Therapy, group support, and peer support for the Latino population. Free support groups and individual therapy on a sliding scale. Also offer psychoeducation classes.

Divorce Related Issues

The Family Academy
Phone: (801) 377-5050
Address: 811 North University Ave – Provo
Website: https://www.utahfamilyacademy.org/
Description: Couples and Family interventions specializing in divorce related issues. Custody evaluations. Supervised visitation. Jay Jensen, PhD provider.

Sand tray Technique

John Burr, LCSW, RPT-S
Phone: (801) 225-7805
Address: 871 South Orem Blvd – Orem
Website: http://www.johnburr.net/
Description: Therapy utilizing the Sandtray Technique. Child therapy also available.

Biofeedback

Adam Thompson, LCSW
Phone: (801) 893-6866
Address: 491 S Orem Blvd – Orem
Website: https://utahtherapyworks.com/
Description: Provides Neurofeedback interventions for ADHD, Autism, Traumatic Brain Injury

Male treatment specialty

Bear Creek Recovery
Phone: (385) 399-0888
Address: 1456 E 820 N – Orem
Website: https://www.bearcreekrecovery.com/
Description: Specialized counseling for Men's issues

Female treatment specialty

Graceful Healing
Phone: (801) 901-0306
Address: 195 N 290 W Lindon
Website: https://www.gracefulhealinginc.com/
Description: Female-identifying therapists specializing in women's issues.

Spanish Speaking Resources

Iniciativa Latina para el Bienestar Emocional
Email: sandrau@tubineestareemocional.org
Phone: (385) 286-9011
Website: www.tubienestareemocional.org
Description: Therapy in Spanish primarily for the Latino population. Free support groups and individual therapy on a sliding scale (35 – 75).
Latino Behavioral Health Services
Email: info@latinobehavioral.org
Phone: (385) 287-8741
Website: https://latinobehavioral.org/es/
Address: 777 N. 500 W. #005 Provo, UT 84601 (Provo Location)
Description: Therapy, group support, and peer support for the Latino population. Free support groups and individual therapy on a sliding scale. Also offer psychoeducation classes.
Mountainlands Family Health Center
Phone: (801) 429-2000
Address: 589. S. State Street - Provo
Website: https://www.mountainlands.org/

Description: Individual, couples, family and group therapy for people who are medically underserved. Services are reduced cost on a sliding scale starting at 15 dollars. Mountainlands also provides medical, dental and pharmacy services. Spanish fluent therapist. *Does not prescribe stimulants.

Recursos de habla español para la salud mental

Iniciativa Latina para el Bienestar Emocional
Correo electrónico: sandrau@tubienestareemocional.org
Número telefónico: (385) 286-9011
Sitio web: www.tubienestareemocional.org
Descripción: Terapia en español principalmente para la población latina. Grupos de apoyo gratuitos y terapia individual con escala variable (35 – 75).
Latino Behavioral Health Services
Correo electrónico: info@latinobehavioral.org
Número telefónico: (385) 287-8741
Sitio web: https://latinobehavioral.org/es/
DIRECCIÓN: 777 N. 500 W. #005 Provo, UT 84601 (Provo Location)
Descripción: Terapia, apoyo grupal y apoyo entre pares para la población latina. Grupos de apoyo y duelo gratuitos y terapia individual con escala variable. También ofrecemos clases de psicoeducación.
Mountainlands Family Health Center
Número telefónico: (801) 429-2000
DIRECCIÓN: 589. S. State Street - Provo
Sitio web: https://www.mountainlands.org/
Descripción: Terapia individual, de pareja, familiar y grupal para personas con necesidades médicas desfavorecidas. Los servicios tienen un costo reducido en una escala móvil a partir de 15 dólares. Mountainlands también brinda servicios médicos, dentales y de farmacia. Terapeuta que habla español con fluidez. *No prescribe estimulantes.