

UTAH VALLEY UNIVERSITY

STUDENT
LIFE
ANNUAL
REPORT

2015-2016

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EXECUTIVE SUMMARY

The Student Life department at Utah Valley University seeks to create an environment where every student feels connected, safe, empowered, respected, and included. Furthermore, Student Life implements programs and services and provides resources that supports student retention, student success, and student learning. During the 2015-2016 academic year Student Life focused on four objectives:

- Maintain appropriated supported structure for targeted student groups.
- Maintain appropriate student policies that support compliance and legislative efforts
- Maintain a safe and secure campus and support student services.
- Create a culture which promotes an exceptional student and student life employee experience.
- Increase student completion.

I am thrilled to provide you the 2015-2016 annual report highlighting the many Student Life accomplishments. For more information on each department you can visit the website located on each department's page.

Sincerely,



Alexis Palmer

Associate Vice President Student Life/Dean of Students

ACCESSIBILITY SERVICES

www.uvu.edu/asd

116

ASD Students who recieved a certificate, associates, or bachelors degree

2,229

Follow Up Appointments

742

ASD Initial Student Appointments

Program Highlight:

The Bamberger Foundation Scholarship was established in 1947 by Earnest and Eleanor Bamberger in memory of their two young children who both died at an early age. The funds are awarded to students with a disability and financial need. The funds have been used by students to assist with costs of books, fees, and assistive technology devices. A total of 25 students received some amount of scholarship funds from the Bamberger Foundation during the 2015-2016 academic year.

The Dell Tyler Scholarship fund was also awarded to eight students to assist them with academic costs such as lab fees, books, equipment for courses, or assistive technology such as Live Scribe Pens. A total combined amount of \$6,420 was awarded to students with disabilities in the 2015-2016 academic year.

CLUBS

www.uvu.edu/clubs

182

Clubs chartered during
the 2015-16 School Year

2,222

Number of Club Sponsored
Events, Meetings, & Activities

80%

Increase in Clubs over
the last 10 years

Student Success Story:

During the fall semester of 2015, Michael Ulibarri (ULI-ONE), a UVU junior, chartered a new club on campus called Cultural Cans. ULI had grown up in Albuquerque where graffiti was prevalent throughout the streets. It impressed him so much, he felt compelled to take it to the streets and paint for himself. After months of 'getting away clean' ULI had a run-in with the police that changed his life forever. Through his graffiti art experience, despite being illegal, he realized he had a true talent for spray painting and wanted to showcase his work. Because of UVU's commitment to diversity, inclusion, and engagement he chartered the club and found refuge with fellow students that shared similar interests. Now, instead of being criticized, ULI is being recognized and celebrated for his talent and leadership. He, with fellow club members, now use spray painting as an artistic outlet and have worked to break down the stereotypes that surround graffiti arts through education and engagement. Cultural Cans has worked with several companies to paint murals in the local community, including UVU, as they were selected to complete the first ever student produced mural in a tunnel on south campus. Cultural Cans was recognized at Engaged Learning Week and at Wolverine Achievement Awards as "Club of the Year" for their involvement on campus and giving students, such as ULI, an opportunity to share their passion with others, and make changes in their lives by doing more of what they love in a safe and encouraging environment.

HOUSING & RESIDENCE LIFE

www.uvu.edu/housing

8

Number of
Participating Complexes

19

Residential Engagement Coordinators (REC's)

120

Events Hosted

2.95

Average GPA of REC's

6,500+

Student Event Participants

Student Success Story:

“Responsibility and purpose in my college career is what I learned from the REC program last year. From the start of the interview last year I knew that if I wanted more in my life and wanted to reach my full potential I would have to step out of my comfort zone and allow others to teach me. After I opened up to being taught I have seen it completely change me in all aspects of my life, not just college.” Dustin Draper

Program Highlight:

One of the primary focuses of the REC program to connect students living at neighboring complexes to the resources available to them at UVU. Amber, a non-resident student from Seattle, Washington was nervous and a little confused with the new college life she was about to dive into. A REC was able to tour UVU with her to help get her more comfortable with university. Amber continued to come to events, was introduced to a UVUSA source and she applied to be on a student council.

INTRAMURALS

www.uvu.edu/intramurals

23,011

Participants

150

Events

Student Success Story:

“The impact of intramural programming at UVU doesn't end after game time. Before I worked with Intramurals, the only time I spent on campus was class time. I hadn't engaged in Student Life opportunities on campus. My employment with Intramurals changed that and I was able to facilitate competition that engaged my fellow students and encouraged competitive camaradery. This was the first job I had that honestly put my education first. Intramurals offered training and opportunities that allowed me to further develop my personal and professional skill sets. My employers sought out feedback and opinions in a way I had never experienced. When I made them aware of my desire to expand my promotional skills, I was offered the opportunity to create digital and print materials that I have since been able to include in my portfolio. This type of engaged learning and campus engagement was unprecedented in my experience. It gave me the skills I later used to compete in a national public relations competition on behalf of UVU. My employers also sought out to help me with my career, offering me contacts and direction to help me succeed. My employment with Intramurals was critical to my success at UVU and to my positive opinion of how UVU helps students succeed beyond formal education.” Ruth Kindt

Program Highlight:

Crate Stacking has been one of our more successful and popular events. Participants are able to get involved with our programming in a little bit different way and we are able to reach a different student population. This event also engages people on the track above that are able to watch and give encouragement. Working with the OAC staff has been a great partnership for this event.

OUTDOOR ADVENTURE CENTER

www.uvu.edu/oac

50

Events

4

Interns

2,308

Participants

757

Engaged Hours

Program Highlight:

The Outdoor Adventure Center partnered with the Marketing department to offer the third annual Presidential Mount Timpanogos Hike. This engaged excursion provided 16 selected UVU students with a unique opportunity to interact with President Holland, be physically and mentally challenged, and experience the beauty of Mount Timpanogos.

Student Success Story:

“This last semester with the OAC has been amazing. I have learned many excellent leadership skills that I could not have picked up anywhere else. I have also learned a lot about myself. Trip leaders often find themselves in vulnerable positions that quickly call out their weaknesses. Once again, I don’t think I could have experienced this level of self-refinement without the OAC. I am very thankful for the time spent as a trip leader thus far and look forward to seeing where it will take me next semester.”- Josh Kirchhoff

RODEO TEAM

www.uvu.edu/rodeo

10

National Intercollegiate
Rodeos Participated

7th

UVU Women's Rodeo
National Placement

Student Success Story:

“Rodeo was always an individual sport, but after high school that all changed. When I started college rodeo I realized that I wasn’t alone any more. I had team mates and a coach, something that I had never had before. It was a different environment and I loved getting to share success with the other people on my team. Through the team I have made friendships that will last a lifetime and met people that have changed my life. Being a part of the Utah Valley University Rodeo Team has been one of the greatest blessings in my life. Not only have I learned so much from the people I have been around but it has also given me the opportunity to get an education; something that I will always be grateful for.” - Shaylee Thacker

Program Highlight:

Brady Pitchford won the tie down roping for the Rocky Mountain Region and Wyatt Caldwell won the steer wrestling and the All Around.

SORENSEN STUDENT CENTER

www.uvu.edu/studentcenter

Sorensen Student Center

5,170

UVU Events Hosted

618,718

Estimated Total Attendance

Student Success Story:

“At 5 pm a student group from an academic class showed up the use the closed demo kitchen. We quickly realized the space had not been scheduled but we had students in need. Within minutes we had contacted the faculty, put the event in the system, and had friendly staff opening and setting up the demo kitchen for students. Shortly after, we received this note. “I just wanted to thank you again for helping to schedule the demo kitchen for Abbey’s (the student) program planning team. I misunderstood who would be scheduling the kitchen so I very much appreciate you making it happen, so the team didn’t waste the food they had already purchased. I love working at UVU and it is people like you (the Sorensen Student Center Staff) who go the extra mile to make UVU such a great place.” - UVU Faculty Member

Campus Connection

12,577

UVU ID's Created

137

Department ID's Created

5,040

UTA Buss Passes Sold

3,717

UVU Gift Cards Created

\$118,192

Total Event Tickets Sold

Post Office

\$119,529.91

Total Sales

Recycling

1,438

Pounds of Aluminum Collected

245,900

Pounds of Paper Collected

85,804

Pounds of Cardboard Collected

Ragan Theater

269

UVU Events Hosted

61,926

Estimated Total Attendance

UTAH VALLEY
WOLVERINES™



SPIRIT SQUAD

www.uvu.edu/spiritsquad

52

Student Leaders

12,057

Involvement Hours

3.04

Average GPA of
Student Leaders

350

Service Hours

Student Success Story:

Megan Barney tried out for the Green Man Group as an incoming freshman. Megan isn't your typical student leader or spirit squad member. First impressions would describe Megan as quiet, observant, and timid. Because of Megan's skill sets and talent with drumming, she was selected as a section leader where she had the opportunity to lead her peers and develop routines. Megan grew in her leadership and was highly effective in her role, respected by the entire Green Man Group, and found a passion for UVU she didn't anticipate. Participation in the UVU Spirit Squad gave Megan a unique opportunity as a freshman and instilled a level of confidence in her that she says will influence her involvement and contribution to UVU in the future.

Program Highlight:

UVU Cheer Team competed at the NCA Collegiate Championship and placed 4th in the Division 1 Small Co-ed Division. UVU Dance Team placed 2nd in the Division 1 Open Dance Competition and 3rd in the Hip Hop competition at the NDA Collegiate Championship.

STUDENT CONDUCT CONFLICT RESOLUTION

www.uvu.edu/studentconduct

68

Academic Misconduct Cases

3

Violent Misconduct Cases

62

General Misconduct Cases

40

Non-Violation Concerns

23

Sexual Misconduct Cases

Relationship Conflicts
& Communication

Most In Demand Ombuds Training

Program Highlight:

During the 2015-2016 school year 158, student code of conduct issues were reported to Student Conduct (up from 130 during 2014-2015). Of those reports, 83 ultimately warranted sanctions for code violations. Here in the Office of Student Conduct and Conflict Resolution we are committed to helping students learn from their mistakes through the use of restorative justice practices. This means that we are generally less concerned with discipline and more interested in helping students grow in the face of adversity, repair any harm their actions have caused, and ultimately move on to achieve their academic goals. We are glad to report that of those 83 violation cases, lower level and restorative sanctions were used in 74 of them.

Furthermore, our Ombuds, who provide informal conflict coaching and mediation services, saw a sharp 68% increase in the number of conflicts needing resolution assistance compared to the previous year. We believe this is due in part to the number of behavior issues that were referred for alternative dispute resolution rather than student discipline.

STUDENT GOVERNMENT

www.uvu.edu/uvusa

75

Events Hosted

28

Student Council Members

39,292

Total Participants

13,634

Engagement Hours Served

51

Formal Leadership
Trainings Offered

3.44

Average GPA of
Student Leaders

Student Success Story:

Student Government offers various ways to get involved on campus ranging from volunteer committee members or academic department representatives to engagement positions such as a student council member. Student Government offers leadership trainings throughout the year to help students understand their skill sets and find success within their strengths. Matt Robins began his involvement as a committee member offering a few hours here and there through the semester assisting at campus events. The following year he was selected as a student council member and then went on to be elected by his peers as the student Vice President of the Academic Senate. Through his involvement, Matt found a passion for higher education and assisting students. Following his involvement experience, Matt was accepted into the University of Utah pursuing his Master's degree in higher education with an emphasis in student affairs. He was also hired as a coordinator within Student Leadership and Involvement at UVU where he has been able to apply his education into the workforce.

STUDENT HEALTH SERVICES

www.uvu.edu/studenthealth

Psychological Services

5,227
Students Seen

4+
Weeks Average Wait Time

Stress
Anxiety
Depression
Most Seen Diagnoses

Crisis Services

369
Students Seen in Crisis

162
Crisis Outreach Hours

80
QPR Trainings

Medical Services

6,870
Students Seen

26
Emergencies Seen in Clinic

1-2
Days Average Wait Time

ADHD Management
Depression/Anxiety/Insomnia
Upper Respiratory Infections
Most Seen Diagnoses

Student Success Story:

“I will be graduating this April with a degree in Mathematics. This would have not been possible without the help from Student Health Services. I have been in school for around eight years trying to earn a degree. My first four years were the hardest. I felt like I wasn’t smart enough and that there was something wrong with me. I heard about Student Health Services and decided to make an appointment. The therapist pointed out that I might have ADHD and suggested that I be tested. I took the tests and found out that I had it. He presented me with several different options on how I could treat my ADHD. I decided to try medication and continue with therapy. The first time I took my medication I realized just how bad ADHD was affecting my life. I began to gain confidence in myself and for the first time felt like I could handle school. Since then I have had an almost perfect 4.0. I meet regularly with Esme Anderson. She has helped me so much and she really cares about me. She has helped me get patient assistance so that I can get my medications. She always asks how I am doing in school and encourages me to keep working hard. My life is completely different now and I never would have been able to get this far without Student Health Services.” Anonymous Student

Program Highlight:

The addition of a Crisis Counselor to our staff has aided in providing immediate assistance to many students in crisis; helping them reach their educational goals amid life challenges. This support has given students the resources to continue and complete their education at UVU.

STUDENT INVOLVEMENT

www.uvu.edu/studentinvolvement

9

Action Learning Expeditions

20

Faculty Fellows

82

Student Participants

556

Engaged ZONE Activities

73

Professional Partnerships

25,216

Engaged ZONE Participants

Student Success Story:

Matt Brockbank entered the Automotive Technology Program in the fall of 2013. He had a great interest in cars, but especially in high performance team and started working on the Wolverine Salt Flats Race Car.

His hard work and determination to push the limits of their car pushed him to apply for a position as an Action Learning Leader (ALL) with the Office of Student Involvement. As an ALL, he was able to create dynamic learning expeditions to the mecca of high performance racing, Southern California, and build relationships with many companies and with their creative performance team members. The result was extremely beneficial to Brockbank, and to his fellow team members and department. Not only did their race car improve in speed and performance, but professional partnerships were established that resulted in greater opportunities for teaching, learning, high performance parts acquisition training and increased knowledge in many areas within the high

performance industry that were simply not available to students. Ultimately this resulted in pushing Brockbank to continue his learning to accomplish a new goal of owning and operating his own high performance automotive shop. He and many of his fellow team members experienced greater opportunities as they participated in their engaged learning expeditions. He will complete a BS program at another university in the spring of 2017, and invest in opening his shop shortly thereafter.

Program Highlight:

The Zone was established with the vision of having a place where students could check the schedule of learning activities, sit down and immediately engage in a learning activity with no commitment, cost or preparation. The Zone has certainly provided that opportunity to thousands of students each semester. It has also created a powerful social engaging component.

Each semester the primary goal of each Zone manager is to “find the one.” Each semester they find many “ones.” Every semester, students approach a Zone Manager and relate that not only did the activities provide an opportunity to be engaged in a quick service project, paint a picture or learn a new hobby or skill, but that their decision to stay at UVU, to continue their program, and to stay engaged was a direct result of their invitation, their friendship, and opportunity to be a member of an activity group.

STUDENT LIFE AND WELLNESS CENTER

www.uvu.edu/campusrec

6,847

Members

326

Events

2,635

Participants

Student Success Story:

“[Working at the SLWC] afforded me several opportunities to become acquainted and work with several departments throughout the school. Because of my interactions with Sarah [Graves, former Manager of UVU Wellness Programs], I was able to interview for and work as an intern for UVU Wellness Programs. This allowed me to receive a scholarship for my tuition, as well as continue to work for the SLWC. I feel very assuredly, that my time working at the SLWC helped me to secure my current full time position. Not only did the skill set that I earned as an employee help me, but also the fact that I never felt like I had to lessen the amount of credit hours or hinder my education in any way because of my job.”-Abbey Reyes

Program Highlight:

The Student Life and Wellness Center has had a myriad of events this past semester. One event that was very beneficial to us was the Live, Eat, Play SMART Challenge that we hosted along with the other departments in Campus Recreation and Wellness.

For this event, we collaborated with Intramurals, the Outdoor Adventure Center, and Wellness Programs to create two challenges from each department for students. These challenges were printed on cards and distributed to students walking in for their second week of classes. We also had a Campus Recreation fair going on for half the day to promote the different programs in Campus Recreation. The challenges were located at the booth and in the Student Life and Wellness Center.

Those who finished three of the six challenges were given a free tank top with the Live, Eat, Play SMART logo on it. The first twenty people to complete all six challenges were given a \$10 gift card.

Overall, the event was a success! We had around 125 people participate and learn more about the activities that the SLWC has to offer, as well as the other possibilities they have from Campus Recreation. It was great to use the leverage from all four areas to create more participation and awareness. Those who did the challenges were very happy to get their prizes and to also learn more about the Campus Recreation.



YEARS STRONG

STUDENT MEDIA

www.uvureview.com

33

Issues

49

Newsstands on Campus

47

Student Contributors

2,000

Copies Printed Weekly

12

Newsstands off Campus

48%

Average Pickup Rate

133,000

Website Views

Program Highlight:

Eight student journalists attended the College Media Association National Conference in Austin, TX. The trip also included a visit to The Denver Post newsroom during a layover.

Over 400 high school student journalists from across the state attended The Review's 11th annual High School Journalism Conference in February.

WASATCH CAMPUS STUDENT LIFE

4

Student Life Reps

23

Events Hosted

3,675

Engagement Hours Served

3,675

Total Participants

3.55

Average GPA of
Student Leaders

Program Highlight:

Over the course of 2015-2016 the Wasatch Campus Student Life student representatives made strides in expanding their offerings to students. Momentum was made in pursuing programming beyond the traditional activities by offering service projects, conducting advocacy forums, and partnering with the ambassador program to have a presence within the community.

WELLNESS PROGRAMS

www.uvu.edu/wellness

233

Events

8

Interns

13,543

Participants

Student Success Story:

“My experience as a Wellness Programs intern has served as a diverse opportunity to apply what I have learned in the class setting to a professional work environment. I have been exposed to responsibilities that have given me beneficial experience, such as: health coaching, program planning and implementation, and peer and self-evaluation. It feels good to be treated as an adult with mutual respect from the internship supervisors and the fellow interns. This internship is famous in the Public Health major for being, “the best internship in public health,” and I agree!”-Hillary Carver

Program Highlight:

In Spring of 2016, the Wellness Programs created and implemented a Health and Wellness Fair for the UVU community. This fair has been the largest to date with 13 educational and interactive booths. The evaluations stated that one of the participant’s favorite aspects of the fair was the information on how to improve their health. This was one of our main objectives and we are glad we accomplished it. We look forward to an even bigger and better Health and Wellness Fair this Fall.

VOLUNTEER & SERVICE LEARNING

www.uvu.edu/volunteer

11,457

Participants

\$3,890,373

Value of Service Hours

36

Student Leaders

173

Events/Activities

162,641

Volunteer & Service Learning Hours

85

Partnerships

3.51

Average GPA of Student Leaders

Student Success Story:

Double majoring in Finance and Pre-Med required Jaxon Olsen to stay extremely focused on his academics, but he was interested in ways he could make a difference while he was still in school. At the beginning of Fall 2015, Jaxon heard a presentation about the Volunteer & Service-Learning Center in one of his service-learning classes. His interest was peaked by the Alternative Breaks program mentioned in the presentation.

As soon as Jaxon stepped into the service council offices, he was recruited to not only participate but to also apply to be a student leader and help plan a trip. Jaxon was later selected to co-lead an Alternative Break trip to Portland, Oregon, which focused on the issues of hunger and homelessness. His finance and planning skills were

put to work as he and his co-leader developed a budget; planned activities, meals, and transportation. They also worked with community partners and recruited students to participate. The Portland trip was extremely successful, completing more than 350 hours of service at five different locations.

As Jaxon got more involved on campus he found that his time somehow expanded and he was able to be a student leader, maintain a 4.0 GPA, and spend time with his family. Jaxon said of his experience, "I found out that student involvement and academics are not independent of each other. I always thought that as a Pre-Med student I couldn't waste my time with other things. But I learned that as I got involved on campus, especially volunteering, I found time for both things because I care about both things. By no means has my involvement taken away from my academic experience. In fact, it's added to it." This positive experience led Jaxon to apply for and be selected as the Service Council President & UVUSA Liaison for the 2016-2017 year.

Program Highlight:

During the 2015-2016 academic year, the Volunteer & Service-Learning Center launched a new Service Council program called Real Talk. Understanding opinions that are different from your own is critical to coming together to create meaningful change in our community, and Real Talk created a space to share those opinions.

At Real Talk we discuss current social issues from a variety of viewpoints. This civil dialogue series uses questions and participants' personal experiences to encourage a journey of understanding and vulnerability to come to a better understanding of our current situation and how we want to build a stronger community.

Some of the topics covered this first year of programming include cyberbullying, sexual assault, veterans, hunger, and literacy. The Real Talk topics are chosen by student leaders and the discussions are led by students. Faculty and staff are welcome to participate. To find out about upcoming Real Talks, check out www.uvu.edu/volunteer/programs.

