

STUDENT LIFE ANNUAL REPORT

2016 - 2017



UVU



2016 - 2017

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EXECUTIVE SUMMARY

The Student Life department at Utah Valley University seeks to create an environment where every student feels connected, safe, empowered, respected, and included. Furthermore, Student Life implements programs and services and provides resources that supports student retention, student success, and student learning. During the 2016-2017 academic year Student Life focused on four objectives:

- Maintain appropriated supported structure for targeted student groups.
- Maintain appropriate student policies that support compliance and legislative efforts.
- Maintain a safe and secure campus and support student services.
- Create a culture which promotes an exceptional student and student life employee experience.
- Increase student completion.

I am thrilled to provide you the 2016-2017 annual report highlighting the many Student Life accomplishments. For more information on each department, you can visit the website located on each department's page.

Sincerely,



Alexis Palmer

Associate Vice President Student Life/Dean of Students



Success Story

Chelsea Peahl learned in April that she was a finalist for the National Federation of the Blind's national scholarship program. There were more than 700 applicants, narrowed down to 30 finalists. Chelsea then knew that she was the finalist from Utah and that she would be going to Orlando in July to compete for a week to know where in the scholarship class she might place. Chelsea spent a week in Orlando for the National Federation of the Blind's 77th Annual National Convention as the only scholarship finalist from Utah. She was elected into the leadership of the National Association of Blind Students, and will serve as secretary for the next one to three years. Chelsea later learned that she received a \$5,000 scholarship from Pearson, as well as other scholarships and prizes from the Kurzweil Foundation, Google, and NFB totaling over \$7,000. She said it was an amazing experience, "and I think I represented what Utah and UVU is pretty well!"



969

Number of Initial Appointments 2016

2,022

Number of Followup Appointments 2016

572

Credit Hours of Peer Note Taking

15,466

Total Hours Provided by DHH Interpreters 2016

330

Total Books in Alt-Text Format Provided



THE CENTER FOR THE ADVANCEMENT OF LEADERSHIP

<http://www.uvu.edu/leadership>

1,480

Total Participants

78

Ambassadors

160

Golf Tournament

744

Participants, High School
Leadership Conference

241

Attendees, Leadership Week

15,500

Student Leadership Engagement Hours

6

Events Hosted

41

Formal Leadership Trainings Offered

Program Highlights

Ranked No. 5 in the world for "Certificate Program with Emphasis on Leadership and Organizational Development" and No. 7 for "Custom Content Programming with Emphasis on Leadership and Organizational Development" by HR.com

Successfully partnered with the office of Student Success and Retention in creating a LEAD Division for first generation freshmen, the I Am First LEAD Division. This partnership will continue and students will receive housing scholarships beginning Fall 2017.

Added a Global Intercultural leadership-based course as a requirement for leadership certification.

Added the Multicultural Center as a partner for Leadership Week (the first full week of February) and supported NSLDC as a pre-Leadership Week event and Diversity Dialogues and the Diversity Lecture Series as Leadership Week events.

Raised \$15,000 in scholarship funds for use by any LEAD student.



Success Story

"Many want to make a difference in the world, but they don't know how. The Center for the Advancement of Leadership at UVU makes it possible to channel this desire in a practical way that sets students up for future success. As a division representative for the CAL LEAD Division, I serve students with unique dreams and diverse career interests. However, in our diversity we have found unity ... Our differences give us unique insights and perspective as we work together. Having an experienced mentor and team to help me along the way aids networking and making connections so that we can influence others in a positive way. CAL helps me and many others to make a real difference in the world."

– Katie Fietkau

Success Story

Brett Gonzalez (pictured below) was hired as an office assistant during the summer of 2015 for the department of Student Leadership and Involvement. As he completed his assignments and provided service to incoming traffic, he quickly became very knowledgeable about clubs and the needs of those students. This experience increased his interest in getting involved on campus. While attending Club Rush during the fall semester, he joined the Family Studies Club. The Family Studies Club was so impressed with Brett, a leadership position was created for him. After being involved with the Family Studies Club for a year, Brett was appointed to UVUSA Student Council as a club ambassador. His knowledge of clubs continued to grow as he built relationships with the specific clubs he oversaw, which eventually led to his running for and being elected as the UVUSA vice president of Clubs. Brett's involvement continues to complement the lessons learned in the classroom, as he applies his knowledge of the subject content along with his developing leadership abilities.



Program Highlight

The Clubs program has seen a steady rate of growth over the last five years in the number of clubs being chartered, which has resulted in more students getting involved and an increase in club programming across campus. This increased involvement in the Clubs program is something that is strived for, but has also generated a need for more staff support. Through a PBA request this past year, additional full-time staff support was added to the program to help facilitate the growth. This advancement has improved the program and helped more students do more of what they love.

160

Number of Clubs

1,781

Number of Club Sponsored Events, Meetings, & Activities

54

Number of Club Presidents Graduated

3.39

Average Cumulative GPA





Success Story

"At one of my REC events I was able to meet Natalia and Loita, and they are fantastic! All three of us are from out of state and we were able to talk about our families back home and how we ended up in Utah. I was able to give them tips on how I have managed living so far away from my family and friends. They talked about how our events are what has helped them meet all of their friends this year and without them they probably would have moved home. We also talked about concerns we had with finals and school and I was able to tell them about the math lab and how they can use it to help them."

– Tia Nero, REC 2016-2017



"At my last event I met Nick, who is preparing for law school. We talked a lot about how school is going for him and ways to reduce his stress. We bonded over our favorite authors and books we have read. It opened an opportunity where I was able to tell him about the Wellness Programs and Student Health Services and how they might be good for him in reducing his stress. It's important to get to know people so that we can make connections with them as well as connect them with resources that will help them succeed."

– Krista Bice, REC 2016-2017



8

Number of Participating Complexes

17

Residential Engagement Coordinators
(REC)

111

Number of Events

9,663

Total Number of Student Attendees
at Our Events

3.45

REC Cumulative GPA

INTRAMURALS

www.uvu.edu/intramurals

35,493

Intramural Participants

6,509

Unique Intramural
Participants

115

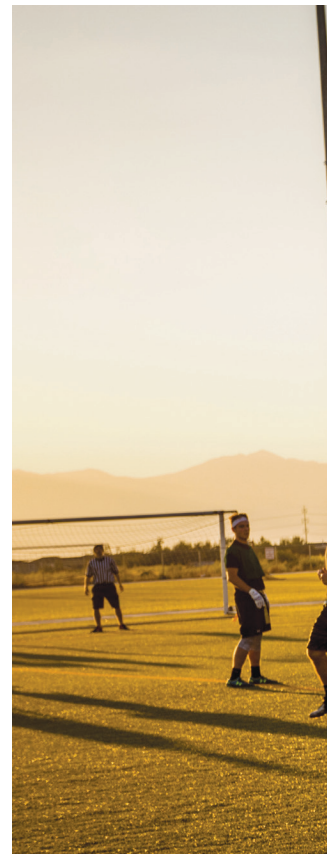
Events/Activities

Program Highlight

"The Intramural Office Mission Statement states the Intramural Office's dedication to helping individuals 'in finding their own niche on campus.' Working for Intramurals for the past three years has truly helped me to find my niche and my place at UVU. Not only has working for Intramurals provided me with a place to feel at home on campus though the various activities that I have participated in, but has also been a great opportunity for personal and professional development. Trainings were given to help me and other employees to learn and improve. Eventually I was able to help train some of the newer employees, doing so helped me to become a more effective employee and a better professional. Through my work with Intramurals I was also able to network and get to know individuals that essentially led me to find post-graduate employment and start me on my own professional career path. In the end, my employment with the Intramurals Office has had a great influence on who I am, where I am now, and where I plan to go in the future." *—Tory Buehler*

Success Story

"The impact of intramural programming at UVU doesn't end after game time. Before I worked with Intramurals, the only time I spent on campus was class time. I hadn't engaged in student life opportunities on campus. My employment with Intramurals changed that. This was the first job I had that honestly put my education first. I was offered the opportunity to create digital and print materials that I have since been able to include in my portfolio. This type of engaged learning and campus engagement was unprecedented in my experience ... My employment with Intramurals was critical to my success at UVU and to my positive opinion of how UVU helps students succeed beyond formal education." *— Ruth Kindt*







OUTDOOR ADVENTURE CENTER

11

www.uvu.edu/oac



87

Events/Activities

3,565

Participants

11,397

Engaged Hours

Success Story

"After I tell people that I'm from Peru, people usually ask what the difference is between my country and Utah. My answer is always about the lifestyle. Lima is a city with 10 million people, so I was really bored with the city life and night life when I arrived in Utah Valley. Nevertheless, I changed my hobbies to outdoor adventure, and this happened because of the UVU OAC. In the last two years, I have participated with the OAC in hiking, camping, canyoneering, rappelling, kayaking, paddle boarding, mountain biking, rock climbing, snowshoeing, cross-country skiing, snowboarding, and downhill skiing activities. Many of them were my first time doing those kinds of activities that mark my life and, literally, my body, and I started loving some of those sports. However, I not only learned outdoor sports, I learned that life is like skiing or mountain biking—I need to see forward with my decisions to avoid rough roads and falling. I also learned that everyone falls, and falls are part of the learning. UVU OAC helped me meet new friends, adapt to a new culture, and to love Utah. Now, I love to go outside and even do some new adventures by myself."

— Nicolay Garcia



RODEO

www.uvu.edu/rodeo

11

Rodeos

7

CNFR Qualifiers

6

Women

9

Men

Success Story

"Rodeo was always an individual sport, but after high school that all changed. When I started to college rodeo I realized that I wasn't alone any more. I had teammates and a coach, something that I had never had before. It was a different environment and I loved getting to share success with the other people on my team. Through the team I have made friendships that will last a lifetime and met people that have changed my life. Being a part of the Utah Valley University Rodeo Team has been one of the greatest blessings in my life. Not only have I learned so much from the people I have been around but it has also given me the opportunity to get an education and that is something that I will always be grateful for."

– Shaylee Thacker

Program Highlights

The purpose of the UVU Rodeo program is to provide an opportunity for students who are interested in rodeo to receive an education. Rodeo is a unique sport because athletes can rodeo on an amateur level. However, at 18 years old athletes can begin to compete professionally. The love of rodeo is a deep and driving force that consumes every thought of these athletes. Most of these athletes would not continue their education after high school. The UVU Rodeo program values education and it is the number one priority for the students. The athletes are not penalized if they have to miss a practice to study for a test or complete their homework. The program also gives an opportunity for athletes to compete at a collegiate level.

UVU's Rodeo Team is competitive, comprised of students who are athletes that reach their full potential both in rodeo and in their academic success. Moving forward, UVU is proud of the program that has been built to further the student athletes' success.





SORENSEN STUDENT CENTER

5,446

UVU Events Hosted

657,951

Estimated Total Attendance

\$83,928.61

Post Office Total Sales

10,759

Campus Connection – UVU IDs Created

10,981

UTA Bus Passes Sold

\$172,887.55

Total Event Tickets Sold

2,297 lbs

Recycling – Aluminum Collected

207,500 lbs

Paper Collected

67,818 lbs

Cardboard Collected



SPirit SQUAD

www.uvu.edu/spiritsquad

15



63

Student Leaders

3.21

Average Cumulative GPA

200

Appearances and Performances

Program Highlights

The UVU Cheer Team competed at the NCA Collegiate Championship and placed fifth in the Division I small coed division.

The UVU Dance Team competed in the inaugural Dance Team Union College Classic. The team placed first in the Division I jazz and hip-hop competition. In addition, the team was awarded the championship title in the open dance battle against teams such as San Diego State University, Brigham Young University, Midland University, and Trinity Valley Community College.



STUDENT CONDUCT CONFLICT RESOLUTION

www.uvu.edu/studentconduct

Cheating Plagiarism Fabrication

Most Frequently Reported Academic Misconduct

Grade reduction

Most Common Sanction for Academic Misconduct

UVU classrooms Fulton Library

Most Frequent Locations Student Behavior Concerns Take Place

1. Academic misconduct
2. Disruption
3. Sexual misconduct

Top Student Code Violations

Probation

Most Common Sanction for Non-Academic Misconduct

740

Ombuds Mediation Visits

Faculty/Student conflicts Grade disputes

Top Conflicts Seen by Ombuds

Program Highlights

The Office of Student Conduct and Conflict Resolution is committed to helping students grow from their mistakes and to become more resilient. We strive to educate students and provide them life-long conflict resolution and critical thinking skills. One of our biggest highlights is seeing tangible change in students and their ability to bounce back after having personal difficulties or going through the disciplinary process. The greatest example of this from the 2016-2017 school year comes from a student who was referred to student conduct for an alcohol violation. They disclosed to us that they struggled with alcohol addiction that was impeding their ability to focus on school and often led to angry outbursts on campus. They felt like they were totally alone. But they were willing to take accountability for their actions and make things right. We devised a sanction (discipline) plan that looked much more like an intervention/support plan. They started to utilize on- and off- campus resources, even after the conduct and conflict resolution process. After engaging in this process they feel like they got a second chance, that they belong at UVU, that they have something to offer others, and for the first time in many years they are looking forward to graduation in 2018.



Talatou Abdoulaye, Ombudsman

STUDENT GOVERNMENT

17

www.uvu.edu/uvusa

Success Story

Because of his experience and skills gained through his involvement in PRSSA, (the UVU public relations club), R. George Banner was appointed as the 2016-2017 UVUSA Student Council Public Relations Chair. He brought passion and personality to the position, particularly in expanding the social media reach and the way events and initiatives were publicized and covered. Upon graduating in the spring of 2017, Banner was hired to work at Dowdle Folk Art, specifically managing their social media. Banner has already started traveling the world with Dowdle covering his work over social media platforms (in a similar format to what Banner did for UVU students through his student government position). Banner attributes his hiring with Dowdle Folk Art to the experience he gained by being a member of Student Council, where he not only had a unique PR opportunity but was given the experience of planning and implementing his ideas from start to finish.



90

Events Sponsored

34,119

Participants

28

Student Council Members

10,102

Engagement Hours Served

3.43

Average Cumulative GPA of
Student Council Members

5

Number of Student Council
Members Graduated

Program Highlight

As the transition for this year took place, it was apparent there was a wide variety of diverse students with different levels of experience wanting to be involved. Ten council members, including one Executive Council member, started their UVUSA involvement as volunteers, either with the Activities Committee, Elections Committee, or as Department Representatives for the Academic Senate. Six students who served on the outgoing council were appointed to positions on the new council and 13 of the new officers – both elected and appointed – were put into student leadership positions in their undergraduate careers for the first time. Whether elected or appointed, with or without prior UVUSA experience, we see this diverse composition as a direct reflection of the student leaders working diligently to create an inclusive environment in the student representation provided through student government, and a diligent effort to spread the word about opportunities for engagement.



STUDENT HEALTH SERVICES

www.uvu.edu/studenthealth

6,454

Students Seen by Medical Services

49

Emergencies Seen in Clinic
by Medical Services

5,525

Students Seen by
Psychological Services

4 weeks

Average Wait Time

293

Students Seen in Crisis

97

Crisis Interaction Hours

92

Crisis Outreach Hours

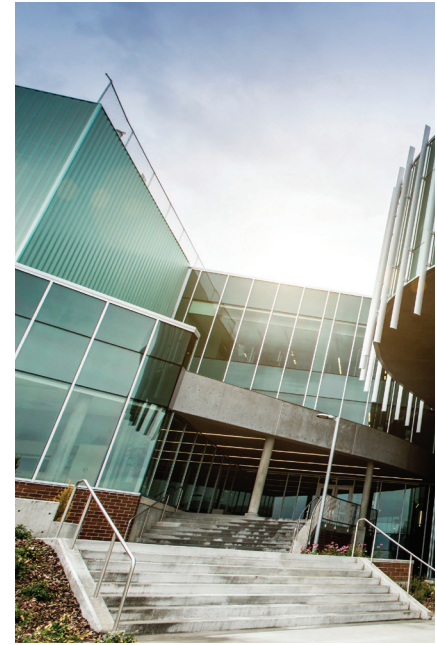
58

QPR Suicide Prevention Trainings

Program Highlight

SHS Learning Disability Assessment is a great service for UVU students. In the last year, we have seen 47 students (564 hours) for learning disability testing, 60 students (300 hours) for ADHD testing, and 80 students for academic support consultation. We have grown from one full-time staff member to three additional externs, cutting the wait time for learning disability testing from 10 months to four months. We've created manuals to assist with the interpretation of personality measures, cognitive ability tests, and achievement tests, and now offer autism testing for our students.

Also, in September, Crisis Services hosted a Suicide Prevention Symposium on campus. The response was tremendous, as we had more than 300 participants from the campus and the community in attendance. Due to the turnout and demand, we plan to expand to a full conference in October 2017.





Success Story

In July of 2016 students from *The UVU Review* attended the College Media workshops held at the University of Minnesota in Minneapolis. Just days before the workshops started St. Paul police had shot and killed Philando Castile, sparking numerous protests throughout the state. UVU reporter Kim Bojorquez came to the Twin Cities eager to cover the protests for *The Review*. She had heard on Twitter that there was a large protest presence outside the governor's mansion in St. Paul. She brought Review photo editor Julie Ostler to the scene and together they spoke with numerous protesters for over two hours. "What does it feel like right now in your city?" Kim asked of the people she met. Eventually she turned her reporting into a front-page story for *The Review* and she credits this experience as a transformative moment in her education as a journalist.



131,000

Website Pageviews

82

Student Contributors

562

Number of Articles in Print

Number of Posts to uvureview.com:

620

2016-2017

648

2015-2016

533

2014-2015

\$32,832.19

Ad Sales

Program Highlight

Student Media activities at UVU revolve around *The UVU Review*, UVU's student newspaper. Any student is welcome to work for the newspaper. *The UVU Review* is always looking for writers, designers, and photographers who want hands-on news experience. The newspaper provides experience in several areas of print and online media. All majors are welcome, especially communication-journalism majors who will find media activities an exceptional addition to their resumes.

STUDENT INVOLVEMENT

www.uvu.edu/studentinvolvement

17

Number of Action Learning Expeditions

214

Number of Student Participants

37

Number of Professional Partnerships

31

Number of Faculty Fellows

580

Numbers of Engaged ZONE Activities

33,561

Number of Engaged ZONE Participants

3.5

Cumulative GPA of Student Leaders



Success Story

"I was accepted into Aberystwyth University in Wales to study in their Master of Modern History program. I start at the end of September. Thank you again for providing me with the opportunity to work in the ZONE for two years. I miss pancakes and water coloring every week. That experience provided me with many skills that I believe will help me succeed in my master's program."

— Jordan Thomas, ZONE manager



STUDENT LIFE and WELLNESS CENTER

www.uvu.edu/campusrec/slwc/

26,836

SLWC Memberships

783

Events and Activities

21,633

Bowling Customers



Success Story

"Working at the Student Life and Wellness Center has helped me be a better balanced individual. I have grown in the area of time management, networking with fellow classmates, and applying learned principles. However, the biggest impact has been on my overall health. I have been influenced to achieve and maintain better health habits that have positively affected multiple areas of my life. I feel better prepared to enter the workplace post-graduation." – Lindsey Schexselaar



Success Story

"I had a unique experience while I implemented my booth for the Fall 2016 Health Fair. I chose to do my booth on happiness. I've always loved the topic of happiness and how it is our choice to be happy. It was neat to talk about this subject with people. I had a lot of compliments on how the booth looked, what was discussed at the booth, and the idea in general. Perhaps my favorite part about it was realizing how often we forget to include happiness in health. People realized that happiness and health go hand in hand. I had handouts on depression and a lot of those were taken by the end of the day. It is a subject that people sometimes don't like talking about because it's actually a lot more serious than we think. People took fliers and brochures for their friends in need, and it was really neat. I hope that my efforts influenced at least a few." – Heather Rowley

VOLUNTEER & SERVICE-LEARNING

23

www.uvu.edu/volunteer

Success Story

Social Work major Sabrina Wayment is always up for an adventure. She was looking for an international service experience for the summer of 2015 and signed up to go on an Alternative Break to Nicaragua. She quickly became a favorite among the local school children and other trip participants.

As soon as Sabrina got back she was eager to stay involved in the Volunteer & Service-Learning Center. She was soon a student leader to help plan a domestic Alternative Break trip. She was co-leader for the trip to Portland,

Oregon, which focused on the issues of hunger and homelessness. The Portland trip was extremely successful, completing more than 350 hours of service at five different locations.

The Service Council advisors quickly saw that Sabrina had a knack for recruiting volunteers and encouraged her to serve as the Vice President of Recruitment. Sabrina has successfully recruited hundreds of students to participate as volunteers and will continue in that position during her senior year at UVU.

11,501

Participants

204

Events/Activities

90

Partnerships

\$4,170,508

Value of Service Hours

171,838

Volunteer & Service-Learning Hours

3.62

Average GPA of Student Leaders

52

Student Leaders



Program Highlights

During the 2016-2017 academic year, the Volunteer & Service-Learning Center introduced two new additions to our Alternative Breaks Program. First, we partnered with the Office of First Year Experience to fund first-generation scholarships. Forty-three percent of our trip participants to the Redwood Forest, Portland, Oregon, and Nicaragua were first-generation students.

The second addition was a weekend Alternative Break during fall semester. Focusing on the refugee experience in Salt Lake City, students served with Boys and Girls Club of Salt Lake and International Rescue Committee. With the IRC, students participated in the East African Refugee Goat Project of Utah with the goal of fostering new economic opportunity for empowerment projects chosen by the refugee communities.

To find out about upcoming Alternative Breaks, check out www.uvu.edu/volunteer/programs.



WASATCH CAMPUS STUDENT LIFE

www.uvu.edu/wasatch

Success Story

Kennedy Dalsing was just out of high school when she applied to be a student representative at the Wasatch Campus. She heard about the program because her older sister and brother were involved in the program in the past. When she initially started, Kennedy was very quiet at first, she kept her head down, and hardly spoke. It took a lot of courage for her to even walk into

the first meeting, as others were more outgoing. As time passed, the other student leaders rallied around Kennedy and encouraged her to use her artistic talent making hand-drawn posters marketing their events. By the end of the year, Kennedy's confidence was through the roof! She felt comfortable talking to people, she felt valued, and everyone learned she has an incredible

laugh. She said she is grateful for the opportunity to be outside of her comfort zone and is now participating in a service expedition where she is expected to meet and speak to strangers regularly.



19

Events Sponsored

1,179

Participants

6

Wasatch Campus Student Life Representatives

3.22

Average GPA of Student Representatives

1,472

Engagement Hours Served



Program Highlight

Past student reps have had success in doing large-scale events for non-traditional students but have struggled in reaching the traditional student population at the Wasatch Campus. With a goal in mind of increasing the involvement of the traditional-aged students with the hopes of helping them continue in their education, the student reps planned and implemented "Light Up The Night, featuring Josh Vietti." This event

featured a hip-hop violinist, a laser tag course, and a glow-in-the-dark room for splatter paint shirts. The event was successful in accomplishing the goal of a traditional student attendance but they also had non-traditional student attendance. Planning is now shifting to bring both populations together to provide unique programming for all students.



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