

STUDENT LIFE ANNUAL REPORT

2017–2018



UVU

REM CITY
LEV 4552



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EXECUTIVE SUMMARY

uvu.edu/studentlife
@uvustudentlife

It is an honor to work each day with the dedicated 380-plus Student Life staff and student employees who assist in providing intellectual, physical, emotional, social, and civic experiences for our students at UVU. They work tirelessly, and are passionate about helping every UVU student succeed. We have had many highlights during the 2017-2018 academic year, and this report will give voice to those highlights and the success stories. I want to take this opportunity to share a few highlights from my perspective:

- Revised Policy 161: Free Speech, and implemented guidelines and protocols to cultivate and support free speech on the UVU campus.
- Created and facilitated the ongoing Interfaith, Interreligious, and Worldview Foundations of Inclusion workshop series (at different levels) for all staff and faculty.
- Secured funding for a trauma-informed crisis therapist/victim's navigator housed in Student Health Services.
- Implemented centralized campus scheduling and events coordination through the Sorensen Student Center.

The 2017-2018 Student Life Annual Report provides a glimpse into the work of Student Life at UVU. Please take a few moments to learn more about the Student Life departments and the impact they are having on our students, faculty, and community.

Sincerely,



Alexis Palmer
Dean of Students/Associate Vice President of Student Life



CENTER FOR THE ADVANCEMENT OF LEADERSHIP

uvu.edu/leadershipcenter
@cal_uvu

1,008

Number
of student
participants

14,200

Number
of service/
engagement
hours

3.5

Average
cumulative GPA

193

Number of
scholarships
awarded

35

Number
of student
participants who
graduated



Program Highlights

- Finalist in the Wolverine Achievement Awards for department of the year.
- LEAD Program is ranked third in the world for custom content programming with emphasis on leadership, and seventh in the world for certificate program with emphasis on leadership.
- Started LEAD Program cohorts with UVU's aviation program and Women's Success Center to empower individuals through leadership development.
- Hosted UVU's Leadership Week, LeadHERship Conference, High School Leadership Conference, and Fall LEAD Orientation.
- The FORE CAL Golf Tournament raised more than \$45,000 in scholarships for LEAD Program participants over the past five years.

Student Success Story

"Joining the CAL leadership program has truly been one of the best decisions I've ever made. I love being involved and learning how to improve as an individual. Throughout college, CAL has helped me to do both. I'm confident that the tools and skills I've learned through my experiences with CAL and the community will propel me into a successful future."

– McCall Madsen, pre-nursing major

CENTER FOR SOCIAL IMPACT

uvu.edu/socialimpact
@uvusocialimpact

12,371

Number
of student
participants

180,722

Number of
service hours

3.41

Average
cumulative GPA

8

Number of
scholarships
awarded

7

Number of
students who
graduated
(16 percent of
Service Council)

228

Number of
events

Program Highlights

- New partnerships formed between the Alternative Breaks Program, The Inn Between, and Grand Canyon National Park.
- Worked closely with Student Health Services during UVolunteer Week, as well as for personal development trainings.
- Xcel Mentoring highlighted and collaborated with UVU clubs to provide activities for youth on the autism spectrum.

Student Success Story

"I never really felt like I was actually a UVU student, just a night school student. Once I got involved with Alternative Breaks, I finally felt like I was part of the school. I finally had UVU pride. I've learned that there is more to college than simply getting a degree. There is a whole other education beyond the books that you can learn by being a part of something bigger than you are. I've learned so much with the Center for Social Impact that I would not have by simply showing up to class."

– Raul Gonzalez, digital marketing major





CLUBS

uvu.edu/clubs
@uvuclubs

160

Number of
clubs*

3.48

Average
cumulative
GPA of club
presidents

26

Number of club
presidents who
graduated in
2018

1,428

Number of
club-sponsored
events,
meetings, and
activities held
on campus

*Note: 2017-2018 was the first year that the Clubs Office did not include sports clubs in the totals due to the restructure within Campus Recreation.



Program Highlights

- Partnered with and/or received sponsorships from more than 30 community organizations.
- Club ambassadors provided 104 training sessions to club leaders.

HOUSING AND RESIDENCE LIFE

uvu.edu/housing
@uvuhousing

9

Number of
participating
complexes

18

Number of
residential
engagement
coordinators
(REC) student
leaders

3.46

Average
cumulative GPA
of REC

3

Number of REC
participants
who graduated
in 2018

122

Number of
events hosted
by the REC
program

8,897

Total number
of student
attendees at
events

Program Highlights

- Created and implemented the “fridge flier,” which tripled the number of UVU events promoted through Housing and Residence Life.
- The REC program promoted more than 100 UVU student life, academic, and athletic events.
- Increased the number of participating complexes, as well as the number of students in the program.

Student Success Story

“When I first moved in, I met a guy named Britton. We’re both pre-dental, but I’m at the end of my schooling. I talked to him a little bit about what I’ve done to prepare myself for dental school and the application process. I also told him about UVU’s pre-dental club, the tutoring lab, and the advisers on campus that help pre-dental majors. It was good to connect with him on a personal level and be able to help him out with resources.”

– Carter Maughn, exercise science major



INTRAMURALS

uvu.edu/intramurals
@uvuintramurals



32,557

Total
participants
(with 3,284
unique
participants)

483

Number of
games, events,
and activities

25

Number of
intramural
sports offered

Program Highlights

- Softball and floorball were added as new intramural programs based on student interest.
- Intramural Assistant Coordinator Alex Gebers was selected to be one of 10 professional staff at UCLA's Regional Flag Football Tournament.

Student Success Story

"I love being active and playing sports, so being involved in intramurals is a really great outlet for me. One of the best things about this organization is that it's open to anyone and everyone. Individuals from all walks of life can be involved, whether you are good at sports or not!"

– Kayla Reynolds, communication major

OFFICE OF ACCESSIBILITY SERVICES

uvu.edu/accessibility-services
@uvuoas

2,300

Number
of student
participants

14

Number of
scholarships
awarded

313

Number
of student
participants who
graduated

Program Highlights

- Five students from the Office of Accessibility Services were honored to graduate with a master's degree this past year.
- Accessibility Services received the 2018 Champion of Inclusion Department Award.
- The first UVU High School Transition Fair for students with disabilities occurred this past spring.
- In seeing a need for better communication among agencies working with transitioning students with disabilities, the Utah County Transition Action Team (UCTAT) was founded.
- Increased service and collaboration with on- and off-campus committees and organizations, such as UVU's ADHD conference, autism conference, the ARUC "Uplifting Celebration," PIC meeting, and high school fairs and parent night presentations.

Student Success Stories

"My family never expected me to go to college, and now I am the furthest in my schooling. I was always behind and trying to catch up and follow everyone else. Now I am setting the path for my family."

– Jose Maciel, exercise science major

"The Accessibility Office is fantastic! They offer great support in a compassionate environment that makes learning accessible and easier to find success. Because of their help, I'm 16 credits away from becoming a certified substance use disorder counselor."

– Riley Thorpe, behavioral science major



OUTDOOR ADVENTURE CENTER

uvu.edu/oac
@uvuoac

3,724

Number of
registered
student
participants

17,654

Number of
engagement
hours

3.0

Average
cumulative GPA
for scholarship
students

8

Number of
scholarships
awarded (4 per
semester)

6

Number of
student trip
leaders and
scholarship
recipients who
graduated

101

Number of
events

Program Highlights

- Formed new partnerships with Utah Valley Health and Wellness magazine, The Women's Resource Center (UVU Women's Success Center), UVU LGBTQ Club, Goldilocks Road Ride, Red Bull, and KIND Bars.
- Started the following programs to increase attendance at the UVU Project Climbing Wall and create an environment that is safe for all students (particularly new climbers who may feel uncomfortable): Women's Climbing Night, Start a Belay-tionship, Climbing 101.
- Started Red Bull athlete presentations to educate students on how pro athletes, specifically mountain bikers, train and fuel their bodies for high-level competition.

Student Success Story

"I realized late in my college career that you get from your college experience what you put in. Being involved with the Outdoor Adventure Program has made all the difference for me. I now feel like a part of the community, and it has helped me develop pride for UVU. The OAC is a way for students to get out of their comfort zones, meet new people, learn new skills and positive habits, and really make UVU their own."

– T. Kimber Fortin, communication major





RECREATIONAL SPORTS CLUBS

uvu.edu/recsports
@uvuintramurals



448

Number of student participants

127

Number of events and games

14

Number of club sports offered

Program Highlights

- Based on student interest, added women's soccer and women's ice hockey as new club sports.
- Selected by NIRSA to host the 2017 Region 6 Soccer Tournament. Eight club soccer teams from across the West competed, with around 1,000 spectators in attendance.
- Hosted the championship tournament for the Rocky Mountain Lacrosse Conference, with around 1,000 spectators (both in person and streaming online).

Student Success Story

"This past season I had the privilege of being the president of the Women's Lacrosse Club. Before taking on that role, I didn't really associate myself with UVU and I had no idea about most of the tools that UVU has to offer. Club sports and my position as president, in particular, forced me to reach out to other departments to coordinate with them. The leadership skills, time management tools, and core principles I developed while serving my team have helped me progress toward graduation."

– Sariah Nock, nursing major

REFLECTION CENTER

uvu.edu/studentlife/reflectioncenter
@interfaithuvu

194

Number of
events hosted

122

People trained
at level 1
Interreligious
Foundations
of Inclusion
Workshop

13

People trained
at level 2 and
3 Interreligious
Foundations
of Inclusion
Workshop

Program Highlights

- Participated in collaborations with the Foundations of Inclusion Workshop Series, Philanthropy Club, Multicultural Diversity Dialogues, Peace & Justice Club, and Intervarsity Campus Bible Fellowship.
- Hosted an Interfaith Leadership Lab service project in coordination with local charity organization My Story Matters.
- Attended the United Nations for World Interfaith Conference in New York, New York, and the IFYC Trainers Bureau & Germanacos Fellowship Conference in Chicago, Illinois.
- Created two new programs: Coffee, Cocoa, and Convo, which is a book club focusing on interfaith interactions, and #BetterTogetherToday, which addresses biases in and around the UVU community.

Student Success Story

"We have had many great events in my time here, but I find that what stands out to me the most are the many occasions in which I've gotten to sit and chat with the various visitors in the Convening room. Often times people from very different ages and backgrounds have come in and told me their life story. While these folks have different points of view from me, I find what they have to say to be very enlightening, and I ask myself, 'How does this relate to what I believe in?' Many times I have found that they actually enhance my own beliefs and perspectives. The Reflection Center has become like a home on campus for me, and, because of that, I am very excited to welcome more people into this environment all the time."

– Cullen Watkins, art and design major



RODEO

uvu.edu/rodeo
@uvu_rodeo

19

Number
of student
participants

12

Number
of service/
engagement
hours

3.33

Average
cumulative GPA

28

Number of
scholarships
awarded (14 per
semester)

2

Number
of student
participants who
graduated

10

Number of
regional rodeos
in which UVU
competed (plus
the College
National Finals
Rodeo)



Program Highlights

- Completed the season with nine athletes qualifying for the College National Finals Rodeo (CNFR).
- The women's team ended the season first in the region and 11th in the nation.
- The men's team ended the season second in the region.

Student Success Story

"When classes got hard and stress was high, the rodeo team was a place for me to find motivation and support. The UVU Rodeo Team has provided me with so many great opportunities, such as attending the CNFR three times, meeting influential people from around the world, getting an exceptional education, and making great friends that will last a lifetime."

– Shawnee Sagers, communication major



SORENSEN STUDENT CENTER

uvu.edu/studentcenter
@uvucc

9,692

UVU events
hosted

726,871

Estimated total
attendance

\$74,672

Post office total
sales

15,077

UVU IDs created
at Campus
Connection

5,506

UTA bus passes
sold

\$221,080

Total in event
tickets sold

157,000

Pounds of paper
collected for
recycling

75,000

Pounds of
cardboard
collected for
recycling

Program Highlights

- Received the UTA Award of Excellence and the Contract Postal Unit - ARMCUMS Presidential Award.
- Event Services started a monthly collaboration meeting with various campus service providers to discuss upcoming campus events.



SPIRIT SQUAD

uvu.edu/spiritsquad

@uvucheer, @uvudanceteam, @uvugmg

62

Number of
student leaders

3.04

Average
cumulative GPA

5

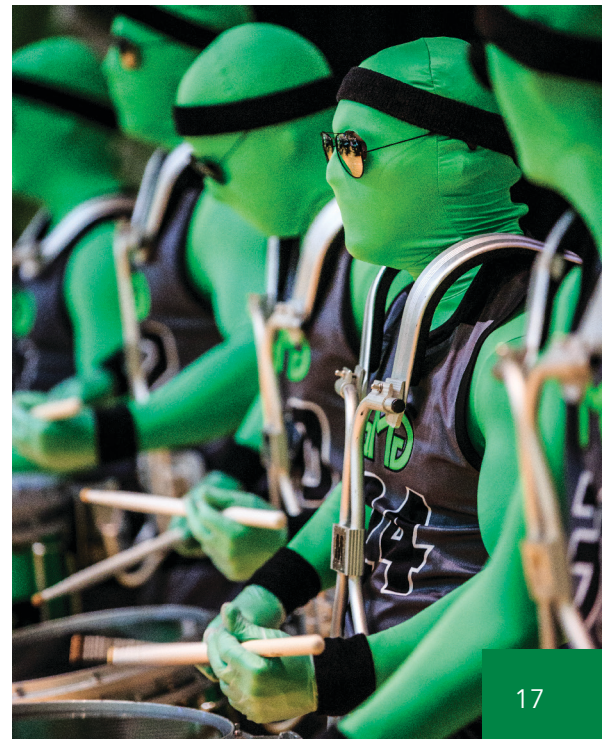
Number of
student leaders
who graduated
in 2018

Program Highlights

- UVU Cheer Team competed at the NCAA Collegiate Championship and placed second in the Division-I Small Coed Division.
- UVU Dance Team competed in the Dance Team Union College Classic. The team placed first in Division I jazz and second in hip-hop. They also won the championship title in the Open Dance Battle.

Student Success Story

As a transfer student from UNLV, David Martinez (music education major, emphasis in instrumental) was struggling with academics and finding a place of belonging. After joining the Green Man Group, David excelled in academics and as a drummer. He is not just contributing to the program, but he has become an ambassador of UVU at the highest levels of the marching percussion community in the entire state.



STUDENT CONDUCT AND CONFLICT RESOLUTION/OMBUDS

uvu.edu/studentconduct
uvu.edu/ombuds

1,077
Ombudsman
mediation visits

76
Conflict
resolution
presentations

**GRADE
DISPUTES,
PERSONAL
DISPUTES**
Top conflicts
seen by
ombudsman

CHEATING
Top student
code violation

**GRADE
REDUCTION**
Most common
sanction for
academic
misconduct

Program Highlights

- Attended the International Ombudsman Association training in Los Angeles in January 2018.
- Attended the European Forum for Restorative Justice in Albania in June 2018.

Student Success Story

"Recently a parent of a student contacted the Office of Student Conduct to thank us for assisting their student during a trying time. They explained that the experience helped the student take responsibility for his actions in this particular situation and in other areas of life. What could have been a negative experience was life changing, and proved to be a positive growth experience for their student. The student has become independent and more responsible in daily life. They also said the ongoing support and open-door policy of the Ombuds Office has helped their student feel that he is less alone, and that he has some place to go to talk about decisions and concerns."

— Anonymous



STUDENT GOVERNMENT

uvu.edu/uvusa
@uvustudents

163

Number
of student
government
members

10,117

Number
of service/
engagement
hours rendered
by council
members

33

Number of
student council
members who
graduated in
2018

1,047

Number of
events



Program Highlights

- Started the Club Representative Program to help the UVUSA club ambassadors oversee the 150+ clubs on campus.
- Assisted the UVU Mentor Program with their SLAM conferences. These conferences allowed students to refine their presentation skills, learn from professionals about leadership principles, and understand how to plan a conference.
- Attended the NACA Student Leadership Conference at Walt Disney World Resort in Orlando, Florida.

Student Success Story

"Student government gives students the chance to be involved in the education process at a higher level. Students in UVUSA have the chance to reach out to the students at large, and this engages them in many different aspects of their education. The relationships gained with faculty and staff help students connect to UVU in great ways."

– Taylor Bell, political science major

STUDENT HEALTH SERVICES

uvu.edu/studenthealth
@uvuhealthservices

6,751

Medical visits
provided to
UVU students

6

Emergencies
seen in clinic by
medical services

5,914

Therapy visits
provided to
UVU students

236

Students seen
in crisis

69

Crisis interaction
hours

91

Crisis outreach
hours

69

QPR suicide
prevention
trainings

683

Total attending
group therapy

Program Highlights

- The annual Suicide Prevention Conference had 391 attendees from campus and the community.
- The group therapy program was so well received by students that additional groups were added to keep up with the demand.
- Specific therapy now includes: ongoing general processing groups, a women's group, an anxiety and depression management group, and (in collaboration with wellness programs) a stress management group.
- The Preventative Outreach Program (POP) includes a series of prevention-based presentations facilitated by mental health therapists that are available to the UVU community.
- The therapy training program for doctoral psychology internships received accreditation by the American Psychological Association.

Student Success Story

"Medical Services is most likely the reason I made it through this last year of school! I unexpectedly had several health issues come up this last semester, along with my ongoing issue of ADHD, and they patiently and successfully treated all my health issues. They are genuine in their concern for patients, and truly want us to be healthy and happy so we can succeed in school and other endeavors."

— Anonymous





STUDENT INVOLVEMENT

uvu.edu/actionlearning
@uvuactionlearning

22

Number of student leaders

268

Number of ZONE activities

45,320

Number of student ZONE participants

11

Number of action-learning expeditions

138

Number of expedition participants

44

Number of professional partnerships

3.25

Average cumulative GPA of student leaders

2

Number of student leaders who graduated in 2018



Program Highlights

- During May 2018, the Office of Student Involvement collaborated with students and faculty from the Digital Media Department and faculty from Texas A&M to produce four 30-minute broadcasts detailing the life and creative genius of Leonardo da Vinci. Students also created a website where visitors could download educational materials about da Vinci. Each broadcast was formatted like a live newscast and filmed on location in Italy and France. You can see the broadcasts and educational materials at engagegeniusexcel.com.

Student Success Story

"I discovered the ZONE while coming back to campus to look into re-enrolling for school. I was immediately excited at the opportunity to use my mind in a way I don't normally get to, and engaging my hands in creating things. It captures my favorite things – learning, trying new things, engaging my mind in different ways, creating, and building a community."

– Anonymous



STUDENT LIFE AND WELLNESS CENTER

uvu.edu/campusrec/slwc
@uvucampusrec

33,298
SLWC
memberships

1,285
Events and
activities

34,112
Bowling
customers

Program Highlights

- Started two new programs: Lazyman Ironman Competition and Outdoor Yoga Series. These programs provide fun, healthy, holistic activities to promote physical activity and wellness among students, staff, and faculty.

Student Success Story

"The Student Life and Wellness Center is an incredible facility, and offers so many activities, allowing students to take a little break from studying. As for myself, having that little break to do what I love brings balance in my life, which helps me keep my motivation and my focus going."

– Tamatoa Ah Sha, exercise science major





STUDENT MEDIA

uvu.edu/studentmedia
@uvureview

85

Number of students who contributed to student media

3.35

Average cumulative GPA of UVU Review staff members

59

Number of scholarships awarded (26 for Fall 2017, 33 for Spring 2018)

1,200

Average weekly readership of the UVU Review

\$40,000

Advertising revenue for the UVU Review

Program Highlights

- Received three awards at the Midwinter National College Journalism Convention.
- Received the Sunshine Award from the Utah Chapter of the Society of Professional Journalists.
- Received six awards from the Society of Professional Journalists Region 9, which includes student news organizations from Utah, Wyoming, Colorado, and New Mexico.
- Hosted the annual High School Journalism Symposium, with more than 400 students from 16 Utah high schools in attendance.
- Hosted a panel discussion with reporters from the Pulitzer Prize-winning team of The Salt Lake Tribune.
- Two staff members were selected to present at the Associated Collegiate Press/College Media Advisers Midwinter National College Journalism Convention.

Student Success Story

"The UVU Review has pushed me to excel in my journalism classes at UVU. One of my favorite things about being a student is that I'm able to immediately apply what I learned in class to a story that I'm working on or a press release that I'm writing."

— Kimberly Bojorquez, communication major (emphasis in journalism)



WASATCH CAMPUS STUDENT LIFE

uvu.edu/wasatch
@uvuwasatch

5

Number of
Wasatch
Campus
Student Life
reps

882

Number of
engagement
hours

20

Number of
events hosted
by reps

1,515

Number
of event
participants

3.62

Average
cumulative GPA
of student reps

1

Number of
student reps
who graduated
in 2018



Program Highlights

- Hosted a variety of student events including: a paint night, bowling activity, fiesta night, and hypnotist show.
- Traditional activities targeted toward the community and nontraditional students, including the 5K race and holiday party, were well attended.

Student Success Story

"The small class sizes at the Wasatch Campus provide professional networking opportunities and allow for deep relationships to be formed. I gained a business partner from attending classes, and we're now partners in a successful construction clean-up company. Being involved in the student rep program has given me skills to help manage my new company, including learning about group dynamics and how to manage my team of employees."

— Spencer Wabel, entrepreneurship major

WELLNESS PROGRAMS

uvu.edu/wellness
@uvuwellness

12

Number of
student interns

6

Number of
scholarships
awarded

11

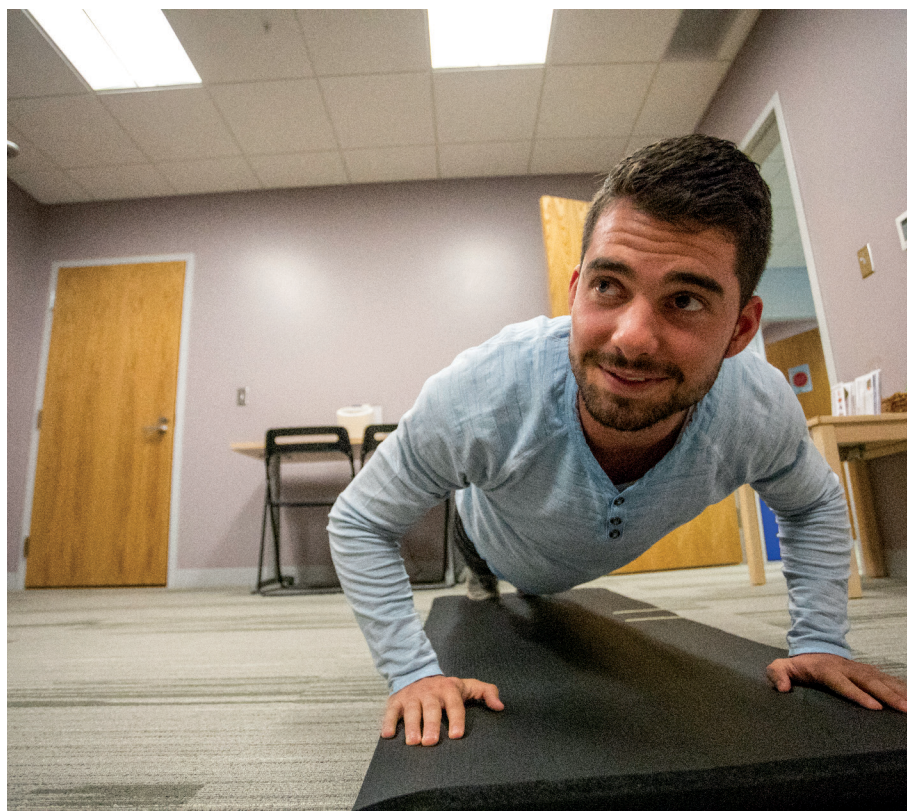
Number of
student interns
who graduated

26,008

Number of
participants
within wellness
programs

242

Number of
events



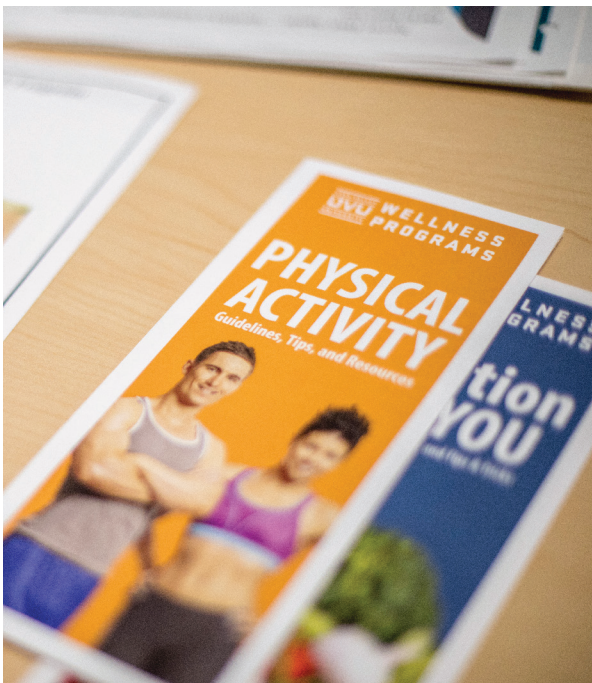
Program Highlights

- Awarded the 2018 Utah Worksite Wellness Award, two scholarships from the staff development fund, and two scholarships to attend the 2017 Utah Substance Abuse Conference.
- URSCA grant awarded to two wellness program students.
- Started mindfulness workshops on campus, led by mindfulness instructor Dallin Bruun.
- Two additional wellness programs internships were added due to the increase of participants at events and programs.
- Wellness programs had a 43 percent participant increase over the previous school year.

Student Success Story

"Being in the wellness programs set me up for success in so many ways, but most importantly, I learned how to take my strengths and weaknesses and do the best work I can. My responsibilities included creating health-based activities and teaching topics to students and faculty. I love being able to be out and among the students teaching what I love, in a fun and energetic atmosphere."

— Jessica Burns, community health major



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