



Summer University

Summer University 2012 Course Schedule

Pre-Conference Sessions Monday, May 14		
P301 The Time Imperative: Efficiency vs. Effectiveness	9 a.m. Noon	Joe Belnap
<p>Don't you wish you could make time stand still to get more done? Time is the only thing on this earth we can't get back, yet we get the same amount each day. So why do we always feel like we never have enough? Time Management is more about being than doing; its about how we use our time. The topics covered are: 1-Being Present 2-Goals & Activities 3-Calendarng & Scheduling 4-Staying Effective 5-Avoiding or Overcoming Barriers 6-Self-Betrayal & Self-Deception</p>		
P302 Helping Others Take Ownership Of and Learn From Their Mistakes: A Transformational Way of Giving Feedback	9 a.m. Noon	Darin R. Eckton
<p>Do you like to be told what to do or how to do it? Generally, most people like to use their own mind, skills and efforts to decide themselves. Yet how often, when we are in a position to give feedback (e.g. to children, grandchildren, parents, coworkers, students, etc.), do we violate this principle? What do you think would happen if you could lead people to take ownership of their own decisions? This workshop will provide you with a philosophy, the practical tools, and opportunities to practice them so you walk away knowing how to empower others to take ownership of their own decisions in a variety of settings (e.g. home, work, volunteer responsibilities, etc.).</p>		
P303 OUcampus (Web Content Management System): On the Rise	9 a.m. Noon	Ray Walker, Nathan Gerber
<p>Do you maintain your departments website? Are you the boss of someone who maintains your</p>		

department website? Are you curious about the interweb and all of the nifty things you can do with it? Come and see all of the new features, such as, slide shows, web forms, and quick polls, that OUCampus is now offering to help you do your job easier and more efficiently. We will discuss the ways in which OUCampus gives you the power to update your site like a true web nerd.

P304Campus Tour	9 a.m. 10 a.m.	Prospective Student Services
P305Campus Tour	10 a.m. 11 a.m.	Prospective Student Services
P306Campus Tour	11 a.m. Noon	Prospective Student Services
Conference SessionsTuesday, May 15		
A101Creating the Conditions for Lasting Motivation	8:30 a.m. 9:30 a.m.	Darin R. Eckton
Do you find it difficult to motivate others? Aside from extrinsic rewards, what really motivates people to act? In this workshop you will explore and discuss a research-based model that focuses on relationships and how to develop them in a way that motivates others to use their talents and interests to act in a way that benefits your organization (e.g. family, department, volunteer group, etc.).		
A102What Parents Need to Know About Facebook and Online Security	8:30 a.m. 9:30 a.m.	Jon Barclay, LeRoy Brown, Dave Nielsen
Facebook, Twitter, and YouTube are everywhere, but there are dangers to social networking. Learn how to protect you and your family, use social media, and maintain privacy.		
A103Mac OS X-The Basics for Mac Users	8:30 a.m. 9:30 a.m.	Mark Werner
If you have or plan to have a Mac computer anytime in the future, this class is for you!! You will learn the basics of the OS X and have the opportunity to ask your questions. The Goal of the class is to help you become more productive with your new Mac computer.		
A104Budgeting at UVU	8:30 a.m. 9:30 a.m.	Ellen Sweat, Linda Makin

<p>Want the inside scoop on how budgets work at UVU? Come learn some useful information such as, What is a budget?; Managing a budget; Introduction to a FOAP; Speaking the same budget language; Budgeting & Decision Making; How does PBA affect your budget?; How do legislative decisions impact UVU?</p>		
A105[Your Department Name] on the Rise!: Best Practices of Effective Departments-Using Assessment Software	8:30 a.m. 9:30 a.m.	Tim Stanley
<p>UVU is moving towards a comprehensive planning and assessment software. This presentation is a short introduction to how this software will help your department more effectively plan for the future, assess itself, fulfill external accountability requirements, and annual reporting.</p>		
A106Microsoft Outlook 2010Beyond Those Email Messages, Outlook and Enterprise Collaboration	8:30 a.m. 9:30 a.m.	Aaron Nielson
<p>Discover how you can leverage Outlooks built in collaboration tools and SharePoint integration to collaborate with fellow employees in your department or any department on campus. We will also dive into some of the more advanced features of Outlook. Topics will include: RSS Feeds The internet in your mailbox; Manage your mail and more with conditional formatting; Use Templates to save time; Take advantage of Outlook 2010s Social Connector. With the Outlook Social Connector, you can expand your social networks and stay up to date without leaving Outlook. Click on a contacts name to see email and attachments he or she has sent you, meetings you have attended together, and their activities in social networks. Connect to social networks such as UVUs SharePoint, Facebook, LinkedIn, MSN and other popular sites.</p>		
A107CPR/AED	8:30 a.m. 9:30 a.m.	Chris Lindquist and Staff
<p>How to work and AED and do CPR</p>		
A108A Spoonful of Schmoozing-Networking to the Ninth Degree	8:30 a.m. 9:30 a.m.	Leialoha Pakalani
<p>Want to learn how to up the ante on building relationships inside and outside of the UVU bubble? Need help learning how to transform a professional relationships performance? Learn how to do more than network connect, transform and open the doors to possibilities that empower you.</p>		

A201NEW Intermediate Gardening Secrets, Tips, and Fun!	8:30 a.m. 10:40 a.m.	Nathan Gerber
<p>For the past couple of years, we have covered tips on how to grow certain vegetables. We will still cover some of those, but we are going to also cover some new things regarding weed control, watering techniques, and vertical growing. We will still cover tomatoes and melons, and we will be including some discussion on grapes, berries, fruit trees, and extending your garden season for our crazy weather lately. There is so much to learn about gardening if you want to keep expanding your gardening horizons, this is a great session. Come learn from a fellow staff member of UVU and an Advanced Master Gardener of the USU Extension Office!</p>		
A202The Fish Philosophy	8:30 a.m. 10:40 a.m.	Mark Wiesenberg, Kurt Ashworth
<p>Imagine a workplace where everyone chooses to bring energy, passion and a positive attitude with them each day in an environment in which people are truly connected to their work, to their colleagues, and to their customers. Impossible? Not at all. FISH! Is a tool to help you create that kind of environment. Join us for an exploration of what is called the FISH! Philosophy.</p>		
B101Safety Awareness and Victim Avoidance	9:40 a.m. 10:40 a.m.	Damon Thueson, Steve Beckstead
<p>This course will cover the basics of personal awareness as well as the positives and negatives of the tools used in personal protection and self-defense. Learning how and why it is important to create a family safety plan as well as the realities of the criminal mindset and how they choose victims. Avoid being a victim by creating an awareness concerning you and your family.</p>		
B10230 Style Tips	9:40 a.m. 10:40 a.m.	Camille Morris
<p>30 style tips that will make a major difference in your personal presentation.</p>		
B103Apple iPad/iPhone iOS for Beginners	9:40 a.m. 10:40 a.m.	Mark Werner
<p>This is a beginning class for all iPad/iPhone users who want to know how to better utilize these iOS devices in their daily lives. Just a few of the areas of use that will be discussed and clarified are: iOS basic usage, iCloud, device synchronization, wireless/Bluetooth setup, email, texting, Facetime and many other topics. It will be an open forum with the opportunity to ask questions.</p>		