Summer University At-a-Glance

May 11–13, 2026

Monday, May 11

Activities (Note: Limit 1 activity per employee):

7:00 am	UCCU/UVU Employee Golf Tournament at Sleepy Ridge ($35.00)
9:00 am	Top Golf ($20) Check-in: 8:30 am Activity: 9:00 am – 12:00 pm
9:00 am – 4:00 pm	Activities (see your registration for specific times): • Bingo • Bowling • Chess Tournament • Climbing Wall • Frames & Bookmarks • Crochet • DiscGolf • Floral Arranging • Kintsugi • Massage Chairs • Mindful Journaling • Pickleball Tournament • Puzzles • Roots of Knowledge Scavenger Hunt • Sound Bath • Textured Art • Print Shop Tour • Write Your Moment • Yoga • Zumba

Tuesday, May 12

Morning

8:30 am	Breakfast and Kick-off ***(Name Badge Required)*** **Keynote Speaker: Hayley Francis** Location: SC Ballroom
9:50 am – 10:00 am	Break
10:00 am – 10:50 am	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
10:50 am – 11:00 am	Break
11:00 am – 11:50 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
11:50 am – 1:30 pm	Lunch Break (Pick up meal vouchers at People & Culture)

Afternoon

1:30 pm – 2:20 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
2:20 pm – 2:30 pm	Break
2:30 pm – 3:20 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)

Wednesday, May 13

Morning

8:00 – 11:00 am	Service Projects (see your registration for specific times): • GRIT Garden • Children's Justine Center • Help Me Grow Kits • Sleeping Mats • Tabitha's Way
12:00 – 1:30 pm	Lunch and Closing Session ***(Name Badge Required)*** **Keynote Speaker: Gayle and Tom Holdman** Location: SC Ballroom