



Summer University At-a-Glance

May 11–13, 2026

Monday, May 11

Activities (Note: Limit 1 activity per employee):

7:00 am	UCCU/UVU Employee Golf Tournament at Sleepy Ridge (\$35.00)		
9:00 am	Top Golf (\$20) Check-in: 8:30 am Activity: 9:00 am – 12:00 pm		
9:00 am – 4:00 pm	Activities (see your registration for specific times):		
	• Bingo	• Floral Arranging	• Sound Bath
	• Bowling	• Kintsugi	• Textured Art
	• Chess Tournament	• Massage Chairs	• Print Shop Tour
	• Climbing Wall	• Mindful Journaling	• Write Your Moment
	• Frames & Bookmarks	• Pickleball Tournament	• Yoga
	• Crochet	• Puzzles	• Zumba
	• DiscGolf	• Roots of Knowledge Scavenger Hunt	

Tuesday, May 12

Morning

8:30 am	Breakfast and Kick-off (<i>Name Badge Required</i>) Keynote Speaker: Hayley Francis Location: SC Ballroom
9:50 am – 10:00 am	Break
10:00 am – 10:50 am	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
10:50 am – 11:00 am	Break
11:00 am – 11:50 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
11:50 am – 1:30 pm	Lunch Break (Pick up meal vouchers at People & Culture)

Afternoon

1:30 pm – 2:20 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)
2:20 pm – 2:30 pm	Break
2:30 pm – 3:20 pm	Breakout Sessions (See uvu.edu/SummerUniversity for a full list)

Wednesday, May 13

Morning

	Service Projects (see your registration for specific times):
8:00 – 11:00 am	<ul style="list-style-type: none"> • GRIT Garden • Children’s Justine Center • Help Me Grow Kits • Sleeping Mats • Tabitha’s Way
12:00 – 1:30 pm	Lunch and Closing Session (<i>Name Badge Required</i>) Keynote Speaker: Gayle and Tom Holdman Location: SC Ballroom