

Summer University At-a-Glance

May 12th–14th, 2025

Monday, May 12

Activities (Note: Limit 1 activity per employee):

7:00 am	UCCU/UVU Employee Golf Tournament at Sleepy Ridge (\$35.00)		
9:00 am	Top Golf (\$20) Check-in: 8:30am Activity: 9:00am – 12:00pm		
9:00 am – 2:00 pm	Activities (see your registration for specific time): <ul style="list-style-type: none">• Bingo• Bowling• Chess Tournament• Climbing Wall• Disc Golf• Embroidery class• Massage Chairs• NRG Dance Fitness class• Sound Bath• Pickleball Tournament• Pour Painting class• Vivation Breathwork• Yoga Class		

Tuesday, May 13

Morning

9:00 am	Breakfast and Kick-off Location: SC Ballroom
9:50 am – 10:00 am	Break
10:00 am – 10:50 am	Breakout Sessions
10:50 am – 11:00 am	Break
11:00 am – 11:50 pm	Breakout Sessions
11:50 am – 1:30 pm	Lunch Break (Pick up meal vouchers at People & Culture)

Afternoon

1:30 pm – 2:20 pm	Breakout Sessions
2:20 pm – 2:30 pm	Break
2:30 pm – 3:20 pm	Breakout Sessions

Wednesday, May 14

Morning

9:00 - 12:00 pm	Service projects
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Lunch

12:00 pm – 1:30 pm	General Session Closing (lunch provided) Keynote Speaker: Akwasi Frimpong Location: SC Ballroom
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