



TYLA ENGSTROM

NON-UNION

tylaengstrom@gmail.com

(360) 772-9395

SHE/HER | SOPRANO

EYES: GREEN, HEIGHT: 5'2, HAIR: BLONDE

TV/FILM

<i>THE ASTRONOMER</i>	Mia - Co Star	Wyatt Whittier
<i>SCREAM SHORT</i>	Sidney - Lead	Ashley Hollenbeck
<i>THE CONJURING SHORT</i>	Carolyn - Co Star	Kylee Treasure
<i>BLACK WIDOW SHORT</i>	Yelena Belova- Co Star	Anna Wilkinson Placeholder Films
<i>THE GODFATHER SHORT</i>	Kay Adams- Co Star	Sylvia Hall
<i>DIE HARD SHORT</i>	Ellis- Supporting	Kaylee Robinson
<i>ROPE SHORT</i>	Rupert- Supporting	Thomas Menzie
<i>PARASITE SHORT</i>	Yeon-kyo- Supporting	Joel Orchard The Blue Moons
<i>THE SOCIAL NETWORK SHORT</i>	Erica- Day Player	Boston Angsley
<i>UVU GREENHOUSE ADVERTISEMENT</i>	Woman - Lead	UVU The Greenhouse
<i>CAR COMMERCIAL FOR SUMMIT AUTO</i>	Woman - Lead	Harrison Woodland
<i>RUBY- CAPSTONE</i>	Cheerleader - Day Player	Ben Fraser
<i>NEGATIVE</i>	Madison- Co Star	Harrison Woodland
<i>HALLOWEEN PIZZA PARTY- FEATURE</i>	High Schooler- Extra	Micah Brown

THEATRE

<i>NEW KID</i>	Nick, Mug, Mother	Utah Valley University TYE
<i>THE WHOLE STORY</i>	Janelle/Cassandra	Utah Valley University

EDUCATION | TRAINING

UTAH VALLEY UNIVERSITY ACTING BFA

ACTING

Improv (David Knoell- Second City and Laurie Harrop-Purser), Theatre (Liz Golden), Film and Voiceover (Julie Heaton), Makeup (Shannon Hutchins), Speech/Various Dialects (Steven Rimke)

DANCE

Musical Theatre (Jen Delac), Hip Hop (Jeffery Louizia), Ballroom (Kristen Hawkins)

FILM AWARDS

'The Astronomer": 2025 Zepstone International Film Festival- 6 nominations and won "Best Short Film"

'The Astronomer": 2026 Zion International Film Festival- 3rd place Best Student Film

SPECIAL SKILLS

Wrestling- EXP., **Soccer**- EXP., **Volleyball**- INT., **Track and Field** - EXP., **Cross Country**- EXP., **Swim Team**- EXP., **Gymnastics**- BEG., **Triathlons**- EXP., **Sword Fighting**- INT., **Stage Combat / throws**- EXP., **Weightlifting**- EXP., **Wakeboarding/Surfing**- BEG., **Climbing/hiking**- EXP., **Hair braiding/styles**- INT., **Sales**- EXP., **Teleprompter**- EXP., **Accents**- INT., **Vocal combat**- EXP., **Singing**- BEG.