

Educational Talent Search Times

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TRIO
Educational Talent Search



FROM THE COORDINATOR



Hello Students & Parents!

As we enter the fourth quarter of the school year, it's important to stay motivated and inspired to finish strong. Remember that this is the final stretch, and the effort you put in now can make all the difference in achieving your academic goals.

Here are some tips to help you stay inspired during this important time.

First, it's important to set realistic goals for yourself. Whether it's improving your grades or mastering a new skill, having clear objectives can help you stay focused and motivated. Break your goals down into smaller, achievable tasks, and track your progress along the way. Celebrate your successes, no matter how small they may seem.

Second, seek inspiration from others. Look to people who have achieved success in fields that interest you, and learn from their stories. Reading biographies and watching documentaries can be a great source of inspiration.

Finally, don't forget to take care of yourself. Make sure you are getting enough sleep, eating healthily, and taking breaks when you need them. Exercise and other physical activities can help to reduce stress and keep you energized. Remember that it's okay to ask for help if you're feeling overwhelmed or struggling with your workload.

In conclusion, the fourth quarter of the school year can be challenging, but with the right mindset and strategies, you can stay inspired and achieve your goals. Set realistic objectives, seek inspiration from others, and take care of yourself. Good luck!

Paul Belvin - ETS Coordinator

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We are actively recruiting students at all of our locations!! If

you know of a 7th-12th grade student who needs help navigating their path forward, contact the advisor at your school.

You can find more information and apply online by scanning this QR code or going to <https://uvu.edu/trio/ets/>



We have a Blog! You can find news and updates about our program at: <https://uvu.edu/trio/ets/blog/index.html>

You can find us online and on social media

Website: <https://uvu.edu/trio/ets>



Instagram: [uvuets](https://www.instagram.com/uvuets)



Facebook: [uvu ets](https://www.facebook.com/uvuets)

FROM THE ADVISORS



Recently, there has been a lot of excitement with TRIO's Educational Talent Search Program at Mountain View and Orem Junior. We have been providing tutors for many of our students and seen the results in their recent grades!

At both of the schools I have been able to increase collaboration with other service providers, expanding my ability to respond to the needs of each of my students and connect them to needed resources.

At Mountain View, we are now only 8 students away from being 100% recruited! A reminder that I am now holding our monthly meetings out of the group settings and into more one-on-one settings. My hope is that this allows me to respond better to the individual needs and goals of each student, personalizing the information shared and helping each student in the development of their personal education plan. Nonetheless, there will soon be another group workshop and pizza party at Orem Junior!



Coming up at the end of March - in just two weeks time - we have our Mini College Trip which will have us touring Utah State University, Weber State, Utah Valley University, Brigham Young University, Westminster, and more. I am having so much fun getting to know each of the students better and have loved seeing each of them get closer and closer to their higher educational goals.



Kaitlyn Dyshkant — ETS Advisor



Fun fact: today, nearly 60% of all college students in America are female!

Upcoming ACT Test Dates
April 15 June 10 July 15



We are getting closer to the end of the year! Soon it will be time for end of year testing, which means time for studying! In my first year of college, I read a book called *Make it Stick: The Science of Successful Learning*. The book includes evidence-based ways you can ensure you are studying effectively.



One simple way is to practice retrieval of information by writing a short paragraph after you read a textbook section. As you write about what you read, think about how you could explain that subject to someone else, and keep it simple. It's even better if you actually read it out loud and explain it to someone!

I used this practice daily throughout college, "teaching" my husband about the subjects that I was learning, and now he jokes that he has an honorary degree in psychology!



Shaylee Scott — ETS Advisor



Did you know? Not all study practices are equal in effectiveness. Repetition, while great for becoming familiar about a subject, will not actually help you gain mastery in a subject. What will give you better results is adding exercises so you can actively think about what you are learning. Check out *Make it Stick* by Peter C. Brown, Henry L. Roediger III, and Mark A McDaniel, or ask me about different exercises you can add to your study sessions!

FROM THE ADVISORS



Happy Spring! Welcome all the new ETS students at Timpview and Centennial! In our March GGA meetings we discussed the importance of having STEM skills even when it may not be our favorite subject to study. To

the right are 7 facts about the importance of STEM education.

Let's work hard and finish the school year off in a great way! If you need help with your classes please let me know!

Whitney Parry — ETS Advisor



7 AWESOME FACTS ABOUT STEM EDUCATION

1. At Present

Number of unfilled STEM vacancies are higher than qualified candidates.



2. Salary

The average Payout of STEM jobs is 70% more than the national average.



3. Requirement

Kansas and Missouri will need 185,000 additional people with STEM Education by 2018.



4. Growth

The department of commerce predicts: between 2008 to 2018 STEM Jobs will grow twice than other Jobs.



5. Wanted

8 out of 10 most wanted employees listed by US Department of Labor were the ones with STEM education.



6. Future

The U.S. Bureau of Statistics says: next 20 years, 80% of jobs will require technical skill.



7. Reality

STEM employees are in charge of building communities and moving the nation forward.



Source: Blacomm.org, ed.gov



Spring is the time of year when school counselors meet with students to discuss post-high school college and career goals and plan with students the classes they need to take in high school to accomplish those goals. At RJHS, Uintah River and Union High School, those meetings have already taken place and students have selected the classes they would like to take next year. Underclassmen, who intend to go on to college/university following high school, should be enrolled in as many honors classes as are available. DCSD honors classes cover the same material that regular classes

cover but because it is expected that honors students are committed to hard work and learning, the material is covered in a shorter amount of time. This means that honors classes have time to learn concepts not covered in non-honors classes. Taking honors classes helps underclassmen be better prepared for concurrent enrollment (CE) and Advanced Placement (AP) classes during Jr. and Sr. years of high school.



Parents, check in with your students and make sure that they are taking all the honors classes that are available. 10th and 11th graders should have enrolled in either AP or concurrent enrollment (CE) math, science and English classes for next year. I can help if you have questions about AP or concurrent enrollment (CE) classes!

The Opportunity Scholarship is achievement-based and requires students to complete advanced coursework in high school. That means that every high school student in the state of Utah is eligible for the Opportunity Scholarship if they have a 3.3 cumulative GPA and have taken either AP or concurrent enrollment math, science and English (must have all 3) classes. For more information about Opportunity, go to <https://ushe.edu/state-scholarships-aid/opportunity-scholarship/>.



Lesa Dixon — ETS Advisor

FROM THE ADVISORS



Happy Spring students, parents, and administrators. As we begin our final quarter for the 2022-2023 school year, we are looking ahead to numerous events in April and May. Wasatch High School will be hosting a TRIO spring activity, celebrating our seniors in a mini assembly, and taking students and parents on a tour of the UVU Wasatch Campus. Look for times and dates for these events to follow shortly. We are also nearing the mini college trip, March 30-April 1st. Students have an amazing chance to visit multiple college campuses across the Wasatch front as well as participate in wonderful activities and build new relationships.

Seniors at Wasatch have the unique opportunity of applying for Wasatch Education Foundation scholarships. All ETS seniors will receive a link to the application and are eligible for help sessions to fill out scholarship forms. To apply, students will need a college acceptance letter, a resume, an essay based on a prompt given in the application, and FAFSA information. We are so grateful to the many donors and contributors that make this resource available for Wasatch seniors. Several of these scholarships are focused on 1st generation students and students with financial need, so please take the opportunity to apply. The application window is March 15-29, 2023. The link is <https://ext.scholarships.wasatch.edu>.

Thank you all for making ETS at Wasatch a great program to be a part of.

Lisa Child — ETS Advisor



Did you know? The weekly median earnings for someone with a high school diploma is \$809.00, with a median unemployment rate of 6.2%. Those with a Bachelors degree have a weekly median earnings of \$1,334 and the unemployment rate is 3.5%

(The US Bureau of Labor Statistics)

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Rocky Mountain Middle School
Timpanogos Middle School

TRIO DAY IN UTAH & UTASPIRE STUDENT CONFERENCE



Spencer J. Cox
Governor

Declaration

Whereas, TRIO is the first set of federal programs to address the serious social, economic, and cultural barriers to higher education in the United States;

Whereas, today, more than 800,000 students in nearly 3,000 programs at host institutions, both urban and rural, make higher education a reality for students who are often the first members of their family to enroll in and graduate from college;

Whereas, on Feb. 24, 1986, concurrent resolution H. Con. Res. 278 declared the sense of Congress that Feb. 28, 1986, should be designated as "National TRIO Day" and the achievements of the TRIO programs should be recognized;

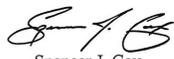
Whereas, TRIO emerged from an understanding that low-income, first-generation students need more than financial aid to overcome systematic obstacles in the way of them acquiring a college degree;

Whereas, by recognizing the untapped potential and talent of low-income, first-generation Americans, with diverse racial and economic backgrounds, TRIO programs open the doors to education access and opportunity for all; and,

Whereas, on the 34th anniversary of National TRIO Day we reaffirm our commitment to educational equity, access, and opportunity for all;

Now, Therefore, I, Spencer J. Cox, governor of the state of Utah, do hereby declare Feb. 26, 2022, as

TRIO Day in Utah


Spencer J. Cox
Governor



Governor Cox declared February 25th, 2023, TRIO Day in Utah. This was in conjunction with National TRIO Day being held on the same day. This year's Utah ASPIRE Student Leadership Conference, held at Weber State University, was specifically held February 23-25 with the theme, "Your Voice, Your Power", to inspire and show our student leaders the value of their voice on the state and national stages.

