

EDUCATIONAL TALENT SEARCH TIMES

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FROM THE COORDINATOR

Dear TRIO Talent Search Students, Parents, and School Staff,

As the school year comes to a close, it's important to remember that the final quarter can make a meaningful difference in a student's overall academic performance. Grades earned during these last weeks often carry significant weight, and even small improvements on assignments, projects, or tests can positively impact final course grades. Finishing strong isn't just about ending the year on a high note—it can directly influence a student's cumulative GPA.

For junior high and high school students, GPA plays an important role in future opportunities. A higher GPA can open doors to college admissions, scholarships, and academic programs. The effort students put in now—completing missing assignments, preparing for finals, and staying engaged in class—can have lasting benefits beyond this school year.



Families can support this final push by encouraging consistent study habits, checking in on assignments, and celebrating progress along the way. With focus and determination, these last few weeks can be a powerful opportunity for students to strengthen their academic record and build momentum heading into summer and the next school year.

Paul, ETS Coordinator

UPCOMING EVENTS

4/1

**GRADUATION CORD
DEADLINE**

4/11

ACT TEST DATE





SCHOOLS SERVED



OREM JUNIOR HIGH SCHOOL

MOUNTAIN VIEW HIGH SCHOOL



AIMEE BURR

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ROCKY MOUNTAIN MIDDLE SCHOOL

TIMPANOGOS MIDDLE SCHOOL

WASATCH HIGH SCHOOL



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SHORELINE MIDDLE SCHOOL

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ROOSEVELT JUNIOR HIGH SCHOOL

UINTAH RIVER HIGH SCHOOL



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CENTENNIAL MIDDLE SCHOOL

TIMPVIEW HIGH SCHOOL



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NEWS & UPDATES FROM YOUR ADVISOR

FROM LESA IN ROOSEVELT

There are four primary types of financial aid available to college students:

1. Student loans
2. Grants
3. Work-study
4. Scholarships

According to the Educational Data Initiative, parents currently carry the largest share of college costs. On average, families pay 39.4% of a student's college expenses, while scholarships and grants cover only 24.95%.



At Union and Uintah River, we are working to change that trend by helping students identify and apply for scholarships and grants that can reduce the financial burden on families.

Parents play an important supporting role in this process. While students must complete the applications themselves, families can help by checking in periodically, offering to proofread essays, and providing gentle reminders about upcoming deadlines.



For underclassmen and junior high students, the focus should remain on maintaining strong grades and looking for opportunities to serve their community. Find something you enjoy and volunteer in ways that make a positive difference. Academic achievement remains the most important factor in college preparation, but leadership and service experiences also strengthen scholarship applications—and help students grow into engaged, thoughtful individuals.

<https://educationdata.org/how-do-people-pay-for-college>



GRADES FROM THE LAST QUARTER OFTEN HAVE A BIG IMPACT ON FINAL GRADES. EVEN SMALL IMPROVEMENTS ON FINAL ASSIGNMENTS OR TESTS CAN RAISE YOUR OVERALL GPA—AND THAT MATTERS FOR SCHOLARSHIPS AND COLLEGE ADMISSIONS.

[HTTPS://BIGFUTURE.COLLEGEBOARD.ORG/PLAN-FOR-COLLEGE/IMPROVE-YOUR-ACADEMIC-SKILLS/HOW-TO-IMPROVE-YOUR-GRADES](https://bigfuture.collegeboard.org/plan-for-college/improve-your-academic-skills/how-to-improve-your-grades)



FROM SAM IN HEBER



Spring is in the air...literally! Are you feeling like ditching work and frolicking in a nearby meadow? Your kids are too! November-April is the biggest time for students to feel a school motivation slump as this period is typically the longest, most challenging stretch of school. Combined with post-holiday fatigue, cold weather and lack of breaks, students can slip into a state of low energy, leading to falling grades and tougher times completing assignments.



TIMPANOGOS MIDDLE SCHOOL
HIGHLANDERS
CLIMB HIGHER

According to The City Journals, "Students frequently report higher fatigue (37%), decreased motivation, difficulty concentrating, and increased irritability." To help your child through this slump, Children's Health advises offering praise for efforts, avoiding bribes and catching problems early. Your child's teacher may be the best place to start as they can provide valuable insights regarding the cause of your child's frustrations. You can set up an appointment to meet with your child's teacher by sending them an email or calling them before or after school to get this helpful information.



As we enter the last term of the school year, we will have our final TRIO classes. TRIO seniors will be focused on completing college applications, finalizing essays for scholarships and fulfilling graduation cord requirements. Finally, we will conclude with an end of year celebration!

FROM TRESSA IN PROVO



Hello Shoreline and Provo TRIO Students!

Congratulations on the end of the third quarter! Over the past couple of months, students had the opportunity to attend a UVU Men's or Women's basketball game. College sporting events are always a fun environment, and we hope those who were able to attend enjoyed the experience.

We have also been focusing on study skills and the importance of maintaining strong grades. Sophomores and juniors discussed ACT preparation and what juniors can expect as they get closer to testing day. Remember that focusing on your grades and GPA will help you immensely as you begin exploring education after high school and applying for scholarships. Seniors are continuing to work on earning points toward their TRIO Cord for graduation which will be due at the end of this month.



Let's make the fourth quarter a great one and finish the school year strong. Strive to make it your best quarter yet!



READING FOR ABOUT 20 MINUTES DAILY CAN EXPOSE YOU TO NEARLY 2 MILLION WORDS PER YEAR, IMPROVING VOCABULARY, COMPREHENSION, AND OVERALL ACADEMIC SUCCESS.

[HTTPS://WWW.SCHOLASTIC.COM/PARENTS/BOOKS-AND-READING/RAISE-A-READER-BLOG/IMPORTANCE-OF-READING-20-MINUTES-A-DAY.HTML](https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/importance-of-reading-20-minutes-a-day.html)



COLLEGES LIKE TO SEE HOW YOU USE YOUR TIME OUTSIDE OF SCHOOL. VOLUNTEERING, GETTING A PART-TIME JOB, OR JOINING A SUMMER PROGRAM SHOWS RESPONSIBILITY AND HELPS YOU STAND OUT ON APPLICATIONS.

[HTTPS://BIGFUTURE.COLLEGEBOARD.ORG/PLAN-FOR-COLLEGE/GET-STARTED/HOW-TO-BUILD-A-STRONG-COLLEGE-APPLICATION](https://bigfuture.collegeboard.org/plan-for-college/get-started/how-to-build-a-strong-college-application)



NEWS & UPDATES FROM YOUR ADVISOR

CONTINUED

FROM KAITLYN IN PROVO

March is a season of momentum—longer days, fresh goals, and exciting opportunities as we head toward the end of the school year. At TRIO, we're focused on helping students stay motivated, exploring their futures, and taking meaningful steps toward college and career success. As we are now in the home stretch to the end of the year, please never hesitate to reach out, or visit me during my office hours.

As we approach the end of the year, I am anxiously engaged in making sure students are well prepared for a successful year-end. TRIO will wrap up in the schools at the end of April. I will still be available to you for support through the beginning of June. This month we will be having fun STEM workshops, and next month we will have our end-of-year parties.



I want to recognize the hard work and resilience of our TRIO students at Timpview High School and Centennial. So many of our TRIO students have been improving their grades, preparing for college, or balancing school with other responsibilities. I am so proud of them all.



FROM AIMEE IN OREM

Going to college isn't just about getting a degree; it's about unlocking doors to a future you actually own. Junior high and high school are the ultimate training ground where every late-night study session and tough exam builds the grit you'll need for the real world. Think of your current effort as a long-term investment in your own freedom. As the saying goes, "The only place where success comes before work is in the dictionary." By pushing yourself now, you're proving to yourself that you have the discipline to handle whatever big dreams you're chasing.

College offers a unique place to discover who you are away from home. It's a place where your interests turn into careers and your classmates become your professional network. Hard work today ensures you have the luxury of choice tomorrow—the choice of which campus to call home and which path to pursue. Don't let your future self wonder "what if." Stay focused, keep your GPA sharp, and remember that the work you put in now fuels the life you want to lead later.



YOUR BRAIN ACTUALLY GROWS STRONGER WHEN YOU CHALLENGE IT - EVERY TIME YOU STUDY, ASK QUESTIONS, OR TRY AGAIN, YOU'RE BUILDING NEW CONNECTIONS THAT MAKE LEARNING EASIER.

[HTTPS://STUDYHACKS.ORG/THE-SCIENCE-BEHIND-EFFICIENT-STUDY-TECHNIQUES/](https://studyhacks.org/the-science-behind-efficient-study-techniques/)