

The Upward Bound NEWS

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CHECKOUT OUR WEBSITE:

uvu.edu/trio/ub/

WE HAVE A NEW BLOG:

uvu.edu/trio/ub/blog/



ACT TEST DATES 2019-2020

February 8, 2020
April 4, 2020
June 13, 2020
July 18, 2020

COORDINATOR'S MESSAGE



Can you believe it? We are getting close to being halfway through the school year. Before you know it, we will be at the end of this school year. Right now, is the time to kick things into gear at school, if you have not been focusing on your schoolwork, so that you are not scrambling when it comes to the end of the year.

Seniors, you should be applying to college, filling out scholarships and applying for the FASFA. Freshmen, sophomores and juniors, keep in mind, the end game. Take advantage of any opportunities, that can make you stand out. Being a leader of an organization, doing volunteer work and service projects will help you to stand out from other students, when you start applying to colleges.

Please remember that you are blessed to have the educational opportunities like Upward Bound in your life. The TRiO Upward Bound program is rooting for you and wants you to succeed. We are here to help you make your educational goals a reality. Getting an education is not easy. It requires a lot of hard work, but it is a blessing and something you will never regret. If you need help with anything, please contact me, or your UB advisor in your school. We also want you to take advantage of all the opportunities that are out there. I hope you have a great holiday season. I hope you will take a little time this month to think of all those things that you are grateful for in your life. I think you may find that you have more blessings than you think you do. I wish you all a happy holiday season.

-Rebecca Ayala, UB Coordinator-

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NEWS from our UB ADVISORS



UINTAH HIGH SCHOOL

Uintah High Upward Bound students have been learning about personal finance as of late. More specifically, purchasing a car, creating and following a budget, and various saving options. Our senior Upward Bound students have kept busy applying to schools and are interested in applying for financial aid, and for scholarships as well. All of our students are excelling academically and are all well on their way to setting themselves up for college success!

Uintah Upward Bound is now fully recruited for the 2019-20 school year. We welcome our new members and look forward to having them be a part of our group. We have a lot of exciting events coming up in the new year. The Spring Activity has been scheduled for March. Applications for the summer program will be available very soon and we will begin preparing for this exciting and valuable opportunity.

-Brandon Aycock, UB Advisor-



OREM, PROVO & UCAS HIGH SCHOOLS

We have had a great start to the school year. Many of the students have attended the meetings regularly. If you have a conflict with meeting times, please just talk to me about it so we can get it figured out. I am happy to work with you to find a time that we can both meet. We also have several new students that have joined our program. I hope you all have felt welcomed and I look forward to getting to know you more as the year goes on.

During our meetings we have had some very helpful information not only for college but life. Some of those topics included goal setting, choosing a major in college, overcoming test anxiety, the ACT, how to buy a car, building wealth, college resumes, and financial aid. I also have been meeting with students individually to talk about their academic goals and what they would like to get from Upward Bound this year. Not very many students have been turning in their stipends. Make sure you get those completed and turned in. There are so many benefits to getting those done; first off you get free money for completing it, you get to know your teachers better, and it helps you be a strong applicant for the summer program.

The summer program applications are coming up soon. If you are interested in participating in the summer program, make sure that you are coming to the meetings, keeping up with your grades and as I mentioned earlier doing your stipend forms. These will all help you be able to participate in the summer program. As an Upward Bound student myself, this was my favorite part of the program. You get free college credit, get to know new friends, learn many new things and get a fun, free trip! You don't want to miss out!

If you need help with your grades, or have any other questions feel free to come and talk to me, email me, or text me on my cell phone. I look forward to the rest of the school year!

-Jessica Dayley, UB Advisor-

MORE NEWS from our UB ADVISORS



UNION HIGH SCHOOL

Hello all and Happy Holidays. I hope you have fun plans to enjoy your winter break and will be ready to come back to school in January. We are excited to welcome the new students to Upward Bound. This is a great program and it can help you as you prepare for college. Try to get what you can from the program and let your advisor help you. I love it when students come in and let me help them with college or scholarship applications. I like being able to help them prepare a resume to help with a job application. I enjoy seeing each of my students on a regular basis and like to know how things are going. If you haven't made it to my classroom in a while, I invite you to come. We have treats!

All of us that went on the UB trip in November enjoyed the activities and had a great time. Several of my students have signed up to take the last 2 ACT tests. Did you know that when you use the Upward Bound waiver to sign up for the ACT it gives you some study helps? There is an app for your phone as well as online study resources. Sign up for the next ACT and start studying. There are a lot of scholarships linked to that ACT score.

As we start off the new year, I would like to encourage all of you to set some educational goals for yourself and evaluate any previous goals you might have. Think about where you would like to be in 5 years, and 10 years, and plan how you can get there. If you need help applying to colleges or have questions I can help with, please come find me and let me help you.

-Audrey Goodrich, UB Advisor-



WASATCH HIGH SCHOOL

Greetings! My name is Casey Wilde, and I am the new Upward Bound advisor for Wasatch High School. I am excited for the opportunity to work with your students as they participate in Upward Bound. I bring to this position a background in coaching vocational skills and preparing others for careers. I also have experience in a classroom setting as a fifth-grade teacher. I taught multiple subjects but was most passionate about teaching United States History. In fact, I graduated from Utah Valley University with a degree in History.

I have a daughter who is a freshman in college, another daughter who is a senior in high school and a son who is a freshman. Since I am interested in my own children's academic success, it is easy for me to spend time researching and finding information such as deadlines to colleges, scholarships, and financial aid that I can provide to your amazing students!

We have been focused on proper preparation through living by a budget and understanding how to save money through compound interest and rewards, how to buy your first car and overall college prep. The seniors should have their resume turned in this month and should be working on their college applications. This month will be spent largely on the college experience. Please encourage your students to come to our weekly Group Guidance Activity (GGA) which is held each Wednesday, immediately after school.

Students, please seek help by reaching out to me either in person on Tuesday mornings or anytime on Wednesdays, or by text, phone or email. I am here to help you through this academic process. Parents/guardians, please don't hesitate to contact me either. I hope I can be a valuable advisor for your students by guiding them and offering services that will be helpful through this program.

-Casey Wilde, UB Advisor-



UB PRESIDENCY MESSAGE



Hey everyone, my name is Jere (J-air) Hoover, I am your vice president, for those of you who know me, hey what's up, and for those who don't I hope to get to know you, if you go to the summer program. A little about myself, I am currently a senior at Wasatch High School, I live in Heber UT, and I like art, filming and being epic, lol. Hopefully you are all having a great year, if not, I hope that it gets better, just keep your head up and if things are going well, keep it up. Hopefully, you will all go to the summer program, because I want to get to know you. I hope the rest of your school year is epic, Merry Christmas and I will see you later.

-Jere Hoover, UB Vice President-

UB FALL ACTIVITY PICTURES



**MARK YOUR
CALENDARS:**



1. UB SUMMER APPLICATIONS WILL BE DUE ON JANUARY 31, 2020
2. WE WILL BE HAVING OUR SPRING UB ACTIVITY IN MARCH.