

The Upward Bound NEWS

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Website: uvu.edu/trio/ub/



[uvu.upward.bound](https://www.instagram.com/uvu.upward.bound)



[Upward Bound UVU](https://www.facebook.com/UpwardBoundUVU)

WE HAVE A BLOG:

uvu.edu/trio/ub/blog/



ACT 2023-2024 TEST DATES

February 10, 2024
April 13, 2024
June 8, 2024
July 13, 2024

COORDINATOR'S MESSAGE



We are still looking for students to join UB. If you know somebody that would like to join, please have them fill out an application. Our applications can be submitted online. Scan QR code for an online application:



If you prefer to fill out a paper application, please ask your UB Advisor at your school for one.

Happy New Year! I hope you all had a wonderful holiday season. We only have a few more months of school before it will be summer. We are currently accepting applications for our UB Summer Program. They are due January 31, 2024. There is a link to apply below. We are also working on planning, including the classes we will be taking this year for college credit. During the UB Summer Program, you will have an opportunity to get a better understanding of what college life will look like when you graduate high school and go to college. It's a great opportunity, and I highly recommend that you apply. We will be earning 6-7 college credits for FREE in only 4 weeks. We will only be accepting 40-50 students to take advantage of this great opportunity. You won't want to miss out!

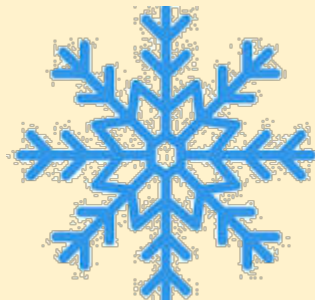
Seniors, you should be applying to colleges, financial aid (FASFA), and scholarships. Your UB Advisor is there to help you get through this process. Please reach out to them for help. Every senior in UB needs to apply to at least one college and apply for financial aid. The FASFA is FREE money that the government will give you to go to college. Almost all our UB students should qualify for some FREE money. If you are planning to go on a LDS mission after you graduate, you need to still apply to a college and defer. This will also hold any scholarships you may get until you return. UB has some waiver codes to UVU, if you need one, please reach out to your UB Advisor.

-Rebecca Ayala, UB Coordinator-

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NEWS from our UB ADVISORS



UINTAH HIGH SCHOOL

Hopefully, you all had a restful Christmas break and are ready to thrive in a new year. Seniors, this year's FAFSA application is now open. Please complete the FAFSA. This is a requirement for all Upward Bound seniors, even if you've already been awarded scholarships and other financial aid. You'll need to create an FSA-ID and can do so at studentaid.gov/fsa-id/create-account. The ID creation process can take between 2-3 days. Uintah High School will be offering a FAFSA completion workshop on February 5, 3-7 PM.

All Upward Bound members, over the next couple of months we are going to be looking at resources available through YouScience and Keys to Success. Please bring your Chromebook to all meetings.

The application deadline to apply for the Summer Program is January 31. You can complete the application online. Please log in to the Upward Bound Canvas course to access the link. Please plan on participating in the summer program if possible. This is a unique opportunity for you to experience college life and to earn college credits at no cost to you. The summer trip that follows the summer program is always epic as well. You won't want to miss it!

The Spring Activity is scheduled for Friday, March 22. Rebecca "B" is working hard to plan a meaningful activity for you. Tentatively, the plan is to tour the University of Utah campus, visit a museum, and take in a play at the Hale Center Theatre in Sandy. More details to come. For now, please save the date and plan on attending!

-Brandon Aycock, UB Advisor-



OREM & PROVO HIGH SCHOOLS

Welcome back students! We're off to a great start in 2024. I hope everyone will set a goal to turn in every stipend form from now until school finishes in May. Included with this should be a goal to turn in all your assignments on time and seek help if you don't understand something. I'm here as a resource for you to get help. The beginning of the semester is a new start – use it to your advantage.

I'm still recruiting at Provo high school. If you know anyone who'd like to join our program, please let me know. I need 9th and 10th grade students.

Summer program applications are out! Apply before January 31st.

Seniors let's talk about staying on top of applications. Both Provo and Orem have excellent scholarship resource pages with application deadlines by date. You should be checking these every week. The universities you've applied to also utilize scholarship resources that help you search. UVU for example uses Scholarship Universe.

We'll be continuing our Utah College tours this month, working on You Science, as well as starting some ACT prep! I send out a text every week reminding you of our meetings so come and join us and learn some new stuff!

-Marianne Overson, UB Advisor-



UB Summer Applications are due January 31, 2024.
You can apply with the link below.

https://uvu.qualtrics.com/jfe/form/SV_cRZsvljNnwpuD65

MORE NEWS from our UB ADVISORS



UNION HIGH SCHOOL

Happy New Year! As we start off the new year, I would like to encourage all of you to set some educational goals for yourself and evaluate any previous goals you might have. Are you putting the effort you need to into your classes so your grades will help you earn a college scholarship? Could you spend a little more time volunteering or getting involved in extracurricular activities? Are you thinking about the classes you take and how they can prepare you for college level curriculum? Thinking about these types of things will have a positive impact on your future.

Seniors you should be looking and applying for scholarships regularly now. If you are interested in attending UVU ask your UB advisor about the TRiO scholarship that is offered for UB students.

Juniors and sophomores, you should consider taking the ACT this spring and summer. Did you know that when you use the Upward Bound waiver to sign up for the ACT it gives you some study helps? There is an app for your phone as well as online study resources. Sign up for the next ACT and start studying. There are a lot of scholarships linked to your ACT score. Schools count your best score, so it is a good idea to take it multiple times.

And a big welcome to all of you new recruits. We hope you make the most of your experience in Upward Bound. Take advantage of your Upward Bound advisor. They are here to help you be successful in high school and prepare for college.

-Audrey Goodrich, UB Advisor-



WASATCH HIGH SCHOOL

Hello Upward Bound parents and students!

We are halfway through the school year! Time flies! It's that exciting time of year to sign up for the Summer Program! It will be held at the UVU campus June 3rd through June 28th!! The summer trip will be July 1st through 3rd! Don't forget the applications are due by JANUARY 31!! As a reminder, Upward Bound students are picked up from WHS each Sunday evening and transported to their housing by UVU. They will attend specific classes at UVU Monday-Wednesday and then will return to Heber Wednesday evening. They will have some online classes to attend Thursday and Friday. Summer program is such an amazing opportunity to gain college credits and experience college life in a supervised, safe, and fun environment! Transportation, college credits, housing, food, and activities are all completely FREE! I highly encourage all students to participate in this incredible opportunity.

Additionally, we are looking forward to our spring activity! It will be Friday, March 22nd. We'll leave from WHS on a bus in the morning and return that evening. As always, it will be well worth the time!

Don't forget, weekly attendance to your Upward Bound meeting is important! I am always available in person every Wednesday from 9:00am-4pm in room 221 at main campus. I check my email and text regularly though, so anytime you have questions, please don't hesitate to reach out!

-Emily Nelson, UB Advisor-

2023-2024 UB PRESIDENCY MESSAGE



Hey everyone! I hope you all are liking your new classes for this semester! Isn't it crazy how we're already halfway through the year? Let's make it count and do our best! With that, summer is approaching, and summer program applications are DUE on January 31. It's an awesome experience and I encourage everyone to apply!! Seniors- good luck with your last semester of high school! You guys got this, keep on working hard until the very end! Ask your advisor for help on your college applications and get them in if you haven't already! Also start your FAFSAs! The deadline is June 30, but it's better to submit them earlier than later. Everyone else- keep being awesome!

-Crystal Luo, Secretary UB Presidency-

DID YOU KNOW?

DID YOU KNOW?

Did you know that Utah has one of the lowest cost for in state tuition? In fact, at the University of Utah among its Pac12 and Big10 public peers, Utah's in state tuition is the lowest. Going to a university in Utah is a great way to get ahead without incurring student loan debt!

<https://www.obia.utah.edu/wp-content/uploads/sites/10/2022/02/Fast-Facts-2022.pdf>

DID YOU KNOW?

You should file a FAFSA even if you think you won't qualify for financial aid.

Many families don't complete the FAFSA because they think their income is too high. Others think the form is just too complicated. But anyone who fills out the FAFSA will at least qualify for a federally insured, direct student loan — and perhaps other grants, scholarships, work-study, or loans. Some scholarships that are not based on financial need still require a FAFSA.

Source:
<https://www.collegedata.com/resources/pay-your-way/why-you-need-to-file-the-fafsa>



Did you know you can request a tour of a college campus? Did you know some colleges offer virtual tours?! If you can actually go on campus nothing compares to actually seeing the campus in person. Even if you aren't able to set up a tour, take some time to walk around campus and see what it has to offer.

UVU
<https://www.uvu.edu/admissions/visit/>

U of U
https://futureu.admissions.utah.edu/portal/dailycampus_tours

Utah Tech
<https://admissions.utahtech.edu/events/>

SUU
https://apply.suu.edu/portal/Campus_Tour



UPWARD BOUND SPRING ACTIVITY

Friday March 22, 2024

If you are interested in attending, talk to your UB Advisor for details. You will be excused from school to attend.

