

Donning an SCBA Sling Coat Method

Time: 15 Minutes


Level: 2 - Intermediate

Materials Needed: Firefighter turnout coat and a SCBA

References: NFPA 1001, 2013 Edition

	<h2 style="text-align: center;">Donning an SCBA Sling Coat Method</h2>	<p style="text-align: right;">Instructor Notes Page 1</p>
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Preparation/Motivation

	<p>There are several acceptable methods for donning breathing apparatus depending on where the SCBA is initially encountered. It is important that the firefighter be competent in all of these methods, since there is no guarantee on the fire ground that a breathing apparatus will be in the cabinet, seat back, etc.</p> <p>Condition: Wearing firefighter turnout coat and given an SCBA</p> <p>Behavior: The participant will don an SCBA using the sling coat method</p> <p>Standard: In 30 Seconds</p> <p>Presentation</p>	
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Open cylinder valve

1. Counter clockwise
2. Completely
3. Listening for audible alarm

Check gauges

1. In accordance with manufactures instructions

Grasp shoulder strap

1. Either strap

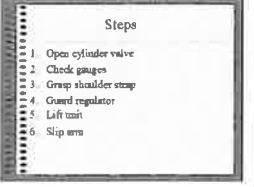
Guard regulator

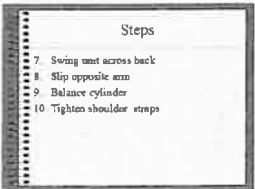
1. With free hand

Lift unit

1. Until strap rests on shoulder
2. In a fluid motion


**Identify any
safety
considerations
pertinent to this
skill.**

	<p>1. Open cylinder valve</p> <p>2. Check gauges</p> <p>3. Grasp shoulder strap</p> <p>4. Guard regulator</p> <p>5. Lift unit</p> <p>6. Slip arm</p>	
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	<h2 style="text-align: center;">Donning an SCBA Sling Coat Method</h2>	<p style="text-align: center;">Instructor Notes Page 2</p>
	<p>Slip arm</p> <ol style="list-style-type: none"> 1. Between shoulder strap and backpack frame <p>Swing unit across back</p> <p>Slip opposite arm</p> <ol style="list-style-type: none"> 1. Between shoulder strap and backpack frame <p>Balance cylinder</p> <ol style="list-style-type: none"> 1. On back 2. Leaning forward <p>Tighten shoulder straps</p> <ol style="list-style-type: none"> 1. In accordance with manufactures instructions 	

Application

Each student will be given an SCBA and time to practice the skills outlined in the presentation section



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Evaluation

	<p>Participants will be evaluated based on the steps outlined in the Presentation section.</p> <p>Summary</p> <p>Restate or re-emphasize important information presented in the lesson.</p>	<p>Use the checklist provided</p>
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Manipulative Performance Test / Test Record

Donning an SCBA Sling Coat Method

TEST INSTRUCTIONS: *(Read the behavior, condition, and standard to the students.)*

BEHAVIOR: The participant will don an SCBA using the sling coat method

CONDITION: Wearing firefighter turnout coat and given an SCBA

STANDARD: 30 Seconds

This is a 100% pass/fail test. All steps must be completed in the time limit given.

(Ask for questions prior to beginning the test.)

No questions will be answered after the test begins. Test will be timed.

STUDENT PERFORMED THE FOLLOWING COMPETENCIES:

	Y	N
1. Open cylinder valve/check gauges.		
2. Grasp shoulder strap/guard regulator/lift unit.		
3. Slip arm under strap/swing unit across back/ slip opposite arm under strap.	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
4. Balance cylinder on back/tighten shoulder straps.	<input type="checkbox"/>	<input type="checkbox"/>
5. Tighten chest strap/fasten and adjust waist strap.		
6. Skill completed in allotted time.	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>

PERFORMANCE RATING ON THIS SKILL: PASS FAIL

Tester Comments: ☐ ☐

TRAINING RECORD	
Topic:	Date:
Instructor:	Hours:
Description Of Training Conducted:	
Participants	Evaluation/Score Type: Written <input type="checkbox"/> Skills <input type="checkbox"/>
1.	
2.	
3.	
4.	
5.	
6.	
7.	

Donning an SCBA Sling Coat Method

Behavioral Objective

- **Condition:** Wearing a firefighter turnout coat, given an SCBA
- **Behavior:** The participant will don an SCBA using the sling coat method
- **Standard:** 30 seconds

Steps

1. Open cylinder valve
2. Check gauges
3. Grasp shoulder strap
4. Guard regulator
5. Lift unit
6. Slip arm

Steps

7. Swing unit across back
8. Slip opposite arm
9. Balance cylinder
10. Tighten shoulder straps



