

STATEMENT
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Utah Valley University
69th Session of the Commission on the Status of Women
“An Inclusive Student-Engaged Learning Initiative to Empower Mountain Women and Girls”
March 10th, 2025

Good morning, ladies and gentlemen. My name is Caleb Ream. I am a political science major and am proud to represent Utah Valley University and speak to you about the student-engaged learning model or SEL.

Through the student-engaged learning model, I have been able to be involved in various activities to promote the health, well-being, and sustainability of my local community. Some of those have been organizing coats for kids in title 1 schools, preparing birthday kits for kids with a local food pantry, and cleaning up toxic weeds from the river. SEL has helped me to work hands on with local organizations and make an impact on others.

I've also been researching the country of Andorra and how they have been promoting sustainability in their country. Since 1986 with the formation of The Andorran Healthcare Service or SAAS, Andorra has had goals to promote more efficient use of public and private resources for health maintenance and provide individual and collective health care services to residents. In 2023, SAAS introduced multiple programs to help benefit women specifically. One of these programs was a mother and child program that provides pre- and postpartum visits at Primary Care Centers, at-home care for mothers and newborns 48 hours after hospital discharge, and childbirth and postpartum education workshops. In 2023, there were 4,595 visits to primary care centers under this program and 728 at-home visits.

In 2023, the medical assistant app, Xemio, was launched for patients with breast cancer. This app will not only offer better follow-up of patients with breast cancer but will also facilitate the collection of data for research and the development of new strategies for the follow-up of these patients.

Even now in 2025 we see these medical goals continuing to be achieved. Just a few weeks ago, the Department of Health made it known that one of their main priorities for the year was to guarantee the quality of birth and other forms of maternity care. These are major steps forward for the mountain women of Andorra.

Through my research and being involved with the Utah International Mountain Forum, SEL has helped enlighten my mind to the greater issues that are all around, as well as helping open my eyes to how small acts from me can help guarantee a greater life for someone else.

Thank you.