

My Contribution to Hygiene Kits Service-Learning Initiative

For the first activity, I participated in creating hygiene kits with the UIMF organization. This activity took place on January 20th, 2026, at 6:00 PM in the Clark building. I actually got there a little bit earlier than the rest of the supplies, so it was really awesome to meet everyone in the group before we started on the kits. I knew Natalia from previous semesters, so it was nice to be able to talk with her, and she introduced me to some of the other members of UIMF! I also got to meet a ton of the members and other club leaders; however, I am awful with names. We talked a lot about the study abroad office, the study abroad in general, and who was going, which was fun! We also got to talk about internships at the Utah State Capitol and classwork!



Sophie Jackson is making kits.

I'm pretty sure UIMF helped host this event with the foreign affairs department. It was really awesome to hear where these kits were going. Actually, assembling the kits was really easy. The main problem happened towards the end, when we ran out of supplies. We had a recount to make sure each bag had the right number of items, and then divide them up. But all in all, it was really

fulfilling and fun getting to know everyone! Mainly, we just talked about our lives and the service that we did. I didn't know anyone, so I really just asked people who they were and tried to get to know them for this activity! Plus, the leaders worked really hard and were amazing at making sure each group and charity had the right number of kits. I have made hygiene kits in the past, and it's really amazing. Even though it seems like such a simple activity, it's really amazing to see how much it could impact someone's life. When I have distributed kits myself, the people have been so grateful. The fact that someone is thinking about them and their short-term needs means a lot.



Group Photo
Sophie Jackson, Utah Valley University Student