

Fighting Food Insecurity Through Service: UVU Rotaract Club at Tabitha's Way

On February 28, 2026, I had the opportunity to volunteer with members of the UVU Rotaract Club in a meaningful service project at Tabitha's Way Local Food Pantry. During this activity, I worked alongside Natasha Figueroa, Aemish Brock, Christ Hermes Louyoko, and Sohto to assemble food packages that would later be distributed to families and individuals in need within the community. The experience allowed us to contribute directly to an organization committed to addressing food insecurity and supporting those who rely on community assistance.



A photo of **Antoine Mwamba, Aemish Brock, and Sophie** assembling food packages at Tabitha's Way Food Pantry.

Throughout the service project, we collaborated to sort and package food items efficiently so the pantry could better serve its visitors. Working together created a strong sense of teamwork and shared purpose among volunteers. Each participant contributed their time and effort,

demonstrating how collective action can create a meaningful impact even within a short period of service.

What made the experience especially rewarding was the opportunity to serve others while witnessing the importance of small acts of kindness. Simple tasks such as packing food bags and organizing supplies play an essential role in ensuring that families have access to the resources they need. Seeing how these efforts support individuals and families in the community was both inspiring and humbling.



A photo of **Antoine Mwamba** assembling food packages at Tabitha's Way Food Pantry on February 28, 2026.

Overall, the project was a powerful reminder that service strengthens both communities and the individuals who volunteer. By working together, members of the UVU Rotaract Club helped make a positive difference while reinforcing the values of compassion, collaboration, and civic responsibility. Experiences like this highlight how consistent community engagement can help build stronger, more supportive communities.



A photo of **Antoine Mwamba** and **Aemish Brock** at Tabitha's Way Local Food Pantry assembling food packages for the community.

Antoine Mwamba is an international student from the Democratic Republic of the Congo and a sophomore at Utah Valley University. He is majoring in International Business with a minor in Political Science. He is actively involved with the Utah International Mountain Forum (UIMF), where he advocates for sustainable mountain development and the rights of vulnerable communities. He aspires to pursue a career in international diplomacy and hopes to work with the United Nations to promote justice, development, and global cooperation.