



Grace Jergensen

Grace Jergensen, born on April 16, 2004, in Salt Lake City, Utah, lives her life with the purpose of developing ways to heal and help others. She views life as ever-changing events full of dedication, challenge, joy and opportunities to grow. From her experience of health challenges that required years of hospital visits, intensive therapy, and inpatient care, she has dedicated time to learning about nutrition, healthcare policies, and the benefit of treating the whole person. She has made traveling a priority, as she sees it as an opportunity to gain a better understanding of how cultures impact the view of health and longevity. She has spent time in Mexico, Jamaica, Haiti, Austria, Denmark, Sweden, as well as solo tripping to the Cloud forest and coastal regions of Costa Rica. She began her studies in political science with an emphasis on international relations and Utah Valley University (UVU). At UVU, she participates in the Foreign Affairs and Rotaract Club, dedicating time to community service and providing networking opportunities. She wants to further her studies into Public Health, emphasizing health promotion and nutrition. Her commitment to healing and growth reflects a dedication to helping others and maximizing our potential as a whole. Grace envisions her education to contribute to international healthcare and policies. She aspires to actively participate in creating a healthy future for the nation.