Unpaid Care Work Among Utah Women

Hours Spent on Unpaid Care Every Day

<table>
<thead>
<tr>
<th>Country</th>
<th>Hours Spent on Unpaid Care Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>5.4 hours</td>
</tr>
<tr>
<td>Utah</td>
<td>6.2 hours</td>
</tr>
</tbody>
</table>

The global estimated monetary value of women's unpaid care work each year is $10 Trillion.

How Does Utah Stack Up?

> When it comes to unpaid care, Utah stacks up:

- **Unpaid Care Work:**
  - **Utah:** 36%
  - **US:** 23%

> Why Women?

- In the US, more women than men care for household children on an average day.
- In Utah, women are more likely to provide elderly care than men.

1 in 2 women vs. 1 in 5 men

Unpaid Care for Elderly in Utah

- **59%** of caregivers serving the elderly in Utah are women.

- **41%** of caregivers serving the elderly in Utah are men.

Average Demographics of Caregiver for the Elderly in Utah

- **Married:** 60%
- **Working Mother:** 25%
- **Some College:** 50%
- **50-60 years old:** 60%

Unpaid Households Work

Housework performed on an average day:

- **US:** 178 hours
- **Utah:** 248 hours

Hours spent on unpaid household work per day:

<table>
<thead>
<tr>
<th>Country</th>
<th>Hours Spent on Unpaid Household Work per Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>1.78 hours</td>
</tr>
<tr>
<td>Utah</td>
<td>1.88 hours</td>
</tr>
</tbody>
</table>

Women worldwide spend a significantly larger portion of their time than men performing critical unpaid care work.

Unpaid Care Utah vs. US

- **23%** vs. **16%**

In Utah, women are more likely to provide elderly care than men.

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Unpaid Elderly Care

- **59%** of caregivers serving the elderly in Utah are women.
- **41%** of caregivers serving the elderly in Utah are men.

- **Unmarried caregivers:** 37%
- **Married caregivers:** 60%

- **White caregivers:** 59%
- **Nonwhite caregivers:** 41%

- **High school education:** 30%
- **Some college education:** 50%
- **College graduate:** 20%

- **50-60 years old:** 60%
- **60+ years old:** 40%

- **Married:** 60%
- **Working Mother:** 25%
- **Some College:** 50%

Unpaid Elderly Care by Gender

- **Women:** 59%
- **Men:** 41%

Unpaid Elderly Care by Race

- **White:** 59%
- **Nonwhite:** 41%

Unpaid Elderly Care by Education Level

- **High school:** 30%
- **Some college:** 50%
- **College degree:** 20%

Unpaid Elderly Care by Age

- **50-60 years old:** 60%
- **60+ years old:** 40%

Unpaid Elderly Care by Marital Status

- **Married:** 60%
- **Single:** 40%

Unpaid Elderly Care by Employment Status

- **Married working:** 40%
- **Married not working:** 20%

Unpaid Elderly Care by Parental Status

- **Married with children:** 70%
- **Married without children:** 30%

Unpaid Elderly Care by Caregiver Type

- **Primary caregiver:** 80%
- **Secondary caregiver:** 20%

Unpaid Elderly Care by Level of Care

- **Mild to moderate:** 50%
- **Severe:** 50%

This happens for many reasons:

- **Personal Values & Preferences**
- **Social & Cultural Norms**
- **Economic & Employment Considerations**
- **Unconscious Bias**

Why Women?

- Women worldwide spend a significantly larger portion of their time than men performing critical unpaid care work.

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May I ask...?

- Promote leave policies that provide flexibility.
- Increase access to affordable childcare.
- Encourage policies to legislate affordable solutions.
- Increase social acceptance of men providing care.

What Can We Do in Utah?

- Increase access to affordable childcare.
- Promote leave policies that provide flexibility.
- Encourage policies to legislate affordable solutions.
- Increase social acceptance of men providing care.

Utah Women & Leadership Project

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