Mammography screening rates differ by race, income, and education. Utah women are behind the nation when it comes to screenings. Since 1994 the percentage of Utah women 40 and older has been below the national average.

<table>
<thead>
<tr>
<th>Race</th>
<th>Mammography Screening Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian</td>
<td>80.2%</td>
</tr>
<tr>
<td>Asian American</td>
<td>80.2%</td>
</tr>
<tr>
<td>Black</td>
<td>67%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>69.2%</td>
</tr>
<tr>
<td>White</td>
<td>66.4%</td>
</tr>
<tr>
<td>Native American</td>
<td>66.4%</td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>53.7%</td>
</tr>
<tr>
<td>American Indian</td>
<td>53.7%</td>
</tr>
</tbody>
</table>

In 2015, 64.5% of women aged 40 and older received a mammogram. Utah is one of five states in the nation for mammography screenings. The American Cancer Society recommends all women aged 40 or older receive a mammogram annually. Utah women have a mammography screening rate of 67%, 9% below the target. Women aged 45+ should receive screenings annually, according to the American Cancer Society.

There are many reasons why Utah women are not getting screened. The Utah Cancer Control Program offers free screenings to uninsured low-income women.

**TOP two reasons listed by women**
- Cost not covered by insurance
- “Lack of time”

**Other significant factors**
- Being a single woman
- Having children at home (3+ children is a major factor)

**WHO IS GETTING SCREENED IN UTAH?**

Since 1994 the percentage of Utah women 40 and older has been below the national average.

**WHY UTAH?**

There are many reasons why Utah women are not getting screened.

**WHAT CAN WE DO?**

Companies, policy makers, organizations, and individuals can all help to improve screening rates.

- Employers can increase screening incentives.
- Policy makers can expand insurance coverage.
- Organizations can raise awareness.
- Women can get screened and encourage others.

**WHAT DO WE KNOW?**

Utah is among the bottom 5 states in the nation for mammography screenings. Women aged 45+ should receive screenings annually, according to the American Cancer Society.

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