

November 1, 2017



Colleagues,

The [Utah Women & Leadership Project](#) (UWLP) has a number of women and leadership announcements this month:

**First**, a last minute reminder that [She Talks Utah](#) will be held tomorrow evening from 6:30-8:30pm at Utah Valley University. You can still [RSVP ONLINE](#) now to attend in person or you can live stream tomorrow at the [link here](#).

**Second**, we are releasing our 11<sup>th</sup> Utah Women Stats research snapshot today titled "[Utah Women and Mental Health](#)," with authors Robbyn T. Scribner, Susan R. Madsen, and Elyse Barnes (see [related infographic](#) as well). We are grateful to Wasatch Family Therapy and the Peterson Family Foundation for their support and also for a number of health experts who reviewed this document (see page 4 for names). See this and [other briefs and snapshots here](#).

**Third**, Real Women Run is hosting its first-ever training in Logan for women in northern Utah and surrounding communities who want to get involved in politics or other public leadership roles. Former Utah State Representative Ronda Rudd Menlove will keynote the event on Saturday, November 4th at 9:00am-2:00pm in the Huntsman Hall Perry Pavilion on the USU Campus. Also, Real Women Run's annual fall social will be held Tuesday, November 14th at 5:30-7:30pm at Log Haven. This year's discussion will be with Senator Deirdre Henderson (District 7) and Salt Lake County Sheriff Rosie Rivera, and hosted by Laura Jones, KRCL Executive Producer and Host of RadioActive. More info and online registration for both events is at [www.realwomenrun.org/events](http://www.realwomenrun.org/events).

**Fourth**, we at the UWLP are honored to be receiving one of the two [2017 Common Good Awards](#) from Envision Utah on December 1, 2017 at an event at the Grand America. We would love to have you join us to celebrate this wonderful acknowledgement for our work (and many volunteers who have been involved as well) for the past decade. The [following link](#) has details about the event. I really appreciate Envision Utah's [five amazing videos](#) that focus on the importance of education.

**Fifth**, if you know a woman who you want to encourage to return to college and graduate—check out our "[5 Steps to Finish Your College Degree](#)." This project features 5-minute videos from 5 women who have talked about how they have made it work in their lives. Thanks to UEN for their partnership on this project. See other resources [here](#) for helping girls/women get to (or back to) college. Also, check out the new blog, "[Why Not Me?](#)" and other recent women and leadership blogs [here](#).

**Finally**, as we approach the holiday season and are thinking of gifts for women in our lives—consider sharing some resources. For example, if you know women who are struggling with the basic skills and resources to get back into the workforce, here are some ideas you can pass along:

- [People Helping People](#) (Salt Lake & Utah Counties)
- [Women Helping Women](#) (Junior League of Salt Lake)
- [Turning Point](#) (Utah Valley University)

Thanks for all you do for Utah. Enjoy November!

Susan

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