



# THRIVING

Helping More Utah  
Women & Girls Thrive

*The primary aim of A Bolder Way Forward is to be a vehicle of change for Utah women and girls, with the overarching goal to help more Utah girls and women thrive. The word “thrive” means that an individual is flourishing, feeling a sense of wellbeing, actively developing, and progressing toward or realizing goals despite or because of circumstances. A woman who is thriving has choices and opportunities to become who she would like to become and to contribute in ways she would like to contribute. In addition to Utah girls and women working for themselves to thrive, there are many efforts and actions that all of us can engage in to make this a reality for all.*

## OVERARCHING THRIVING STATEMENT

Utah women and girls thrive when all aspects of their safety, security, health, and wellbeing are met, allowing them to explore and pursue educational, professional, civic, leadership, and other opportunities according to their interests, and to feel abundant levels of support and a sense of belonging as they do so.

## THRIVING STATEMENTS - BY CATEGORY

**Health & Wellbeing:** Women and girls thrive when they experience health and wellbeing overall (mental, physical, social, emotional, and environmental) and healthy relationships and equitable partnerships in their homes and families.

**Safety & Security:** Women and girls thrive when they live free of violence; have access to safe, decent, affordable housing with needed resources; and feel respected, empowered, and hopeful.

**Community Engagement:** Women and girls thrive when they live in a society where the views, priorities, and needs of women, girls, and families are equally represented and respected (political representation, boards and commissions, and civic engagement and advocacy).

**Education:** Women and girls thrive when they finish high school and are college and/or career ready, have access and opportunity to complete postsecondary education certificates and degrees, and feel empowered to achieve financial security and sustainability.

**Workplace:** Women thrive when they have the confidence, competence, resources, and support to find successful employment in any industry they choose; to start and grow businesses; to be treated fairly and equitably in family-friendly workplaces; to advance in their careers; and to become leaders.

## THRIVING STATEMENTS - BY SPOKE

### Health & Wellbeing

- *Health Across the Lifespan:* Women thrive across their lifespan—pediatrics, reproductive years, mid-life, and older adult (60+) — when they understand and experience positive mental, physical, social/emotional, and environmental health.
- *Home & Family:* Women and girls thrive when they experience healthy relationships and equitable partnerships in their homes and families.

## Safety & Security

- *Child Sexual Abuse*: Women and girls thrive when they have autonomy over their bodies and do not experience any type of child sexual abuse.
- *Domestic Violence*: Women and girls thrive when they live lives free from violence in intimate partner and other close relationships and feel safe, empowered, and hopeful.
- *Poverty/Homelessness*: Women and girls thrive when their families have access to safe, decent, affordable housing with the needed resources and supports for self-sufficiency and wellbeing.
- *Sexual Assault*: Women and girls thrive when they can live lives free from sexual violence.
- *Sexual Harassment & Gender-Based Discrimination*: Women thrive when they are able to participate in a society as equal contributors with self-respect and security, free from sexual harassment and other types of gender-based discrimination.

## Community Engagement

- *Political Representation, Boards & Commissions, Civic Engagement & Advocacy*: Women and girls thrive when they can live in a society where the views, priorities, and needs of women, girls, and families are equally represented and valued.

## Education

- *Finance*: Women of any age thrive when empowered to achieve financial security and sustainability.
- *Higher Education Attainment*: Women and girls thrive when they can aspire to and have access and opportunity to complete postsecondary education at all levels, no matter their backgrounds or previous life experiences.
- *K-12 Initiatives*: Women and girls thrive when they have the access and opportunity to successfully complete high school and be college and career ready.

## Workplace

- *Childcare*: Women and families who need childcare thrive when they have access to affordable, quality childcare and early childhood development opportunities.
- *Entrepreneurship*: Women and girls thrive when they experience the aspirations and options to own and operate businesses. This includes equitable access to capital, mentors, and business training and resources, fostering an environment where they can achieve success.
- *Gender Pay Gap*: Women thrive when all individuals who have a similar background, education, and years in the labor force earn equal pay.
- *Leadership Development*: Women and girls thrive when they envision themselves as leaders, have access to leadership development opportunities, and lead in any setting they choose.
- *Organizational Strategies & Workplace Culture*: Women in the labor force thrive when they are employed by organizations that have inclusive policies, foster gender equality and diverse leadership, and cultivate family-friendly, opportunity-rich workplaces.
- *STEM Fields*: Women and girls thrive when they believe in their inherent ability, have the choice to pursue career opportunities in STEM or other nontraditional female fields, and can do so successfully.
- *Workforce Development*: Women thrive when they have the confidence and competence to find successful employment that works for them and their families.