

## Fall 2023 Newsletter



- December 11-14 Fall 2023 Finals Week
- December 14-Spaceforce Birthday
- December 22-January 1 UVU
   Campus closed for the holidays



- January 8 Spring 2024 Semester Classes Begin
- January 15 Martin Luther King Jr. Day, Campus Closed

# Holiday Message from the Veteran Success Center

During this season of joy and gratitude, we extend our heartfelt thanks to our veteran students and their families. Your service and sacrifice have laid the foundation for the freedoms we cherish, and we honor you not just during the holidays, but every day. May this festive season bring you moments of warmth, love, and togetherness. Your dedication to both education and service is a source of inspiration, and we are grateful for the strength and resilience you bring to our community. Wishing you a joyous holiday season and a new year filled with hope, success, and continued achievements. Thank you for your service, and may your holidays be filled with peace and happiness

# Veterans Week at Utah Valley University



November 6

## Indigenous Veteran Display at the Multicultural Center

To kick off Veterans Week activities, UVU's Multicultural Center inaugurated a photo gallery showcasing Indigenous Veterans. The exhibit remained open throughout the entire week.

# Nailing It On The Head With Free Internet Advertising

Zac Whitlock, President of UVUSA, Kayle Smith, Director of the VSC, and MAJ Roland Griffith with the UVU Army ROTC, paused to capture a moment during the Pancakes with President event on November 7th. UVU students enjoyed pancakes while discovering more about the Veteran Success Center's mission and exploring its physical location.





November 8

### **Blood Drive with ARUP**

Collaborating with the PA program at UVU, the VSC organized a blood drive in partnership with ARUP on November 8. Veterans, faculty, staff, and students enthusiastically volunteered to donate blood. According to ARUP sources, we not only met but exceeded the goal for this blood drive, and the collected blood will positively impact the lives of over 80 individuals.

### November 9

### **MRE Taster's Table**

Teaming up with the UVU ROTC, the Veteran Success Center hosted two MRE Taster's stations. One was positioned outside the VSC Outreach Office, while the other was set up in the LA building hallway, across from the Multicultural Center. Students were invited to experience a sampling of the rations provided to military members when they are deployed in the field without culinary access. As a token of appreciation for their bravery, participants were treated to apology popcorn, soda, and ice pops.





#### November 10

### **Annual Veterans Brunch**

The culminating event of Veterans Week was the Veterans Brunch, where military-connected students, faculty, staff, and community members gathered to commemorate Veterans Day and honor the sacrifices of our Veterans and their families. Among the distinguished guests, we had the privilege of honoring WWII Veteran Bob Bates. The event featured musical performances by a group of high school students from Timpview High School's Choir and Orchestra. Additionally, this year's VSC scholarship recipients were brought up on stage for recognition, and Colonel Woodrow Miner, the keynote speaker, shared his experiences with those present.

#### November 10

# Marine Corps Birthday Cake Cutting

Concluding Veterans Week was the Marine Corps Birthday Cake cutting, a venerable tradition where the most senior and the most junior Marine come together to ceremoniously cut a cake, commemorating the birth of the United States Marine Corps.





### **UVU VSC Thanksgiving Dinner**

Military Connected students and their families came together on November 16 with Veteran Success Center Staff to celebrate Thanksgiving and enjoy time spent with friends and comrades.





### TimelyCare is a virtual health and well-being platform available 24/7 for UVU Students.

#### What Services are available?

- Talk Now: 24/7 on demand emotional support to talk about anything, including anxiety, relationships, depression, and school-related stressors.
- Scheduled Counseling: Choose the day, time, and mental health provider that works best for you. (9 visits per year)
- · Health Coaching: Develop healthy lifestyle behaviors for nutrition, sleep habits, time management, and mindfulness.
- Self-Care Content: Visit the Explore page within TimelyCare for guided self-care content.

If you are interested in TimelyCare, please contact Michelle in the Veteran Success Center or send an email to michellet@uvu.edu.

















### **Veteran Success Center GAP Fund**

If you have exhausted your VA Education Benefits, you may qualify for the Veteran Success Center GAP Scholarship.

You need to meet the following qualifications to receive GAP funding:

- In the final year of your first bachelor's degree
- Utah Resident
- · Enrolled for at least half-time
- Have completed a FAFSA application
- Meet Satisfactory Academic Progress (SAP) requirements
- Have exhausted your VA Educational Benefits and have unmet need

If you meet the above qualifications, please fill out the Tuition Gap Application form and email it to veterans@uvu.edu.

Click here for Tuition Gap Fund Application





### **Educational Opportunity Center**

Serves First Gen, Low-Income and/or individuals with disabilities with immediate logistical needs related to post-secondary programs.

### Services:

- Admissions
- Financial Aid/FAFSA
- Scholarships
- HS/GED Completion
- Apprenticeships/Trainings
- 1:1 Assistance
- Workshops on Finances, Careers and Education
- · Walk-Ins

### Student Support **Services**

Serves First Gen, Low-Income and/or Students with Disabilities at UVU in need of additional academic, vocational, & financial support.

### Services:

- 1:1 Personal Assigned Tutor
- Advising
- Early Registration
- Mentoring/Counseling
- SSS 1/2 Tuition Scholarship
- Grad School Preparation
- Financial Literacy Basics
- Open Lab Hours and Breakroom

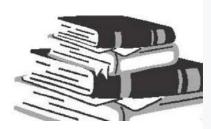
Contact: Frenely Liechty frenelyl@uvu.edu 385-404-1250 Set an appointment: https://appointments.uvu.e du/frenelyl











#### **UVU Veterans Success**

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