Household Chores for Every Age



Teaching kids how to do household chores is a meaningful part of growing up. They teach practical life and academic skills, as well as foster a sense of responsibility and community. Use this checklist for age-appropriate chores to do with your family.

2 to 3

- ☐ Pick up toys
- ☐ Put dirty clothes in the hamper
- ☐ Hang-up jacket and put away shoes
- ☐ Help sort clean laundry (e.g. find all the socks!)
- ☐ Dust window sills
- ☐ Help wipe-up spills

4 to 5

- ☐ Make the bed
- ☐ Set and clear table
- ☐ Put away clean silverware
- ☐ Put clothes in the washing machine
- ☐ Fold towels and socks
- ☐ Feed pets and water plants

6 to 8

- ☐ Keep bedroom organized
- ☐ Fold and put away laundry
- ☐ Assist with meal preparation
- ☐ Load and empty dishwasher
- ☐ Sweep and vacuum floors
- ☐ Take out garbage and recycling





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