

Weekly Menu. Date:

Week 1-Spring		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Milk	Milk	Milk	Milk	Milk
		Frosted Mini Wheats (WG)	Whole Wheat Oat Muffins (WG)	English Muffins (WG)	Pancakes (WG)	Eggs & Toast (WG)
		Pears	Blueberries	Bananas	Mandarin Oranges	Applesauce
Lunch		Milk	Milk	Milk	Milk	Milk
		Turkey Sanwiches	Apricot Chicken	Bean Tacos	Mac & Cheese/Taco Meat	BBQ Chicken Pizza
		Bell Peppers	Peas	Corn	Sweet Potato Fries	Broccoli
		Apples	Pineapple	Pears	Blueberries	Peaches
		Slider Bun	Rice			
Snack	AM	Yogurt/ Bananas	Fruit Cocktail/ Wheat Thins(WG)	Cucumbers/ Hummus	Pineapple/ Toast (WG)	Goldfish (WG)/ Strawberries
	PM	Bagels/ Cream Cheese	Soft Pretzels/ Grapes	Saltines (WG)/ Orange Slices	Milk/ Muffins (WG)	Graham Crackers/ Sunflower Butter

This institution is an equal opportunity provider

Weekly Menu **Date:**

Week 2-Spring	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Bagels & Cream Cheese		Muffins (WG)	Life Cereal(WG)	Whole Wheat Oat Muffins (WG)	French Toast (WG)
	Blueberries or fruit in season		Tropical Fruit Salad	Bananas	Peaches	Applesauce
Lunch	Milk		Milk	Milk	Milk	Milk
	Sunflower Butter Sandwiches/ Cheese Stick		Soft Tacos	Chicken Nuggets	Spaghetti & Meatballs	Pulled Pork
	Sweet Potato Fries		Corn	Roasted Broccoli	Green Beans	Peppers
	Pineapple		Apples	Peaches	Tropical Fruit Salad	Pineapple
				Roll	Pasta	Rice
Snack	AM	Rice Cakes(WG)/ Applesauce	Canned Peaches/ Cottage Cheese	English Muffin (WG)/ Grapes	Triscuits (WG)/ Apple Slices	Chex Mix/ Strawberries
	PM	Wheat Thins (WG)/ Hummus	Toast (WG)/ Juice	Cheerios/ Craisins	Oranges/ Cheese Cubes	Cucumber Slices/ Ritz (WG)

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Weekly Menu Date:

Week 3-Spring		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Milk	Milk	Milk	Milk	Milk
		Frosted Mini Wheats	Eggs & Toast (WG)	(WG) Oat Muffins	Pancakes (WG)	English Muffin (WG)
		Peaches	Bananas	Applesauce	Blueberries	Pears
Lunch		Milk	Milk	Milk	Milk	Milk
		Turkey Sandwiches	Teriyaki Chicken	Tacos	Sunflower Sandwiches/ Cheese Sticks	BQ Chicken Pizza
		Salad with Cucumbers	Green beans	Corn	Sweet Potato Fries	Salad with Cucumbers
		Apples	Applesauce	Peaches	Pears	Pineapple
		Slider Rolls	Rice (WG)	Flour Tortilla	Bread (WG)	
Snack		Blueberries/ Ritz Crackers (WG)	Bagel/ Cream Cheese	Grapes/Chex Mix (WG)	Wheat Thins(WG)/ Mandarin Oranges	Oranges/ Goldfish (WG)
		Milk/ Muffins(WG)	Graham Crackers/ Sunflower Butter	Yogurt/ Fruit Cocktail	Apples/ Saltine Crackers(WG)	Cucumbers/String Cheese

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Weekly Menu:

Week 4-Spring	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Life Cereal (WG)		Whole Wheat Oat Muffins (WG)	French Toast (WG)	Bagel & Cream Cheese	Muffins (WG)
	Peaches		Bananas	Strawberries	Pears	Blueberries
Lunch	Milk		Milk	Milk	Milk	Milk
	Pulled Pork Sandwich		Turkey Sandwiches	Bean Tacos	Roasted Chicken	Chicken Nuggets
	Sweet Potato Fries		Broccoli	Corn	Peas	Cucumbers
	Pears		Peaches	Clementines	Pineapple	Applesauce
	Slider Bun		Slider Bun		Rice	Roll
Snack	AM	Rice Cakes (WG)/ Applesauce	Cheese Cubes/ Pineapple	Triscuits (WG)/ Apple Juice	Toast (WG)/ Hummus	Cheerios (WG)/ Craisins
	PM	Oranges/ Chex Mix	Ritz (WG)/ Grapes	Cucumbers/ English Muffin(WG)	Soft Pretzel/ Sunflower Butter	Peaches/ Cottage Cheese

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