

Weekly Menu

Date:

Week 1-Summer	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Yogurt & Granola(WG)		English Muffins (WG)	Whole Wheat Oat Muffins (WG)	Life Cereal (WG)	Shredded Wheat(WG)
	Raspberries		Bananas	Blueberries	Mangos	Blueberries
Lunch	Milk		Milk	Milk	Milk	Milk
	BBQ Pork Pizza		Chilled Roasted Chicken	Turkey Sandwiches	Meatball Sandwich	Sausage Patties & Eggs
	Broccoli		Snap Peas	Corn	Sweet Potato Fries	Peppers
	Watermelon		Pineapple	Peaches	Strawberries	Applesauce
			Rice	Slider Roll	Slider Roll	Biscuits
Snack	AM	Saltines (WG)/ Grapes	String Cheese/ Peppers	Pineapple/ Wheat Thins (WG)	Milk/ Muffins (WG)	Apples/Soft Pretzels
	PM	Bagel/ Cream Cheese	Goldfish (WG)/Watermelon	Yogurt/ Blueberries	Graham Crackers/ Sunflower Butter	Strawberries / Toast (WG)

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Menu can change without notice

Weekly Menu
Date:

Week 2-Summer	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Life Cereal(WG)		Whole Wheat Oat Muffins (WG)	Shredded Wheat(WG)	French Toast (WG)	Bagels & Cream Cheese
	Blueberries		Peaches	Blueberries	Bananas	Mangos
Lunch	Milk		Milk	Milk	Milk	Milk
	Ground Turkey Pocket		BBQ Chicken	Pulled Pork Sandwiches	Chicken Nuggets	Mac & Cheese/ Taco Meat
	Cucumber		Zucchini	Sweet Potato Fries	Roasted Broccoli	Peas
	Applesauce		Pineapple	Applesauce	Strawberries	Peaches
	Pita Pocket		Rice	Slider Bun	Roll	
Snack	AM	Apples/ Ritz (WG)	Wheat Thins (WG)/ Hummus	Triscuits (WG)/ Smoothies	English Muffin (WG)/Sunflower butter	Chex Mix/Grapes
	PM	Rice Cakes(WG)/ Pineapple	Granola (WG)/ Yogurt	Peaches/ Cottage Cheese	Cheerios(WG)/. Strawberries	Strawberries & Cheese

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Weekly Menu. Date:

Week 3-Summer		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Milk	Milk	Milk	Milk	Milk
		Shredded Wheat (WG)	Eggs & Toast (WG)	English Muffins (WG)	Whole Wheat Oat Muffins (WG)	Pancakes (WG)
		Blueberries	Bananas	Strawberries	Peaches	Raspberries
Lunch		Milk	Milk	Milk	Milk	Milk
		Turkey Sandwiches	Soft Tacos	BBQ Chicken Pizza	Chilled Roasted Chicken	Meatball Sandwiches
		Zucchini	Black Bean Salad	Broccoli	Peas	Sweet Potato Fries
		Peaches	Fruit Salad	Blueberries	Pineapple	Cantaloupe
		Slider Bun			Roll	Slider
Snack	AM	Strawberries / Toast (WG)	Saltines (WG)/ Grapes	Soft Pretzels/ Peppers	Blueberries & Strawberries/ Wheat Thins (WG)	Milk/ Muffins (WG)
	PM	Cucumber/ String Cheese	Yogurt/ Peaches	Bagel/ Cream Cheese	Graham Crackers/ Sunflower Butter	Goldfish (WG)/ Pineapple

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Weekly Menu

Date:

Week 4-Summer	Monday		Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk		Milk	Milk	Milk	Milk
	Life Cereal(WG)		Shredded Wheat(WG)	Whole Wheat Oat Muffins (WG)	Bagels & Cream Cheese	Yogurt & Granola(WG) Parfaits
	Rasberries		Strawberries	Bananas	Peaches	Blueberries
Lunch	Milk		Milk	Milk	Milk	Milk
	Pulled Pork Sandwich		Teriyaki Chicken	Mac & Cheese/ Taco Meat	Sunflower butter Sandwiches & Cheese Stick	Chicken Nuggets
	Cucumber		Cucumbers	Peas	Sweet Potato Fries	Roasted Broccoli
	Blueberries		Pineapple	Apples	Raspberries	Apples
	Slider Bun		Rice			Roll
Snack	AM	Rice Cakes(WG)/ Applesauce	Triscuits (WG)/ Apple Juice	Chex Mix/ Grapes	Wheat Thins (WG)/ Cucumbers	Strawberries/ Cottage Cheese
	PM	String Cheese/ Apples	Cheerios/ Blueberries	Strawberries/ Ritz (WG)	Yogurt/ Blueberries	English Muffin (WG)/Cheese Cubes

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