

### **Banana Bread**

- 2 Cups all-purpose flour
  - ¾ teaspoon baking soda
  - ½ teaspoon salt
  - 1 Cup Sugar
  - ¼ Cup butter, softened
  - 2 large eggs
  - 1 ½ Cups mashed ripe banana (about 3 bananas)
  - 1/3 Cup plain low-fat yogurt
  - 1 teaspoon vanilla extract
1. Preheat oven to 350 degrees.
  2. Combine the first 3 dry ingredients and whisk well. In a separate bowl, beat the sugar, butter, eggs, banana, yogurt and vanilla until well blended. Add the flour mixture; beat until moist.
  3. Spoon batter into an 8 ½ X 4 ½ inch loaf pan coated with cooking spray. Bake at 350 degrees for 1 hour or until a wooden pick inserted in center comes out clean.

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