

Carrot Salad

1 10 oz. package shredded carrots
1 can crushed pineapple, undrained
1 large apple
2/3 cup raisins

Core and chop up apple. Then in a large bowl, stir together carrots, apple pieces, raisins, and pineapple.

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All of our recipes can be found online at www.uvu.edu/wellnessed

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