

Eat Well Recipe

Chocolate-Banana Grahams

Ingredients:

- Graham crackers
- Nutella
- Banana
- Shredded coconut

Break graham crackers into fourths. Top with $\frac{1}{4}$ tsp. of Nutella, 2 slices of banana, and sprinkle with coconut for a delicious, healthy treat!

This recipe is provided by SHS Wellness Programs.

All of our recipes can be found online at www.uvu.edu/wellnessed

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