

### Peanut Butter Banana Quesadillas

- ½ Banana
- 1 T Natural Peanut Butter
- Small handful of Chocolate Chips
- 1 Whole Wheat Tortilla

1. Spread Peanut Butter on half of the tortilla.
2. Slice banana and place slices on peanut butter.
3. Sprinkle chocolate chips on the peanut butter and bananas.
4. Fold tortilla in half.
5. Place the quesadilla in the frying pan over medium heat. Brown each side slightly. The chocolate chips should be melted. Enjoy!

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All of our recipes can be found online at [www.uvu.edu/wellnessed](http://www.uvu.edu/wellnessed)

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