

Eat Well Recipe

5-Minute Pear Crumble

Ingredients:

- 1 can (16 oz.) pear slices, drained
- 8 Nilla Wafers, crushed
- 1/8 tsp. ground cinnamon
- Reddi whip topping on top

Spoon pears into four dessert bowls.

Sprinkle with wafer crumbs.

Combine Reddi whip and cinnamon; spoon over desserts.

This recipe is provided by SHS Wellness Programs.

All of our recipes can be found online at www.uvu.edu/wellnessed

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