

APA: References

Note: This document should only be used as a reference and should not replace assignment guidelines.

Page numbers below refer to the APA Manual 7th edition

References Page Format Checklist (pp. 39-40, 44-46, 303)

- Page number** is in the top right corner
- Font** is legible and widely available; APA recommends 11-point Calibri, 12-point Times New Roman, or similar
- The whole document is **double-spaced**, with no extra spaces between entries
- All **margins** are set to 1"
- The word **References** is centered and bold at the top of the page
- Each citation has a **hanging indent**, meaning that the first line is flush left and subsequent lines are indented .5" from the left margin (see our Computer Literacy: Citation and Formatting handout for instructions)
- Entries are organized in **alphabetical order** by the first word of the citation
- Pay close attention to **punctuation, italics, s p a c e s, and Capitalization!**

Citation Elements

Authors (pp. 285-289)

Authors are formatted with each author's **last name** first, followed by a comma, and then their **first initial(s)**, followed by a period. Each subsequent author should follow the same format with an ampersand (&) before the final author.

1 AUTHOR: Author, A. A.

2 AUTHORS: Author, A. A., & Author, B. B.

3+ AUTHORS: Author, A. A., Author, B. B., & Author, C. C.

21+ AUTHORS: Include first 19 authors' names, insert ellipsis (but no ampersand), then add final author's name.

EXAMPLE: Author, R. R., Author S. S., . . . Author, U. U.

Dates (pp. 289-291)

Formatted Year, Month Day. **Months** are spelled out in full. Don't use copyright dates from a website footer or the date "last reviewed"—the date "last updated" can be used if it applies to the content you're citing. The difference is that an article that's been reviewed hasn't necessarily been changed. Some periodicals use **seasons** rather than month and day.

EXAMPLE: (1999, May 1)

Titles (pp. 291-298)

For APA references, there are two kinds of titles: Title and Source.

Title: formatted in sentence case, refers to the work you're citing.

- Titles may contain **additional info** (such as **edition and volume numbers**, if available) within parentheses.
- **Works outside of peer-reviewed academia** (i.e., works other than articles, books, reports, etc.) should include a description of the type of work in [brackets]. See Online Video, Film or Video, and Social Media for examples.

End with a period. (pp. 291-293) Some works, like edited books or TV episodes, contain **two titles**, such as Chapter title and *Book title*. Different genres will require different elements for this second title, such as including the editor's name (see Book Chapter or Entry in a Reference Work for an example). In all cases, add another period after the second title.

Sentence case: only proper nouns and the first letter of the first word is capitalized. Letters after colons, dashes, and end punctuation are often the beginning of a **subtitle** and should also be capitalized. (see p. 168)

EXAMPLE: This is an example of sentence case: This subtitle is capitalized the same way.

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Source: formatted in title case, refers to

- the **larger work** that contains the smaller work you're citing (such as a newspaper that contains articles). This type of source may contain additional information such as edition, volume, and/or page numbers.
- the **publisher** of an independent work (such as books and reports)

End with a period. (pp. 293-298)

Title Case: Capitalize all words except short conjunctions, short prepositions, and all articles. (see p. 167)

EXAMPLE: This Is an Example of Title Case: The Subtitle Is Capitalized the Same Way.

All citations have both a title and a source (unless the source is a **repetition of previously given information**, in which case you'd omit the repeated info; for example, if the publisher and author are the same, you'd omit the publisher).

Independent works that can stand on their own (such as books, reports, or webpages) are *italicized*.

Note: Titles are formatted differently on the references page than in-text, where all titles use title case.

Periodicals (p. 294)

A work that publishes new issues regularly, such as journals, magazines, newspapers, newsletters, and blogs. Periodicals include additional information—volume, issue, and page/article numbers, if available—after a comma. **Volume numbers** are italicized; **issue numbers** are placed in parentheses directly after the volume without a space. Add a comma, then a **page range or article number**. See Journal Article and Newspaper or Magazine Article for examples.

Editors (p. 295)

Add after the first title. Start with the word “in,” give the editor(s) name(s), then a comma and the title of the work. Use “Ed.” for one editor and “Eds.” for multiple editors. See Book Chapter or Entry in a Reference Work for an example.

Edition/Volume (p. 294)

For books, add (# ed., Vol. #) in that order, if available, in parentheses after the title. See Book/Textbook for an example.

Pages (p. 294)

When referring to pages inside parentheses, use “p.” for one page and “pp.” for multiple pages.

Access Dates (p. 290)

For frequently updated sites (like social media or Google Maps). Start with the word *Retrieved*, then add the date, formatted Month Day, Year. Add a comma after the year, followed by the word *from*, and finally add the URL or DOI.

EXAMPLE: Retrieved October 11, 2018, from <https://xxxxx>

DOIs and URLs (pp. 296-299)

For definitions of DOI and URL, see our Computer Terms handout. **DOI Format:** <https://doi.org/xxxxx>

If a work has a DOI: include the DOI and omit any URL.

Works from a specific database: Include the database name. (see p. 296-297 for more info and p. 319 for examples)

All links, whether URLs or DOIs, are required to be **live** if the work will be published or read online. This means that readers can click them and be brought to the source being referenced. **Shortened URLs and DOIs** are acceptable.

Hyperlinks can be in 1) the default format for your word-processing program or 2) plain text that's not underlined.

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Reference Examples

Journal Article (p. 317)

Author Last Name, Initials., & Author Last Name, Initials. (Year, Month Day). Title of article. *Title of Periodical*, volume#(issue#), pages. DOI

McCauley, S. M., & Christiansen, M. H. (2019). Language learning as language use: A cross-linguistic model of child language development. *Psychology Review*, 126(1), 1-51. <https://doi.org/10.1037/rev0000126>

Newspaper or Magazine Article (p. 320)

Author Last Name, Initials. (Year, Month Day). Title of article. *Title of Newspaper or Magazine*, volume#(issue#), pages. DOI

Guarino, B. (2017, December 4). How will humanity react to alien life? Psychologists have some predictions. *The Washington Post*. <https://wapo.st/2rJwK8O>

Webpage on a Website (p. 351)

Author Last Name, Initials. (Year, Month Day). *Webpage title*. Site Name. URL

Mann, C. (2015, July 22). *Provo music primer*. Salt Lake City Weekly. <https://www.cityweekly.net/utah/provo-music-primer/Content?oid=2911831>

Book/Textbook (p. 321-329)

Author Last Name, Initials. (Year). *Book title* (edition, Volume). Publisher. DOI

Brown, L. S. (2018). *Feminist therapy* (2nd ed., Vol. 1). American Psychological Association. <https://doi.org/10.1037/0000092-000>

Book Chapter or Entry in a Reference Work (p. 326)

Author Last Name, Initials., & Author Last Name, Initials. (Year). Title of chapter or entry. In Editor Initials and Last Name, Editor Initials and Last Name, & Editor Initials and Last Name (Ed. or Eds.), *Book title* (edition, Volume, pages). Publisher. DOI

Balsam, K. F., Martell, C. R., Jones, K. P., & Safren, S. A. (2019). Affirmative cognitive behavior therapy with sexual and gender minority people. In G. Y. Iwamasa & P. A. Hays (Eds.), *Culturally responsive cognitive behavior therapy: Practice and supervision* (2nd ed., pp. 287-314). American Psychological Association. <https://doi.org/10.1037/0000119-012>

Audiovisual Work (Video, Film, Music, Podcast, Artwork, Photo, etc.) (pp. 342-347)

Author Last Name, Initials. (Description of Role). (Year, Month Day). *Title of work* [Format description]. Publisher. URL

University of Oxford. (2018, December 6). *How do geckos walk on water?* [Video]. YouTube. <https://youtube.com/watch?v=qm1xGfOZJc8>

Forman, M. (Director). (1975). *One flew over the cuckoo's nest* [Film]. United Artists.

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Personal Communications: Emails, Interviews, Conversations, Class Lectures, etc. (pp. 259-261)

Personal communications are not archived and cannot be retrieved by others; for this reason, **cite them in text only**. Do not cite quotes from **research participants**, but do state in your text that they are quotes from participants (p. 278).

T. Nguyen (personal communication, February 24, 2020)

Social Media (pp. 348-350)

Author Last Name, Initials. [@username]. (Year, Month Day). *Content of the post up to the first 20 words* [Image/Link attached] [Type of post]. Site Name. URL

Thoughts of Dog® [@dog_feelings]. (2020, March 23). *Hi* [Image attached] [Tweet]. Twitter.
https://twitter.com/dog_feelings/status/1242127527910522881

Republished, Translated, or Religious/Classical Work (pp. 302-303, 325)

Author Last Name, Initials. (Year). *Title of work* (Translator Initials, Last Name, Trans.; edition, Volume). Publisher. DOI (Original work published date if known—use *ca.* [“circa”] for approximate dates)

Aristotle. (1994). *Poetics* (S. H. Butcher, Trans.). The Internet Classics Archive.
<http://classics.mit.edu/Aristotle/poetics.html> (Original work published ca. 350 B.C.E.)

Additional Sources (pp. 313-352)

Blog Posts and Comments: (p. 320)

Reports, Codes of Ethics, Grants, Briefs, and Press Releases: (pp. 329-330)

Conference Proceedings: (pp. 332-333)

Missing Citation Elements (pp. 284, 289, 292-294, 296, 298)

Author: If authored by a group/organization, put the group/organization name. Otherwise, omit the author and move the title to the first position. Keep the date in the second position. (p. 284, 289)

EXAMPLE: *All 33 Chile miners freed in flawless rescue*. (2010, October 12). NBC News.
<https://www.nbcnews.com/id/wbna39625809>

Date: If the year is missing, put n.d. for “no date.” If the month is missing, omit. If the day is missing, omit. (p. 291)

Title: Describe the work in square brackets. (p. 292-293)

EXAMPLE: [Map showing the population density of the United States as of the year 2020].

Volume/Issue/Pages: Omit. (p. 294)

Publisher: Omit. When the author is the same as the publisher, omit the publisher. (p. 296)

DOI: What to do with a missing DOI depends on a few factors:

- Print Works: omit URL.
- Online, Non-Database Works: include URL.
- Works from Databases:
 - If a work is **easily accessible** from most academic research databases, omit any URL.
 - If a work is **not easily accessible** from most academic research databases, include a URL for the work if accessible, or to the database homepage if a URL for the work would be inaccessible to readers.

In general, other than in cases of missing author, date, title, or DOI, you can simply omit other missing elements.

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Example References Page

List the sources **double-spaced** in **alphabetical order** and use a **hanging indent**.

Type of Source (pages)	References
<i>Classic Work, No Author, Translated (p. 325)</i>	<i>Beowulf: A new verse translation</i> (S. Heaney, Trans). (2000). W. W. Norton & Company. (Original work published ca. 1025)
<i>Conference Proceedings without DOI (pp. 332-333)</i>	Berg, H. (2019, April 5). <i>Siddhartha Gautama: A secular suspension of the ethical</i> [Paper presentation]. UVU Undergraduate Philosophy Conference, Orem, UT, United States.
<i>Online Magazine or Newspaper Article without DOI (p. 320)</i>	Bustillos, M. (2013, March 19). On video games and storytelling: An interview with Tom Bissell. <i>The New Yorker</i> . https://www.newyorker.com/books/page-turner/on-video-games-and-storytelling-an-interview-with-tom-bissell
<i>Webpage with No Date (pp. 350-352)</i>	Centers for Disease Control and Prevention. (n.d.). <i>People at high risk of developing flu-related complications</i> . http://www.cdc.gov/flu/about/disease/high_risk.htm
<i>Journal Article with DOI (p. 317)</i>	Christian, M., Seamster, L., & Ray, V. (2019). New directions in critical race theory and sociology: Racism, white supremacy, and resistance. <i>American Behavioral Scientist</i> , 63(13), 1731-1740. https://doi.org/10.1177/0002764219842623
<i>Reference Work with Access Date (p. 328)</i>	Merriam-Webster. (n.d.). Widdershins. In <i>Merriam-Webster dictionary</i> . Retrieved August 26, 2021 from https://www.merriam-webster.com/dictionary/widdershins
<i>Report or Code of Ethics (pp. 329-331)</i>	National Association of Social Workers. (2021). <i>Code of Ethics</i> . https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English
<i>Visual Work (pp. 346-347)</i>	Rossmann, J., & Palmer, R. (2015). <i>Sorting through our space junk</i> [Infographic]. World Science Festival. https://www.worldsciencefestival.com/2015/11/space-junk-infographic/
<i>Book (pp. 323-324)</i>	Watterson, B. (1991). <i>Scientific progress goes "boink."</i> Andrews and McMeel.