

PHYSICAL EDUCATION TEACHING

Bachelor of Science Degree

Fall 2022



UTAH VALLEY UNIVERSITY

GENERAL EDUCATION REQUIREMENTS

UVU Course Number		UVU Course Title	Credit	UVU Prerequisites
ENGL 1005 or ENGL 1010	(CC)	Literacies and Composition Across Contexts or Introduction to Writing	4 3	Requires Appropriate Placement
ENGL 2010		Intermediate Writing: Academic Writing and Research ("C" or higher)	3	ENGL 1005 OR 1010
MATH 1050 or MATH 1055	(QL)	College Algebra or College Algebra with Preliminaries ("C" or higher)	4 5	MAT 1010
POLS 1000 or HIST 1700 or HIST 1740 or POLS 1100 or	(AS) (AS)	Complete 1 course from: American Heritage or American Civilization or US Economic History or American National Government or complete both:	3	
HIST 2700 and 2710	(AS)	US History to 1877 and US History since 1877	6	
PHIL 2050	(IH)	Ethics and Values	3	ENGL 1010
PES 1097	(TE)	Fitness for Life FE	2	
DISTRIBUTION COURSES				
HUMANITIES	(HH)	Choose 1 course from Humanities Distribution List in Wolverine Track. (Recommend COMM 1020 with lab)	3	
FINE ARTS	(FF)	Choose 1 course from Fine Arts Distribution List in W.T.	3	
Social/Behavioral Science	(SS)	Choose 1 course from Social/Behavioral Science Dist. List in Wolverine Track. (Recommended PSY 1100 Human Development)	3	
BIOLOGY	(BB)	BIOL 1010 or BIOL 1610 General BIO or College BIO	3	
PHYSICAL SCIENCE	(PP)	Choose 1 course from Physical Science Distribution List in Wolverine Track	3	
Third Science: BIOLOGY		ZOOL 1090 Intro to Human Anatomy and Physiology OR ZOOL 2320 and 2420 and 2325 and 2425	3	
Total General Education Requirements			36	

DISCIPLINE CORE REQUIREMENTS

UVU Course Number		UVU Course Title	Credit	UVU Prerequisites
EXSC 3500*	F/SP/SU)	Kinesiology	3	Prerequisite: ZOOL 1090, PETE 2700 AND Math 1050/55 ("C") or higher
EXSC 3550*	(F/SP/SU)	Motor Learning and Control (WE)	3	Pre or Corequisite: ZOOL 2420, ZOOL 2425, EXSC 270G
EDEL 1010	(F/SP/SU)	Introduction to Education	2	
EXSC 3700*	(F/SP/SU)	Exercise Physiology	3	Prerequisite: ZOOL 1090, PETE 2700 and Math 1050/55 ("C" or higher) Pre or Corequisite: ZOOL 2420, ZOOL 2425, EXSC 270G
EXSC 3705*	(F/SP/SU)	Exercise Physiology Lab	1	Corequisite EXSC 3700
EXSC 3750*	(F/SP/SU)	Psychosocial Aspects of Human Performance	1	Pre or Corequisite: ZOOL 1090, 2320, 2325
NUTR 1020*	(F/SP/SU)	Foundations of Human Nutrition	3	
HLTH 1200**	(F/SP)	First Aid - (can be fulfilled by taking Red Cross Certification) Submit Red Cross Cert. to HLTH advisor to get credits	3	
Complete one:		PES 1010, 1011, 1050, 1055, 1057, 1085, 1086, 1087, 2050	1	
ELECTIVES		Complete any course 1000 level or higher	4	
Total Discipline Core Requirements			23	

*These courses are currently offered F/SP/SU but could change in the future. Please check with advisor.

**Red Cross Certification course is usually offered in the Summer. Please check online at Red Cross website. Turn in certificate to HLTH advisor, Kristie Dockstader, to be processed for HLTH 1200

PETE PROGRAM COURSES (23 Credits) See UVU Catalog for Prerequisite and/or Corequisite courses

PETE 2240	F	Teaching Invasion and Net Games	2
PETE 2140	F	Teaching Target Games	3
PETE 2500	F	Skill Analysis and Competency for PETE Majors	3
PETE 2700	F	Foundations of Physical Education K-12 Teacher Ed	3
PETE 3100	F	Intro to Physical Education Pedagogy	3
PETE 4250*	F	Methods of Teaching Secondary PE	3
PETE 2120	SP	Fitness for Secondary Physical Educators	1
PETE 2340	SP	Teaching Recreational and Outdoor Pursuits	2
PETE 3450	SP	Special Populations in PE	3
PETE 4200*	SP	Methods of Teaching Elementary PE	3
PETE 4400	SP	Assessment in Physical Education	3
PETE 4900**	SP	Student Teaching Seminar for Physical Education	1
Total Program Credits			88

*Should take these courses after being accepted into the Secondary Education program.

**Taken with student teaching/internship

APPLICATION DEADLINES

Secondary Education Professional Program Application Deadlines:	Application Available Online at uvu.edu/education/secondary	Application Due:
Fall Semester (online)	January	March 1st
Spring Semester (online)	August	October 1st

Because of curriculum changes made by the college, please make sure you meet with an academic advisor each semester. We reserve the right to make changes without prior notice.

UVU Secondary Advisor: FOR APPOINTMENTS, PLEASE USE links below:

Secondary Education Advisor: Kim Fale (801)863-5184 kim.fale@uvu.edu	Appointments: (801)863-5184 or schedule online: https://appointments.uvu.edu/kimfale
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Once you have been admitted to the Secondary Education Program (EDSC), you will need to complete the licensing requirements by the Utah State Board of Education (USBE) which will complete your PETE program for your BS degree. These courses are listed on the EDSC course outline.

<https://www.uvu.edu/education/docs/advising-docs/sced-fall-2022.pdf>